

The Nehalem Nugget

FEBRUARY 2023

Be Safe . . . Be Respectful . . . Be Responsible



Important Dates/Reminders

- NO SCHOOL - Monday, February 6 - Professional Development Day
- Valegrams for Sale - February 7th - 13th (see details below)
- Board Meeting - Monday, February 13 - 6:30 p.m. @ the District Office
- NO SCHOOL - Monday, February 20 - President's Day Holiday
- Read-A-Thon - February 21 - March 3
- OMSI Science Family Event - February 23 - 5:00 - 8:00
- Week of February 27 - March 3rd - Read Across America Week

READ A THON

Welcome Parents, Students and Friends to our fourth Read-A-Thon! We are excited to announce that we will hold a Read-A-Thon fundraiser again this year. Our Read-A-Thon is a program that brings students together with family and friends to encourage reading and to build literacy skills.



The main focus of the Read-A-Thon is for everyone to know we are committed to improving reading skills. To that end, the Read-A-Thon promises to be a fun, exciting journey for all participants as they begin a personal Reading Adventure that challenges each reader to complete 10 reading sessions over our 3-week event.

Our Read-A-Thon will start February 21

All of the donations received will help our school in many ways:

- **Thank for all of your support - 2019=\$940 , 2020=\$600 , 2021=\$870, 2022=\$2328.00!!**
- Supporting our commitment to literacy and daily reading.
- Purchasing student books to help celebrate our annual Read-Across-America Week book walk (each day, students' names are drawn for a chance to pick out a new book.)

- Purchasing student prizes for our PBIS treasure chest. Students have the chance every day to earn “Way to Go’s” for being safe, respectful and responsible. The office then does a weekly drawing for a chance at choosing one item from our treasure chest.

You Can Register Now at [Read-A-Thon 2023](#)

To sign up. You can do it all in a minute or two and really help us meet our financial needs. **How It Works:**

- Activate your account at the link above.
- Use the easy online tools to tell friends and family about our Read-A-Thon.
- Track and log at home reading sessions online.
- That's it!

Thanks so much,
Nehalem Elementary

Read Across America Week, February 27th - March 3rd celebrating all of our amazing readers and Dr. Seuss's birthday!

Each morning we'll have a book walk in the classrooms. The students standing on the lucky number will get to come pick out a book from the office to take home.



The cafeteria will serve some fun Dr. Seuss themed meals and the students will get a treat during lunch on 3/3 to celebrate Dr. Seuss's birthday!

Dress Up Days:

- Monday - Super Hero
- Tuesday - School Spirit
- Wednesday - Twin Day
- Thursday - Wear Green
- Friday - Hat Day

OMSI Science Family Event Coming to NES!

Thursday, February 23 from 5:00 p.m. to 8:00 p.m.

In the NES gym- no need to sign up!

OMSI staff demonstration lesson will be around 6:00 p.m.

OMSI (Oregon Museum of Science and Industry) is hosting a Science Festival at our school for families to come and explore Science together. OMIS will fill 10 to 12 tables with science equipment and challenges guaranteed to thrill youngsters, perplex adults and offer an unforgettable science experience. This Science Festival will be open for three hours as an Open House format-come

whenever works best for your family during that time frame, but try to be there during the OMSI staff demonstration lesson at 6:00 p.m.....it sounds amazing!

NES Parent Council

Hello families!

It's almost time for our Valentine's Day grams fundraiser! Parent council supports our schools by supplying school supplies for our kids. Parent council will be set up and selling items in the morning outside in the breezeway by the office from 7:45-8:00 a.m., and during lunch from 10:45-12pm outside under the covered area between the gaga ball pit and the covered playground. We will have items ranging in prices from .25-\$5. Parent council will send home fliers on February 3 with more information.

Our next parent council meeting is February 7, @ 6:00 p.m. in the elementary school cafeteria. Parent council is also looking for a treasurer if anyone is interested?

Larisa Keller, PTC president

STATE TESTING INFORMATION

Required state testing for grades 3-5 will be this spring. Specific dates will be in the newsletter when testing gets closer so that parents know the actual dates their children will test. State law requires parents be notified of their right to opt-out their child from state testing, even though NES, the Neah-Kah-Nie School District and the Oregon Department of Education recommends that all students test. Click on the red buttons below to access the Opt Out Form.

