

Policy 5274

Participation in Sex-Designated Athletic Activities, Programs, and Events

A. Definitions

1. “Sex” means an individual’s biological sex, either male or female, at birth, according to distinct reproductive roles as manifested by:
 - a. sex and reproductive organ anatomy
 - b. chromosomal makeup; and
 - c. endogenous hormone profiles.
2. “Female” means the characteristic of an individual whose biological reproductive system is of the general type that functions in a way that could produce ova.
3. “Male” means the characteristic of an individual whose biological reproductive system is of the general type that functions to fertilize the ova of a female.
4. “Co-ed” or “mixed” means that a team is composed of members of both sexes who traditionally compete together.

[Utah Code § 53G-6-901\(1\) \(2022\)](#)

[Utah Code § 68-3-12.5\(12\), \(18\), \(33\) \(2025\)](#)

B. Designation of School Athletic Activities and Teams

1. Each school in the District shall designate each of its school athletic activities and teams as designated for male students, designated for female students, or coed or mixed. In making the designation for activities and teams which are interscholastic activities governed by the Utah High School Activities Association (“UHSAA”), the school shall consider the listing of girls’ teams, boys’ teams, and mixed teams established by the Association.

[Utah Code § 53G-6-902\(1\)\(a\) \(2022\)](#)

[Utah High Schools Activities Association Handbook 2024-2025 pg. 60](#)

C. Participation in Sex-Designated Athletic Facilities, Programs, and Events

1. A male student is not entitled to and may not access, use or benefit from a school or District athletic facility, program, or event which is designated for females. A female student is not entitled to and may not access, use, or benefit from a school or District athletic facility, program, or event which is designated for males. **However, a student may participate in a sex-designated interscholastic activity governed by the UHSAA which does not correspond with the sex designation on the student's unamended birth certificate if the student has obtained eligibility approval from the School Activity Eligibility Commission and the student otherwise qualifies to participate in the activity.**

[Utah Code § 63G-31-201\(3\)\(b\), \(c\) \(2025\)](#)

[Utah Code § 53G-6-1004\(1\) \(2025\)](#)