



DECEMBER

- 11 PTA Meeting 2:10
- 12 PTA Family Movie Night
Doors open at 5:30 
- 16 & 17 Candy Cane Grams 
- 20 Last Day of School before break
- DEC 23 Winter Break begins
NO SCHOOL
- JAN 3 Classes resume 1/6/20



Manzanita

Messenger

DECEMBER & JANUARY

December is here! Cooler temperatures... disappearing daylight. The upcoming weeks can become quite overwhelming as families prepare for family gatherings, special travels, and perhaps some shopping outings in preparation for special traditions. As much as we'd all like to feel that we are organized and well-prepared for the upcoming weeks, each family deals with the stress of the holidays in different ways. Oftentimes, children fall victim to later bed-times, hectic trips to the store for that last item, and sometimes experience first-hand the financial stress that plagues many families during this time of the year. Routines often fall to the wayside along with daily reading practices, consistent homework support, and even family meals. At times families need to make a concerted effort to see that the rush and stresses of the holiday season do not seep into their child's daily routine and need for consistency.

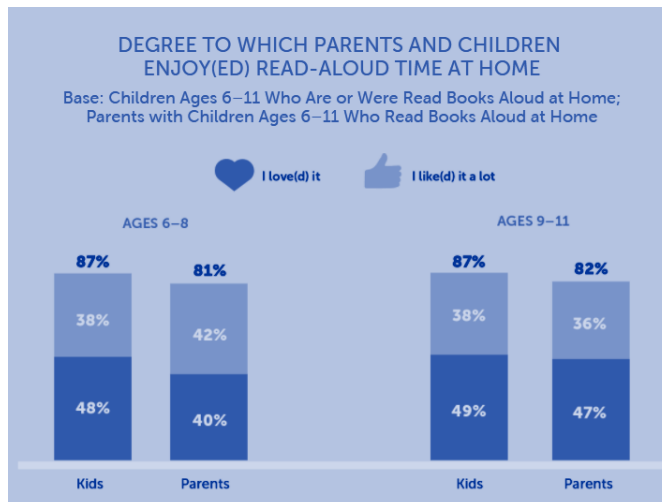
Holiday Break begins Monday December 23rd, Students return to school Monday January 6th. Relax, enjoy family time and read a good book. On behalf of our Fabulous Manzanita staff, I wish you a Merry Christmas, Happy Hanukkah, Joyous Kwanzaa, Kickn' "Tet", Blissful Bodhi Day, Cheerful Maunajiyaras, Wonderful Festival of Lights, Blessed Ramadan, Good Winter Solstice, Joyful Canadian Boxing Day, Festive Festivus, and a Happy New Year!

Renée Hults ~ Principal

IT'S
THE MOST
Wonderful
TIME OF THE
Year

It's not just about preschoolers!

LOOK!

Practice the "5 R's" of early education: reading, rhyming, routines, rewards and relationships. Researchers have hard evidence that reading to children activates the parts of preschoolers' brains that help with mental imagery and understanding narrative — both of which are key for the development of language and literacy. The American Academy of Pediatrics say that parents who spend time reading to their children create nurturing relationships, which is important for a child's cognitive, language and social-emotional development.



Immunization

News

Immunization Exclusion Day is fast approaching. The Primary Review report to the state is due January 15, then letters will be sent by the state to families whose children have incomplete or insufficient immunization records on file. **FEBRUARY 19TH IS EXCLUSION DAY.** If children do not have updated immunization records on file or do not have up to date immunizations, they will be excluded from class.

The holiday break is a great time to get caught up on any needed shots. Please bring updates to the office when school resumes.

There is a link on the MZ website to access the OR Health Dept. page with info regarding immunizations and non-medical exemptions.



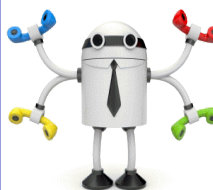
Inclement Weather

The icy cold weather is here! The school district will use the "INTOUCH" communication system to notify all parents via phone and/or email of delayed starts or school closures. Synrevoice will start calling at about 5:30am. You must say "Hello" in order to activate the message.

Please listen to your voice mail if you receive a call from the school or the district. If you have not received an automated phone call or email this school year, please check with the office to verify your phone numbers and email addresses are correct. In the event of adverse weather conditions parents are advised to tune in to Radio Stations KRWQ, KAJQ, KLDK, KBOY and TV Stations KOBI (5), KDRV (12), KTVL (10) or the 3 Rivers School District Web Page. <https://sites.google.com/a/threerivers.k12.or.us/three-rivers-school-district/>

If you have a missed call from Manzanita or Three Rivers School District please check your voice mail for this INTOUCH service.

Inclement weather information will also be available on KAJQ, KLDK, our district website and Manzanita Families on Facebook.



Health Room Hints

Because We Care...

- ♥ **Appearance/Behavior:** Unusually tired, pale, lack of appetite, difficult to wake, confused or irritable.
- ♥ **Eyes:** Thick mucus or pus draining from the eye or pink eye.
- ♥ **Fever:** A temperature of 100.5 degrees or higher. Please keep your child home for 24 hours after fever is absent without fever reducing medicine.
- ♥ **Brown or green nose drainage:** With fever over 100.5.
- ♥ **Sore throat:** Especially if associated with a fever and/or swollen glands.
- ♥ **Diarrhea:** 3 or more episodes in a 24 hr. period with or without fever OR sudden onset of loose stools.
- ♥ **Vomiting:** Vomiting 2 or more times within the last 24 hours.
- ♥ **Rash:** especially if associated with a fever or if located on the hands, feet, and mouth area.
- ♥ **Lice:** Children will be checked if there is a suspected infestation and parents will be notified of positive results. Please notify the school if you find head lice on your child.

Attendance is important, however, If your child has any of the above symptoms, it may



Coming Soon

JANUARY

- 6 Classes Resume
- 8 PTA Meeting 2:00
- 16 Site Council 2:00
- 15 Martin Luther King Day NO SCHOOL

