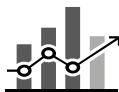




Employee Wellness Program 2024-2025 Year in Review

May 2025



Programming

★ Catapult Screenings

- 942 screenings
- 836 NP completions

★ Be Well Participation

- 2254 Participants
- 3 of 4 challenges

★ Wondr Health

- 415 Participants (2024)



District-wide Activities

- Walks
- Yoga
- Volleyball
- Art Socials
- Webinars
 - Musculoskeletal, mental, and health education



The USD Employee Wellness Program strives to foster a culture of health and wellness for ALL employees. The goal of the program is for employees to embrace, engage, and be empowered to take an active role in their health and wellness.



Onsite Engagement Highlights

Activity	Quantity	Engaged Employees
Presentations	26 (YTD)	2,100
Incentives	Year-round	800 (YTD)



Communications

- Newsletters
- Social media
- Email correspondence
- Wellness champions
 - 58 representatives
- In-person meetings



Recognitions











