



**SUMMARY OF COMMUNITY BENEFITS  
PROVIDED BY: DeTar Healthcare System  
4th Quarter 2015**

### **Background**

DeTar Healthcare System provides healthcare services to residents of Victoria and surrounding counties, including inpatient and outpatient services in Victoria, health-centered educational opportunities, and a variety of community services. DeTar Healthcare System has two hospitals in Victoria, Texas. One is a general acute care facility, and the other is predominantly Women's and Children's focused, but it also has a psychiatric inpatient program for geriatric patients. We serve eight counties in South Texas. In the first quarter we began collaborating with the local FQHC for our chronic disease program. These shared patients are seen within the FQHC and are not charged for our services. The Pre-natal clinic has expanded to several counties in past quarters and we have begun working more intensively with local community organizations, such as WIC or pregnancy crisis centers, in an effort to improve delivery outcomes. Our IOP has flourished and we have seen an increase in enrollment.

### **Community Services Provided by DeTar Healthcare System**

DeTar Healthcare System provides a significant amount of uncompensated care to residents of Victoria and surrounding counties. In the 4th quarter of 2015 uncompensated care consisted of \$982,226.12 in charity write-offs, \$5,887,001.05 in self-pay write-offs, and \$17,706,901 in bad debts. The hospital also had Medicaid revenue of \$44,419,829.

DeTar Healthcare System recognizes the need to provide emergency services to all, including low-income and needy patients. We provide these regardless of patient ability to pay. We are a higher level of care than many surrounding hospitals, so we also provide care to low-income and needy patients who are transferred in from other facilities. The breakdown of these visits includes:

### **DeTar Navarro Emergency Department (Level III) 4th QTR 2015**

<b><i>Financial Class</i></b>	<b><i>Number of patients</i></b>
<b>Self-Pay</b>	<b>1509</b>
<b>Medicaid</b>	<b>1284</b>
<b>Combined Visit Total</b>	<b>2,793</b>

## DeTar North Women's and Children's Emergency Department (Level IV)

<i>Financial Class</i>	<i>Number of patients</i>
Self-Pay	727
Medicaid	1,894
<b>Combined Visit Total</b>	<b>2,621</b>

DeTar is a community leader in obstetrics with emphasis on early prenatal care. We recognize that the state infant mortality rate exceeds 5% each year and DeTar is focused on reducing this rate. DeTar has supported Victoria Community Mother Child clinic which is designed for prenatal care for anyone. There is no waiting time for Medicaid eligibility and ability to pay is not a factor. Other maternity clinics are being opened in third quarter in other counties as part of the DSRIP program. 57% percent of our OB related admissions in the second quarter were self-pay or Medicaid patients. The breakdown for the second quarter 2015 includes:

### Obstetrics - Deliveries

<i>Financial Class</i>	<i>Number of patients</i>
Self-Pay	7
Medicaid	218
Other	168
<b>Total</b>	<b>393</b>

DeTar has a hospitalist program that provides inpatient treatment to patients who often have no primary care provider, very often because they lack financial resources to pay for care. These patients come through the Emergency Department or they are referred from surrounding towns because they need a higher level of care than a smaller hospital can provide. To expedite transfers and avoid treatment delays, DeTar established a one-call transfer line that eliminates any potential barriers for the transferring hospital. The hospitalists provide inpatient care as needed to all payer sources and also assure each patient has a follow-up appointment. This requires significant effort because the majority of practices in this area exclude self-pay and/or Medicaid patients. The hospitalists also have social services arrange for outpatient prescriptions on discharge if the patient cannot afford these. By having a follow-up appointment close to discharge and medications filled, the likelihood of preventable re-admissions is decreased. As a DSRIP effort we have opened a chronic care clinic in Victoria and Lavaca Counties and will open clinics in Goliad, Jackson, and Refugio counties in 2014. In addition, we call our inpatients within a few days of discharge to assure they understood their discharge instructions, had prescriptions filled, and know the date and time of their appointment. For the 4th quarter of 2015, 43% of the Hospitalists patients (inpatients and observation patients) were either self-pay indigent or Medicaid insured.

