

**GOVERNING BOARD AGENDA ITEM FORM  
AMPHITHEATER UNIFIED SCHOOL DISTRICT NO. 10**

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**DATE OF MEETING:** September 7, 2010

**TITLE:**       **Approval of District Employee Wellness Initiative Offering  
Discounted Fitness Center and Health Club Memberships to  
Amphitheater Employees**

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**BACKGROUND:**

A goal of the District's Employee Wellness Initiative is to provide Amphitheater employees, at no cost to the District, discounted access to area health clubs & fitness centers and to the services & programs they provide.

Request for Proposal (RFP) 10-0002 was issued to twelve fitness centers and health clubs requesting their monthly membership cost, initiation fee if any, contract terms, facility location, hours of operation, type of equipment available, staff training & certification, programs offered to include nutrition, exercise, yoga, basketball, etc. Six responses were received. One response was considered non-responsive as the services provided were outside the scope of the RFP.

The RFP Evaluation Committee, Joyce Martin, Benefits, Robert Wacker, FSS, Connie McFarland, Legal Office and Pete Burgard, Purchasing reviewed each response. An Evaluation Committee member visited each facility. The site visits were to determine the cleanliness of the facility, equipment condition, (worn fabric, machine out of order signs, etc.), the type of the equipment available, was the staff courteous and knowledgeable, etc. The five facilities listed below met the requirements of the RFP.

Prestige Fitness, 4490 N 1<sup>st</sup> Avenue, waived their enrollment fee. A twenty-four month membership commitment is \$45 per month. A twelve month commitment is \$55 per month. Family members and two friends may enroll at the same rate. Membership includes access to their exercise facility and twenty five classes weekly to include weight training & conditioning, yoga, etc.

Desert Fitness, 3672 6th Avenue, 2480 N. Pantano, & 9725 N. Thornydale Plaza, waived their enrollment fee. A twelve month membership commitment is required at \$29.50 per month with first and last month due on joining. Family members may enroll at the same rate. Membership includes access to their exercise facility, childcare services and nutritional counseling. The Northwest facility has a pool, dry sauna and hot tub.

The Jewish Community Center, 3800 E. River Road, waived their enrollment fee. A family membership for a twelve month commitment is \$84.15 per month to include two adults and two children. A family membership with a six month commitment is

\$92.65 per month. Single memberships are available at \$50.15 per month with a twelve month commitment or \$55.25 with a six month commitment. Membership includes access to their exercise facility, the Olympic size pool, nutritional counseling, childcare, arts & culture programs, multiple sports venues, etc.

Alive Fitness & Training, 10370 N. La Canada Drive, has an enrollment fee of \$25 with a \$20 monthly membership fee. The enrollment fee is waived for the spouse if enrolled at the same time as the employee. Family members pay the same \$20 monthly fee. No commitment is required other than a thirty day cancellation notice. Alive is a very small facility with limited exercise equipment. Their monthly fee provides access to eight classes including yoga, stretch and core conditioning.

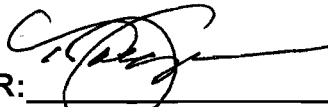
Lady of America, 12142 N. Rancho Vistoso Blvd., waived their enrollment fee. Month to month membership is \$29.95, a twelve month commitment is \$24.95 monthly, and a twenty-four month commitment is \$19.95 monthly. A small exercise facility is provided with limited equipment and a sauna. No charge child care is provided. Classes offered weekly include yoga, strength training, step, etc. Lady of America offers membership to women only.

To meet the geographic and wellness needs of a diverse group of users, access should be available to multiple area fitness centers and health clubs. The five fitness and health clubs listed above are recommended for approval as wellness providers for the District's Employee Wellness Initiative.

**RECOMMENDATION:**

The Administration recommends the Governing Board approve the District's Employee Wellness Initiative to offer discounted fitness center and health club memberships to Amphitheater employees & their families.

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INITIATOR:		Todd Jaeger, Associate to the Superintendent/General Counsel	08/16/10
	Signature	Name/Title	Date

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ASSOCIATE SUPERINTENDENT  
SIGNATURE:

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SUPERINTENDENT SIGNATURE:



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