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# TORNILLO ISD SCHOOL HEALTH ADVISORY COUNCIL ANNUAL PROGRESS REPORT TO THE BOARD OF TRUSTEES

June 2025

As Required by [Texas Education Code, Section 28.004](#)

## AUTHORITY

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Tornillo Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal).

## PURPOSE

The SHAC is an advisory body. Under TEC Section 28.004, the SHAC's duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes. The council provides invaluable advice on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services, leading to a greater positive impact on student health and learning.

## RESPONSIBILITY

Policy BDF (legal) requires board approval of SHAC membership which is comprised of majority parents, community leaders, school personnel, and other representatives, as needed. The SHAC meets at least four times each year and is required to submit a written report to the Board of Trustees at least once annually.

## 2024-2025 SHAC GOALS

The 2024-2025 SHAC goals were:

- To increase diverse representation in SHAC membership by recruiting underrepresented school personnel, parent groups, and community partners for the 2024-2025 academic year.
- To increase collaboration with community groups over the next two academic years so the SHAC can use community resources to provide appropriate recommendations to the Board.
- To continually review District wellness goals, directives, and responsibilities and implementation of Wellness Plan FFA (Regulation) throughout the 2024-2025 school year.

- To assess District and campus progress toward meeting the wellness policy goals by reviewing campus evaluation data to identify areas of needed improvement.
- To support a healthier classroom environment by reviewing and recommending participation in the Recess Before Lunch Study Request for the 2025-26 school year.
- Continue to work with the campus stakeholders to develop and implement a school health action plan in each campus improvement plan by the end of the 2025-26 school year.

## 2024-2025 SHAC ACTIVITIES AND ACCOMPLISHMENTS

During the 2024-2025 academic year, the SHAC had membership elections and recruited underrepresented categories to accomplish SHAC's work to our goal of increasing council diversity.

The SHAC met four times this academic year. The meetings included updates from the district health services and nutrition coordinators on smart snack guidelines, nutrition, and parent, and community outreach planning. Meeting presentations included education/training in safe and healthy school environments, and programming to promote healthy eating and overall healthy lifestyle.

## 2024-2025 SHAC RECOMMENDATIONS

Following review of materials and community feedback, the SHAC provided support for the district's Wellness policies by creating and implementing supportive and progressive approaches to addressing substance abuse, mental health services, emergency medical response, and by safeguarding healthy school environments that promote nutrition education and physical activity.

## CONCLUSION

Since the establishment of the SHAC from [Section 28.004](#), SHACs' responsibilities and their importance in making a positive impact on student health and learning has grown significantly. This document serves to fulfill the legislative requirement mandating SHACs to submit a written report to the Board at least once annually. We hope that, with this report, the Board and SHAC can continue to work together to support student health and well-being.