



Activities Director/Dean of Students Report News/Notes

September 20th, 2023

- It's hard to believe that we are about halfway through the 2023 Fall Activities schedule. All of our teams have been competing at a high level as postseason play approaches. Our fans have been showing up to support our teams as our crowds have been really strong so far to start the school year. GO-CI-GO has been ringing loud at our events, Ranger Pride is very STRONG!!! Overall Activity Registrations are up 22% from last year. (*see page 2*)

Athletics Updates

Tennis

- The tennis team is farthest along in their season with only four more contests before their postseason begins. Tori Oehrlein and Margaret Silgen have had strong starts to the season so far with Oehrlein only having one defeat on the year and Silgen is closing in on her 50 career victory. The team finishes with their last four matches at Home.

Volleyball

- Volleyball had a really tough schedule to start out the season playing some very strong opponents. They started the season 0-6 with five of the defeats coming against above .500 opponents. Since then they have won four in a row to bring their record to 4-6, including going 3-1 in the 37th Annual Barb Neprud Invitational Tournament. Coach Ernst is excited with the progress of his team and the goal will be to get above .500 by the time the postseason begins.

Football

- The Ranger Football team is 1-2 so far on the season with both defeats coming in very close contests. Two of those games have been played in front of a packed house at John Davies Athletic Field with Mr. Davies in attendance at the first game! Coach Syrstad's team has proved to provide big plays throughout the season so far with many scores coming on big pass plays and long runs. They travel to Rush City on 9/23 then are Home vs International Falls for Homecoming.

Cross Country

- Cross Country is officially at the halfway point of their season after having four Meets. They traveled to Pierz this past Monday and the previous week were at Pine River where the Girls won the team title and Joe Ringhand won the race individually for his first career victory. Only three meets remain before the Mid-State Conference Championships on October 17th.

Upcoming Events

- The next time our teams will compete at Home are following:
 - Volleyball
 - Monday, September 25th vs Hinckley-Finlayson
 - Thursday, September 28th vs Park Rapids
 - Football
 - Friday, September 29th vs International Falls HOMECOMING
 - Tennis
 - Tuesday, September 26th vs Cloquet & Wadena-Deer Creek
 - Thursday, September 28th vs Pierz
 - Cross Country
 - Thursday, October 5th @ Ruttgers Golf Course
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***Please see the second page for UPDATED Fall 2023 Activity Registration Numbers.**

Respectfully submitted,

Cley Twigg

Activities Director/Dean of Students

For updated scores and schedules visit: cirangers.org



2023 Fall Athletic Registration Numbers

as of September 20th, 2023

CROSS COUNTRY

- **2023:** 23 (27% increase)
- **2022:** 18

FOOTBALL

- **2023:** 39 (30% increase)
- **2022:** 30

JUNIOR HIGH FOOTBALL

- **2023:** 31 (55% increase)
- **2022:** 20

TENNIS

- **2023:** 16 (36% decrease)
- **2022:** 25

VOLLEYBALL

- **2023:** 31 (29% increase)
- **2022:** 24

JUNIOR HIGH VOLLEYBALL

- **2023:** 31 (35% increase)
- **2022:** 23

OVERALL:

- **2023:** 171 (22% increase)
- **2022:** 140