

Dumas ISD School Health Advisory Council (SHAC)

Annual Report for 2009-2010

Authority and purposes for the SHAC:

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Dumas Independent School District is specifically authorized by the Board of Trustees in District policies BDF (Legal), BQ (Legal), EHAA (Legal), EHAC (Legal), EFAA (Legal), and FFA (Local).

The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending:

1. the number of hours of instruction to be provided in health education;
2. curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco;
3. appropriate grade levels and methods for human sexuality instruction; and
4. strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness.

As a result of SB 530, passed in the last legislative session, the Council has the additional responsibilities of advising the District regarding the extension of Coordinated School Health programs into middle schools and making recommendations about the importance of daily recess at elementary schools.

Policy BDF (Legal) requires that the Board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the District who are not employed by the District. Members are nominated to represent all geographic regions of the district, as well as elementary, middle, and high school levels. The membership list can be found at the end of this report.

The Dumas ISD SHAC has met 4 times in 2009-2010. The following list is a synopsis of activities for this school year.

- Elected parent Co-Chair - Chassidy Wagnon
- Reviewed iSafe Internet Safety program
- Reviewed actions being taken by the district in regard to H1N1
- Continued review of Worth the Wait program
- Reviewed survey results from Drug and Alcohol Survey conducted with 8th and 10th graders.
- Reviewed Dating Violence program presented by a representative of Safe Place.

School Health Advisory Council Members

Kelly Legg – Chairman

Chassidy Wagon – Hillcrest Parent Rep – Parent Co-Chair

Paula Lewis – Sub-Committee Chair (Health Advisory)

Marion Wynne – Sub-Committee Chair (School Nutrition)

Larry Payne – Sub-Committee Chair (Safe and Drug Free Schools)

Annette Trujillo – High School Parent Rep

Susan Swaim – High School Parent Rep

Kelli Weatherford – Junior High Parent Rep

Rachel Gillespie – Junior High Parent Rep

Stephanie Venable – Green Acres Parent Rep

Robin Long – Green Acres Parent Rep

Cindy Johnson – Morningside Parent Rep

Arthur Nieto – Morningside Parent Rep

Amanda Castro – Cactus Parent Rep

Sandra Zavala – Cactus Parent Rep

Luisa Sosa – Sunset Parent Rep

Maria Chacon – Sunset Parent Rep

Shawna Green – Hillcrest Parent Rep

Jim Hogan – Community Rep

Sam Cartwright – Community Rep

Doreen Manak – Community Rep