

Pirate Newsletter

December 2022 ~ Edition 22-23~ Vol. 21

NEAH-KAH-NIE *Pirates*

Upcoming Events

SAVE THE DATE!

Trimester 1 End ~ Grade Day ~ No School

When

Friday, Dec. 2nd, 8am

Where

24705 U.S. 101 Rockaway Beach, OR

Picture Re-Takes

When

Tuesday, Dec. 6th, 10am

Where

24705 U.S. 101 Rockaway Beach, OR

More information

Galley.

If your student missed Picture Day or if you are unhappy with their photo, Pictures will be held in the morning on December 6 in the Galley.

Winter Team Sports Pictures

When

Wednesday, Dec. 7th, 4pm

Where

24705 U.S. 101 Rockaway Beach, OR

Winter Break No School

When

Monday, Dec. 19th, 8am to Monday, Jan. 2nd 2023 at 10am

Where

24705 U.S. 101 Rockaway Beach, OR

Winter Spirit Week

When

Tuesday, Jan. 10th 2023 at 8:45am to Friday, Jan. 13th 2023 at 3:45pm

Where

24705 U.S. 101 Rockaway Beach, OR

Winter Formal Dance

When

Saturday, Jan. 14th 2023 at 7-10pm

Where

24705 U.S. 101 Rockaway Beach, OR

December Students of the Month

Cleo Fraginal and Corben Ray

We are so proud of these outstanding students! Thank you for being good citizens, engaged students, and positive examples for your peers!

Congratulations!

From the District Nurse:

As we move into the winter months, please help us keep our school community healthy by following the guidelines on when to stay home when sick. Thank you!







Please see attached link










Keep.Students.With.Symptoms.Out (1).pdf

[Download](#)

83.4 KB

| I NEED TO STAY HOME IF... | | | |
|--|--|---|---|
| Primary COVID Symptoms Require exclusion from school | | | |
| COUGH | I HAVE A FEVER 100.4 ° or higher | SHORTNESS OF BREATH/ DIFFICULTY BREATHING | NEW LOSS OF TASTE OR SMELL |
|  |  |  |  |
| I am ready to go back to school when I am... | | | |
| Symptom free for 24 hours AND Negative COVID Test. OR 10 day isolation with no test or positive test | Symptom free for 24 hours without fever-reducing meds AND Negative COVID Test. OR 10 day isolation with no test or positive test | Symptom free for 24 hours AND Negative COVID Test. OR 10 day isolation with no test or positive test | Negative COVID test OR Medical provider clearance |
| Please contact the school nurse if your child has a chronic condition that may explain these symptoms. A medical provider may provide clearance. | | | |

Return to school will be based off of ODE/OHA COVID-19 scenarios for schools and in combination with the 21/22 ODE/OHA Communicable Disease guidance.

| Non-primary symptoms can be seen with many other illnesses. | | | | | | |
|---|---|---|---|---|---|---|
| UNUSUAL FATIGUE | MUSCLE OR BODY ACHES | HEADACHE | SORE THROAT | NASAL CONGESTION OR RUNNY NOSE | VOMITING | DIARRHEA |
|  |  |  |  |  |  |  |
| Symptom free for 24 hours AND No new symptoms develop | Symptom free for 24 hours AND No new symptoms develop | Symptoms resolve AND No new symptoms develop | Symptoms resolve OR symptoms improving AND No new symptoms | Symptoms resolve OR symptoms improving AND No new symptoms | 48 hours after the last episode | 48 hours after the last episode. |
| IF symptoms persist more than one day, parents should consider evaluation by the child's health care provider who can determine if viral testing is advised. | | | | | | |
| <ul style="list-style-type: none"> If your child has strep throat or another bacterial infection, they should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. Unexplained rashes or eye infections will be excluded unless confirmation from a health care provider. | | | | | | |

Free and Reduced Price Meal Income Guidelines Announced for 2022-23 School Year

Free and Reduced Price Meal Income Guidelines Announced for 2022-23 School Year

If you have not already completed your 2021-2022 Meal Time application for free and reduced lunches it is important that you do so now. By completing this now will give you a 30 day grace period in the till October 17. Otherwise, you will need to be prepared to pay full price for all breakfast and lunches until your 2022-2023 application is approved in the fall.

For the 2022-2023 school year there will no longer be free meals for all as we have had the last couple years with COVID.

If you need help or need to know the income qualifications for Free and Reduced Lunches please reach out to the [office](#).

PLEASE CHECK YOUR STUDENTS MEAL TIME BALANCES!!

Meal Time application is below ∨

Meal Time

Note from Family Resource Coordinator:

If you have any needs such as school supplies, backpacks, PE shoes etc... Or for students who would like to receive a weekend food bag, please contact Jen Hopkins, Family Resource Coordinator at hopkinsj@nknsd.org or at (503)355-3607. You can also catch her at school in her room between the Library and the art room.

Athletics, Clubs and Activities

This week in Pirate Sports

Check here for sport updates and streaming

Note from the AD:

Fall Sports are off to a great start, with almost 100 student athletes participating! We want to encourage all of our students to become involved in a club, sport, or activity. We look forward to seeing our stands full of people cheering on our Pirates! To make sure you look the part, new Pirate gear is available to purchase in the office!

STUCO -

Student Council is selling long sleeved black pirate t-shirts and they will be available to pre-order during school time at lunch and at home basketball games. Each shirt is \$20 and 100% of the proceeds will go directly into student body activities. Winter formal is scheduled for January 10th-14th. Stay tuned for more details.



