

SHAC Year-in-Review 2025-2026

Approved Curriculum (2023) | Living Well Aware: My Choices, My Life

- TEKS-aligned (online) curriculum for middle and high school students.
 - Human Sexuality Instruction
 - Opioid Addiction and Substance Abuse Awareness Instruction
 - Child Abuse, Family Violence, Dating Violence, Human Sex Trafficking Instruction
- Available video component for parents/guardians on each lesson taught to students.
- An opportunity for students and parents to interact on lessons through at-home activities.
- An extensive training session for educators teaching the program.
- Grade and Age Appropriate

KISD Met State Requirements:

- August 31, 2024 | Sent information letters on human sexuality and abuse to parents.
- March 01, 2025 | Sent invitations to the district-wide Parent Meeting on the LWA Curriculum.
- March 25, 2025 | Hosted the Parent Meeting with Dr. Patricia Sulak as the special guest present.
- April 04, 2025 | Emailed opt-out letters to parents to be returned before the curriculum was taught.
- May 01, 2025 | Taught the LWA Curriculum.
- Information on the curriculum is posted on the districts website all year.

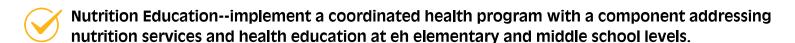
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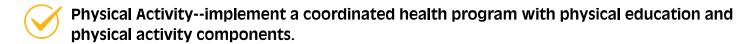
CATCH: Coordinated Approach To Child Health

- Approved by the Texas Education Agency.
- Designed to prevent obesity, cardiovascular disease, and Type 2 diabetes in elementary and middle school students.
- Must coordinate health education, including oral health education, physical education and activity, nutrition services, and parental involvement.
- Includes a Youth Vaping Prevention Education Program/Substance Misuse Prevention.

KISD Wellness Plan: Four Top Goals







Other School-Based Activities--create an environment that encourages healthful eating and physical activity, and promote a consistent wellness message.

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Collaboration Between KISD and Community Organizations

Parent Panels:

- October 23, 2024 | "Stop the Hurt" Bullying Awareness and Prevention
- December 16, 2024 | Substance Abuse and Addiction Awareness
- February 20, 2025 | Human Trafficking, Family Violence and Dating Violence

18th Annual Family Fitness and Wellness Fair:

- April 26, 2025, noon 4 pm at the Killeen Special Events Center
- Approximately 2,000 Attendees
- 48 Vendors with a Health Focus Product or Service (Give-a-ways)
- Fun Zones--Rock Climbing Wall, Inflatable Obstacle Course, Adaptive Play
- Door Prizes--supported by Huckabee, McLane's Children's Hospital, Brittany Harris
- T-shirts--sponsored by McLane's Children's Hospital)
- Approximately 70 Volunteers
- KISD Departments: School Nutrition, KISD PD, CHS JROTC, SHS Steel Drums, KISD Radio, Comms Services,
 Risk Management, Counseling, PE, Health Services, Parent Engagement, and Community Relations

SHAC Membership Recommendations 2025-2026

Parents and Community Volunteers

Michelle Aguayo Nichole Anderson

Dave Barnes

Courtney Bradford

Brandy Byrd (C)

Francesca Campbell

Kristine Caparco (C)

Danielle Carr Shelly Casto

Sarah Chittenden

Shanice Dail-Addison

Tiffanie Daniels

Chappell Driver (C)

Jervania Gaines

Leia Henderson

Tunika Herron (C)

Elizabeth Jagodzinsk

Elizabeth Jennings

Anthony Kendrick

Angelic Lomeli

Andrea Maddox (C)

Erika Navas

Denise Newson

Mandi Nolte

Perri Perez

Breeon Price

Betty Rivera-Roman

Tonee Shelton (C)

Alfred Turner (C)

Sondra Wilkerson (C)

Les Williams

Miya Williams

Coordinated School Health KISD Representatives

School Nutrition | Stephanie Russon
Physical Education | Central Hicks
Health Education | Sandra Marcussen
Health Services | Jasmine Mosely
Parent Engagement | Andrea Dykes
Counseling | Shannon Lumar
Employee Wellness | Christina Ford
School Safety | Chuck Kelley

Les Williams, Parent Co-Chair Angenet Wilkerson, District Co-Chair Susan Buckley, Administrative Services Tina Capito, Board of Trustees

SHAC Calendar 2025-2026

Meeting Dates | Noon - 1:00 pm | Pratt LLC

- **>** September 10, 2025
- **November 12, 2025**
- > January 14, 2026
- **March 11, 2026**
- **May 13, 2026**

Family Fitness & Wellness Fair April 18, 2026

Parent Panels/Workshops

Bullying Awareness & Prevention | October

Drug Awareness & Substance Abuse Prevention | December

Mental Health & Suicide Prevention | February

Human Trafficking Awareness & Interpersonal Violence Prevention | April