

SHAC

**School
Health
Advisory
Council**

KILLEEN INDEPENDENT SCHOOL DISTRICT

**Annual Review 2024-2025
Membership 2025-2026**

SHAC Year-in-Review 2025-2026

Approved Curriculum (2023) | Living Well Aware: My Choices, My Life

- TEKS-aligned (online) curriculum for middle and high school students.
 - Human Sexuality Instruction
 - Opioid Addiction and Substance Abuse Awareness Instruction
 - Child Abuse, Family Violence, Dating Violence, Human Sex Trafficking Instruction
- Available video component for parents/guardians on each lesson taught to students.
- An opportunity for students and parents to interact on lessons through at-home activities.
- An extensive training session for educators teaching the program.
- Grade and Age Appropriate

KISD Met State Requirements:





- August 31, 2024 | Sent information letters on human sexuality and abuse to parents.
- March 01, 2025 | Sent invitations to the district-wide Parent Meeting on the LWA Curriculum.
- March 25, 2025 | Hosted the Parent Meeting with Dr. Patricia Sulak as the special guest present.
- April 04, 2025 | Emailed opt-out letters to parents to be returned before the curriculum was taught.
- May 01, 2025 | Taught the LWA Curriculum.
- Information on the curriculum is posted on the districts website all year.

SHAC Year-in-Review 2025-2026

CATCH: Coordinated Approach To Child Health

- Approved by the Texas Education Agency.
- Designed to prevent obesity, cardiovascular disease, and Type 2 diabetes in elementary and middle school students.
- Must coordinate health education, including oral health education, physical education and activity, nutrition services, and parental involvement.
- Includes a Youth Vaping Prevention Education Program/Substance Misuse Prevention.

KISD Wellness Plan: Four Top Goals

-  **Nutrition Promotion**--encourage participation in the National School Lunch Program, School Breakfast Program, and any supplemental food and nutrition programs offered by the District.
-  **Nutrition Education**--implement a coordinated health program with a component addressing nutrition services and health education at elementary and middle school levels.
-  **Physical Activity**--implement a coordinated health program with physical education and physical activity components.
-  **Other School-Based Activities**--create an environment that encourages healthful eating and physical activity, and promote a consistent wellness message.

SHAC Year-in-Review 2025-2026

Collaboration Between KISD and Community Organizations

Parent Panels:

- **October 23, 2024 | "Stop the Hurt" Bullying Awareness and Prevention**
- **December 16, 2024 | Substance Abuse and Addiction Awareness**
- **February 20, 2025 | Human Trafficking, Family Violence and Dating Violence**

18th Annual Family Fitness and Wellness Fair:

- **April 26, 2025, noon - 4 pm at the Killeen Special Events Center**
- **Approximately 2,000 Attendees**
- **48 Vendors with a Health Focus Product or Service (Give-a-ways)**
- **Fun Zones--Rock Climbing Wall, Inflatable Obstacle Course, Adaptive Play**
- **Door Prizes--supported by Huckabee, McLane's Children's Hospital, Brittany Harris**
- **T-shirts--sponsored by McLane's Children's Hospital)**
- **Approximately 70 Volunteers**
- **KISD Departments: School Nutrition, KISD PD, CHS JROTC, SHS Steel Drums, KISD Radio, Comms Services, Risk Management, Counseling, PE, Health Services, Parent Engagement, and Community Relations**

SHAC Membership Recommendations 2025-2026

Parents and Community Volunteers

Michelle Aguayo	Elizabeth Jagodzinsk
Nichole Anderson	Elizabeth Jennings
Dave Barnes	Anthony Kendrick
Courtney Bradford	Angelic Lomeli
Brandy Byrd (C)	Andrea Maddox (C)
Francesca Campbell	Erika Navas
Kristine Caparco (C)	Denise Newson
Danielle Carr	Mandi Nolte
Shelly Casto	Perri Perez
Sarah Chittenden	Breeon Price
Shanice Dail-Addison	Betty Rivera-Roman
Tiffanie Daniels	Tonee Shelton (C)
Chappell Driver (C)	Alfred Turner (C)
Jervania Gaines	Sondra Wilkerson (C)
Leia Henderson	Les Williams
Tunika Herron (C)	Miya Williams

Coordinated School Health KISD Representatives

School Nutrition | Stephanie Russon
Physical Education | Central Hicks
Health Education | Sandra Marcussen
Health Services | Jasmine Mosely
Parent Engagement | Andrea Dykes
Counseling | Shannon Lumar
Employee Wellness | Christina Ford
School Safety | Chuck Kelley

Les Williams, Parent Co-Chair
Angenet Wilkerson, District Co-Chair
Susan Buckley, Administrative Services
Tina Capito, Board of Trustees

SHAC Calendar 2025-2026

Meeting Dates | Noon - 1:00 pm | Pratt LLC

- September 10, 2025
- November 12, 2025
- January 14, 2026
- March 11, 2026
- May 13, 2026

Family Fitness & Wellness Fair
April 18, 2026

Parent Panels/Workshops

Bullying Awareness & Prevention | October

Drug Awareness & Substance Abuse Prevention | December

Mental Health & Suicide Prevention | February

Human Trafficking Awareness & Interpersonal Violence Prevention | April