# Bill's Backpacks

**Purpose**: Provide food for school kids over the weekend that may not otherwise have a meal. This program currently serves LABC, South, LIS and LHS for the 2016-2017 school year.

### **Suggested Items:**

## **Breakfast Items**

Cereal bars
Individual boxes of cereal
Instant Oatmeal
Pop Tarts

#### **Lunch**

Ramen noodles
Ravioli or spaghettio's with pop-top cans
Single serving Macaroni and cheese
Vienna Wienies and Beanie wienies

#### **Snacks**

Fruit cups and applesauce Popcorn Peanut butter/crackers Raisins

\*Make sure items are kid friendly and microwavable if need to be heated.