## Hospitalists

<i>Financial Class</i>	<i>Number of patients</i>
<b>Self-Pay (Observations)</b>	47
<b>Medicaid (Observations)</b>	14
<b>Self-Pay (Inpatients)</b>	65
<b>Medicaid (Inpatients)</b>	52
<b>Total</b>	<b>178</b>

In addition to providing care at the hospital regardless of ability to pay, DeTar Healthcare System provides many community health services. Some of these initiatives in fourth quarter 2015 included:

- Monthly diabetes management education at a “Lunch Bunch” seminar
- Support groups provided for:
  - Persons who have had bariatric surgery in Victoria and Jackson County
  - Diabetes support group
  - Insulin pump support group
  - Stroke support group
- Publish nutritional advice column weekly in The Victoria Advocate newspaper.
- Provide CPR instruction for community at large and upon request.
- Regularly scheduled Lamaze classes for the community
- Provide DeTar leaders to serve on Board of Directors/Advisory Boards for
  - Victoria Economic Development
  - Performing Arts Center
  - The Victoria College health programs (LVN, RN, PT, MLT)
  - South Texas Board of Nursing Excellence
  - Texas Organization of Nurse Executives
  - Wharton Junior College Advisory Board for Radiologic Technology
  - Hospice of South Texas
  - Victoria Chamber of Commerce
  - The University of Houston Victoria Presidents Advisory Board
  - Gulf Bend Mental Health Center Advisory Board
  - Texas Workforce Advisory Board
  - VISD Health and Science Programs
  - United Way Allocation Board
  - Victoria Educational Foundation
- Provide quarterly education programs to community groups on stroke prevention, recognition of signs and symptoms, and interventions
- Provide quarterly education programs to communities on heart care, recognition of early heart attack symptoms, and interventions
- Work with Victoria Fire Department Critical Care Partnership
- Golden Crescent Hurricane and Disaster conference planning committee
- Sponsor monthly Lunch and Learns for Senior Circle program; Health focused meetings
- Present monthly Healthy Woman education programs

- Work with EMS in Victoria and surrounding communities to continually improve emergency care. Tools include case review, performance improvement, and STEMI performance/process improvements.
- Contributed to 4H efforts by purchasing multiple stock show animals raised by local community youth.
- Opened Joint Center providing new technology on patients needing total joint replacement that allows same-day mobility and shorter length of stay and improving quality of life.

### **Expenditures**

In order to continually meet the needs of our community DeTar Healthcare System provides resources that will maintain the highest possible care to our citizens. During this quarter we have:

#### ***Information***

- Began implementing CPOE within the hospital

#### ***Systems***

- Purchased a safe, HIPPA congruent texting software program allowing rapid communication of results and condition changes to physicians for rapid treatment interventions.

#### ***Construction***

- DeTar continued the process of expanding its Emergency Department on the Navarro campus
- DeTar began the process of constructing a new Family Medicine Residency clinic. This new clinic will meet all the ACGME requirements and implement new ideas in regard to patient flow
- Constructed a Specials Procedure Suite for Interventional Radiology procedures. DeTar is unique in offering this service preventing patients from more extensive invasive procedures.

#### ***Equipment***

- Purchased 3D M3D Mammography bringing this state of the art technology to Victoria and 7 surrounding counties.

**Physician Recruitment** In the 4th Quarter of 2015, DeTar began the recruitment of the following:

- One ENT
- One FP w/ OB
- One hospitalist
- One GI
- A second psychiatrist
- One Pediatrician
- Recruited Board Certified E.D. Physician.
- One Internal Medicine
- Six Family Medicine residents

## **Community**

DeTar hosts a community advisory group of approximately 12 members of Victoria and surrounding counties who advise us on the health needs that need to be met. They are integral in the planning of health care and participate in our strategic planning every year.

DeTar Healthcare System works closely with EMS and participates in clinical case review. As a Level III Trauma Center we continually seek opportunities to improve care.