



SCHOOL BOARD MEETING REPORT

Board Meeting Date: 2/15/23 Superintendent: Dave Valenzuela

Administrator/Staff: Travis Osborne

Type of Item: Informational Action

Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?

Apply for a grant for Hidden Valley High School's Strength & Conditioning program. The Hammer Strength (Lifetime Fitness) equipment grant is for up to \$15,000 in new equipment.

Provide history/background information on your proposal:

The Hammer Strength – Life Fitness Equipment Grant enables High School's to improve and enhance the overall opportunity to train their student-athletes. Up to one equipment grant up to \$15,000 will be awarded annually (Option 1: 3-HD Athletic Half racks, 3-HD Athletic Benches or Option 2: 2-HD Athletic Half Racks, 2-HD Athletic Benches, Hammer Round Rubber Plates-12-45lb, 4-25lb, 4-10lb, 4-5lb, 4-2.5lb, 2- Hammer Olympic Bars).

List the advantages of your proposal:

Hidden Valley's weight room equipment is outdated. Most is almost 20 years old.

List possible disadvantages of your proposal:

None

List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?

None

Superintendent's recommendation(s):

Approve: Yes No