September				
Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt & 100%Apple juice and fruit are offered. Seasonal fresh fruit will be served when available. Menus subject to change without notice do to product availability.	Whole grain breads are served with meals. 1% white milk & fat free flavored are served with meals.			Ham & vegetable omlet Hotd Hotdog Blueberries/baked beans A la carte Beef Lo Mein Salad/tropical fruit
4 NO SCHOOL Labor Day	Granola Hot Cheese pizza Applesauce/peas A la carte Pulled pork Mac & cheese Peaches/cooked carrots	6 Cheez-Its Hot Mandarin orange chicken Peaches/fried rice A la carte Chicken bowl Corn/apple	7 Breakfast pizza Hot Popcorn chicken Blueberries/cowboy caviar A la carte Meatball sub Mandarin oranges/salad	8 Churro crackers Hot Quesadilla Fruit cocktail/corn A la carte Baked potato Blueberries
Poptart Hot Sausage pancake sandwich Juice/hash browns Ala carte Buffalo cheese bread Fruit snacks/mango wango	Blueberry bread Hot Cheese bread/marinara Blueberries/pepper strips Ala carte Ravioli Orange smiles/green beans	Yogurt Hot Chicken pot pie Pears/white bean blondies Ala carte Chopped Italian sandwich Apple/peas	14 String cheese Hot Calzone Applesauce/green beans Ala carte Chicken burrito bowl Tropical fruit/rice & beans	15 Nutria-grain bar Hot Meatloaf Fruit cocktail/sweet potato fries A la carte Crispy onion chicken Mashed potatoes/gravy/mixed fruit
Chocolate chip muffin Hot Cheeseburger Mixed berries/fries A la carte Rodeo burger	Bagel breakfast pizza Hot Mexican lasagna Applesauce/3 bean salad A la carte Tuscan grilled chicken sandwich Grapes/peppers & cucumbers	Pancakes Hot Beef ramen Strawberries/broccoli salad A la carte Ham sandwich Craisins/carrots	21 Scrambled eggs Hot Salisbury steak Pears/mashed potatoes/gravy Alacarte Chicken & cheese Pineapple/refried beans	Bagel & cream cheese Hot Ham salad sandwich Oranges/carrots A la carte Baked potato Blueberries
Pancake & sausage bites Hot Taco on tortilla Applesauce/lettuce & cheese cups A la carte Chicken philly sub Peaches/corn	Sausage patty Hot Shepherd's Pie Blueberries/carrots Alacarte Ash's casserole Strawberries/salad	Oatmeal bar Hot Oven fried chicken Peaches/mashed potatoes/gravy A la carte Spaghetti Mixed berries/ 3 bean salad	Biscuits & gravy Hot Lasagna rollups Raisins/ salad A la carte Turkey, bacon, ranch sliders Mandarin oranges/broccoli	Cinnamon roll Hot Cheeseburger pasta Tropical fruit/ corn A la carte Pulled pork tots Cinnamon apples/carrots

This institution is an equal opportunity provider. <u>If your child is on a special diet for allergy purposes</u>, they may be given an alternative meal. Action Plan must be sent from doctor.