Speech

The team has their first tournament of the year this Saturday (12/03) in Clackamas. We will have two competitors going to this tournament, with several more students eagerly awaiting our next tournament opportunity!

T-Shirt Fundraiser

Student Council is selling long sleeved black pirate t-shirts and they will be available to pre-order during school time at lunch and at home basketball games. Each shirt is \$20 and 100% of the proceeds will go directly into student body activities.

Winter Spirit Week is scheduled for January 10th-14th. Stay tuned for more details.

Robotics

Our NKN teams just completed their third North Coast League meet with team 14687 Cybernetic Chaos in 4th place, and 17082 Lathos coming in a stellar 2nd place in the tournament. Teams are creating autonomous programs using color sensors and image recognition software to identify their cone sleeves and park in specific locations based on the sensor data. More importantly our teams are learning to work together, communicate effectively, support each other, and build something together. Our final meet is on December 10th, and our qualifying tournament is on Friday January 20th. The community is invited to watch, we will be starting our competition events at about 10:30 AM.

Unified Club

Unified Champion Schools Club: This fall the Unified Soccer team completed their first season at NKN HS. They won gold in division C at the Unified Soccer Tournament in Wilsonville on October 22nd. The students are eagerly anticipating the basketball season which will begin after the winter break.



Chess

Chess club will meet on Wednesdays in the Middle School Library after school beginning September 14th. Please make sure your registration on FamilyID [Chess 2022](#) is current before then.



If you completed FamilyID Chess prior to 9/8/2022 it will need to be completed again. Sorry for the inconvenience.



FBLA

Is getting ready for regional competition in Canby. They have also been doing a wreath fundraiser. We ordered a few extra if you missed the sale!

Counselor's Corner



In light of the pandemic and issues some students have faced with meeting their graduation requirements, the Neah-Kah-Nie school board has decided to reduce graduation requirements to 24 credits. This is a reduction of elective credits needed for graduation for the classes of 2023 and 2024. Those students who have completed graduation requirements are encouraged to stay and explore additional classes, take college courses or participate in job shadows and internships. We thank the school board for providing an equitable option for our struggling students and celebrate those students who go above and beyond to prepare for their futures!

Having a diploma is an important step in preparing students for future success. The knowledge, skills and habits a student develops while being in school, help to prepare them for success as an adult. Developing good study habits and working on self-management skills are an important piece of being successful, both at school and at work! Be on time to class...turn in assignments on time...phones off and away during class - these are all expectations teachers have of students that directly relate to the world of work.

Students who are struggling or are not currently on track to graduate should be encouraged to stay for after-school study hall to complete homework assignments or to make up classes needed for graduation. A little bit of work now can have some huge payoffs for the future!





Parents take note: Students who are taking classes from teachers at TBCC need to be aware that if they fail the class or withdraw after the drop date, families will be charged for the cost of the class. This can be anywhere from \$160-\$504 depending on the number of credits they are taking. That is a lot of money that could be better spent on some family needs or fun activities! For trimester 2, the drop date for TBCC classes is 1/13/23. We will be reminding students but we wanted parents to be aware as well.

Counselor's Corner

[Link to Resources](#)



The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay.
Located at the Neah-Kah-Nie High School.

Center opens Tuesday, August 9th for medical services (including sports physicals).

Health & Wellness Center Hours

Tuesday:
8:30 am – 12:00 pm
1:00 pm – 5:00 pm (closed 12:00 pm – 1:00 pm)

Wednesday:
8:30 am – 12:30 pm
1:30 pm – 5:00 pm (closed 12:30 pm – 1:30 pm)

Thursday: Starting September 6th
(Counseling appointments only)
8:30 am – 12:00pm
1:00 pm – 4:30 pm (Closed 12:00 pm – 1:00 pm)

(503) 355-3500

Visit the website for available services
and resources: nknhealth.org

**Parents have the right to opt out of services.*

TOGETHER for Mental Health



#Together4MH

Mental health is an incredibly important part of our overall health. We're strongest when we join **Together for Mental Health** to advocate for resources, support and access to quality care.

nami.org/mentalhealthmonth



FLASH ALERT

Winter is upon us! Make sure you are signed up for Flash Alert to keep you up to date on school closures and delays.

<http://flashalert.net/news.html?id=1123>

To keep up on weather alerts you can sign up for messages from Nixle on the link below.

<https://local.nixle.com/register/>

To make a donation to Mudd Nick Foundation ~Click Here

Every year the Mudd Nick Foundation provides funds to further the education to our students through field trips, supplies, and so much more



Beginning with the 2020-21 school year, Neah-Kah-Nie School District has contracted with [ESS](#) for our substitute services. To become a substitute for the District please go to [ESS.com](#), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact ABrueske@ess.com or our Human Resources office at 503-355-3506.

COMMUNITY

WE ARE HIRING!

[Neah-Kah-Nie School District Job's listing](#)

Home of the Pirates

TILLAMOOK COUNTY MENTAL HEALTH CRISIS LINE LÍNEA DE CRISIS DE SALUD MENTAL DEL CONDADO DE TILLAMOOK

Life can be stressful and overwhelming daily for adults and children/teens alike. Tillamook County residents have access to a 24-hour crisis response mobile unit:

Tillamook County Mental Health Crisis Line 503-842-8201

Suicide Prevention Lifeline
1-800-SUICIDE (784-2433)
1-800-273-TALK (8255)

In Crisis? Text 741741



Safe Oregon Oregon seguro