Boerne ISD

Student Health Advisory Council

Annual Progress Report

June 2025



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Every Day





Excellence through Integrity



School Health Advisory Council (SHAC)

What is SHAC?

The SHAC is a group of individuals representing segments of the community and school district which provides advice to the district on coordinated school health programming and its impact on student health and learning.

Under <u>TEC Section 28.004</u>, local school health education councils' (SHAC) duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels.

Senate Bill 283, Texas Education Code 28.004, states that the School Health Advisory Council (SHAC) must report directly to the School Board at least once annually with a detailed account of activities.

Annually, the Board of Trustees must appoint at least five members to serve with majority of the members being parents of students enrolled in the district and who are not employed by the district.

Employed by Boerne ISD

Krista Pomeroy Chief of Student Support

Kim Seelman Lead Nurse

Itzel Estrella Child Nutrition Services

Jennifer Howell School Counselor

Stan Leech Athletic Director

Appointed

Courtney Darter-Bruce Parent/Board Member

Kristen Burford Parent/Clergy

Bryce Boddie Parent/Social Worker

Becca Jones Parent
Tiffany Fleming Parent
Elky Van Es Parent

Dr. Michelle Holcomb
Roger Gonzales
Aubrie Walker
Andrea Salazar
Minka Misangyi
Jasmine Glaser

Parent/Psychologist
Community Partner
Community Partner
Community Partner
Community Partner

Kathy Bandujo Grandparent/Community

The SHAC is required to meet at least four times per year.

This year, the SHAC met on the following dates:

- October 1, 2024
- December 9, 2024
- February 11, 2025
- April 8, 2025



Boerne ISD Wellness Plan

To comply with Board policy FFA, the Boerne ISD Wellness Plan outlines goals for:

- Nutrition Promotion
- Nutrition Education
- Physical Activity
- School-Based Activity



Coordinated School Health 10 Components



Accomplishments 2024-2025:

- Reviewed TEA's <u>Integration of Digital Devices in Public Schools Health</u>
 & Safety Guidelines
- Proposed revisions to the district's <u>Guidelines for the Use of Digital</u>
 <u>Devices</u> in accordance with TEA's timelines
- Created recommendations related to the usage of digital devices for homework and total daily screen time for students
- Reviewed and recommended Hill Country Council for Drug & Substance Abuse (HCCADA) curriculum and programming for K-12th grades
- Established priorities for family fitness activities in 2025-2026

Discussion

