



Anti-Vaping Plan

Aledo ISD
2019-2020

Anti-Vaping Plan

Vaping: Facts & Figures

- E-cigarettes are known by many names, including e-cigs, vapes, vape pens, JUULs, mods, tanks, tank systems, or ENDS (electronic nicotine delivery systems).
- E-cig aerosol (vapor) which is inhaled by the e-cig user is NOT water vapor as many manufacturers report. It contains several dangerous, potentially harmful substances, including:
 - nicotine
 - volatile organic compounds such as, propylene oxide, acrylamide, acrylonitrile, and crotonaldehyde (all primarily used in industrial manufacturing)
 - flavoring such as diacetyl, a chemical linked to a serious lung disease called popcorn lung
 - heavy metals such as nickel, tin, and lead
 - other known carcinogens
- Most e-cigarettes contain nicotine, which is known to be highly addictive and harmful to developing brains.

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Vaping: Facts & Figures

- JUUL (pronounced like jewel) is a brand of e-cigarette that is shaped like a flash drive. JUUL is the top-selling brand of e-cigarettes in the United States. One JUUL pod (the replaceable cartridge of liquid to be vaporized and inhaled) contains as much nicotine as an entire pack of traditional cigarettes.
- Some e-cigarettes may contain marijuana or derivatives of marijuana that still have THC, the active mind-altering ingredient of marijuana. E-cigs containing THC are known by several names as well, including dabs, dab pens, weed pens, and weed vapes. The substance placed into the e-cig containing THC is often referred to as dab, wax, or BHO (butane hash oil).

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Vaping: Facts & Figures

- A 2016 study by the National Institutes of Health (NIH) showed that:
 - Teens are more likely to use e-cigarettes than traditional cigarettes in every grade from middle school through high school, and that users are seriously misinformed about e-cigs.
 - Only 13.2% of e-cig users reported they believe it contains nicotine; 66% reported they believed it was just flavoring; 13.7% reported they had no idea what their e-cig contained.

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Student Code of Conduct Vaping Consequences

First offense - **possession/distribution**

ISS – 3 days PLUS online or face-to-face vaping awareness program for student, (non-completion within designated time window would add 2 additional days of ISS)

Second offense - **possession/distribution**

ISS – 5 days PLUS face-to-face vaping awareness program for student AND parent (non-completion within designated time window would add 3 additional days of ISS)

Third offense - **possession/distribution**

DAEP - 15 days PLUS multi-day curriculum completed by student prior to exit from DAEP (successful completion within designated time window could earn review of placement after 10 days)

Random Student Nicotine Testing for students involved in athletics and other UIL activities

- Consequences will be established in an administrative regulation regarding random student drug testing

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Vaping Prevention – timeline 2019/2020

1. **September** – Parenting University session with expert speaker on topic of “*Parenting Through the Haze: The Reality of Teen Vaping and E-Cigarette Use*”
2. **October** – *Just In Time Trainings* offered to staff members to assist in the identification of and appropriate responses to students found to be using e-cigs at school
3. **October** – Red Ribbon Week: Partnering with Challenge of Tarrant County to promote Vaping Awareness messaging to staff, parents, and students throughout RRW
4. **November** – Video Presentation to students of “*Juuling & Vaping: What the Latest Research Reveals*” during flex/advisory time
5. **February** – CATCH My Breath Program – video and supplemental materials for students with educational component for staff and parents (pending SHAC approval)
6. **March** – *Just In Time Trainings* offered to staff members to assist in the identification of and appropriate responses to students found to be using e-cigs at school
7. **April** – Parenting University session with panel of experts to discuss and take Q&A from audience on topic of vaping - open to students, parents, and staff (also livestreamed)

QUESTIONS?