[Oregon State Testing Opt Out Form - English](#)

English Language Arts and Mathematics

[Oregon State Testing Opt Out Form - English](#)

Science

Formulario de exclusión de prueba

Artes del lenguaje inglés y matemáticas

Formulario de exclusión de prueba

Ciencia

English Language Arts Curriculum Adoption

NES and GGS teachers have been piloting a new English Language Arts curriculum for our district. We are interested in adopting:

- Great Minds curriculum called *Wit and Wisdom* as our core classroom curriculum
- Wilson's curriculum called *Foundations* as our phonics and spelling foundations curriculum
- Great Minds curriculum called *Geodes* as our decodable readers

All grade K-3 teachers have piloted the *Foundations* curriculum this school year. Three teachers at each school have taught *Wit and Wisdom* (making sure all grades were piloted at one or the other school) and two K or K/1 teachers at each school are piloting *Geodes*. All the piloting teachers have met monthly to talk about the curriculum and are excited about moving to these new curriculums next year at all grades at both our NKN elementary schools to improve literacy instruction for students. All these curriculums follow the latest brain and cognitive research on learning to read and write.

Board policy IIA requires a new curriculum to be made available to parents to review. If you would like to review the curriculum, please contact your school principal to make an appointment...we are putting together curriculum samples at the district office in Rockaway Beach for families to view. The Great Minds Team has also put together a parent and community member landing page that has information and links to curriculum materials in *Wit and Wisdom*, *Geodes*, and *Foundations*. This link will get you there:

<https://greatminds.org/english/review/neh-kah-nie>

Please click on the link below to review the District's Delayed Start Plan

[NKN Delayed Start Plan](#)

Please sign up through the link below to receive Flash Alert messages when we have a school delay or closure.

[Flash Alert Sign Up](#)

Denise Weiss - District Nurse

On Monday January 23rd vision screenings were completed for all K-5 students in coordination with the Rockaway Lions Club. These screenings occur each year as part of required Oregon school based health screenings. A letter will be sent home in the coming weeks, **ONLY** if there are unexpected results or if your child needs a follow up screening with an eye doctor.

In addition, on **Wednesday February 8th and Thursday February 9th**, Hearing Screenings will take place for all Preschool through 2nd grade students, offered through the Northwest Regional Education Service District. Following the screenings, a letter will be sent home in the coming weeks, **ONLY** if there are unexpected results or if your child needs a follow up screening with a medical provider.

See the attached flyers for the upcoming free dental and immunization clinic.

[English Flyer](#)

[Spanish Flyer](#)



Ms. Jennifer's School Counseling Office

Welcome February!

In January we reviewed problem solving and conflict resolution.

Returning from a long break is always a great time for a refresher!

We also continued lessons in our Child Protection Unit. Students

learned about safe, unsafe, and unwanted touches. They also

learned to say no and refuse unsafe or unwanted touches. I

encourage you to ask your kids what the difference is between an

unsafe touch and an unwanted touch. An unsafe touch hurts our

body: hitting, kicking, pushing, etc. An unwanted touch is a touch

you don't want. An unwanted touch can be a safe touch: Hugs, pats

on the back, arm and arm, etc. BUT it is a safe touch you don't want.

Students have learned to tap into how they feel about a safe touch

to know if it is unwanted or not. We continue to learn that their body

belongs to them and it is **ABSOLUTELY OKAY** for them to say no to

an unwanted touch. The first week of February, we will finish up our

Child Protection unit with learning about the private body parts rule.

We will also celebrate Kindness in February. February 17th is

Random Act of Kindness day. We will have students practice

random acts of Kindness throughout the month with the intention

of making Kindness part of our everyday life!

Mindfulness will continue to be incorporated into our SEL lessons

this year. Practicing mindfulness is a great way to train our brains to

regain focus and calm... I encourage you to practice this with your

mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, the SEL curriculum used at NES.

[Waterford.org](#) is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer
503-355-3657

jenniferh@nknsd.org

A flyer for the NKN Student Health & Wellness Center. The background is light blue with various medical icons like a stethoscope, syringe, bandage, and pills. The center logo features a stylized bird with a cross. The text provides information about the center's services, location, and hours.

NKN
STUDENT HEALTH
& WELLNESS CENTER

The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay.
Located at the Neah-Kah-Nie High School.

Center opens Tuesday, August 9th for medical services (including sports physicals).

Health & Wellness Center Hours

Tuesday:
8:30 am – 12:00 pm
1:00 pm – 5:00 pm (closed 12:00 pm – 1:00 pm)

Wednesday:
8:30 am – 12:30 pm
1:30 pm – 5:00 pm (closed 12:30 pm – 1:30 pm)

Thursday: Starting September 6th
(Counseling appointments only)
8:30 am – 12:00pm
1:00 pm – 4:30 pm (Closed 12:00 pm – 1:00 pm)

(503) 355-3500

Visit the website for available services
and resources: nkhealth.org

**Parents have the right to opt out of services.*

Click on the link below to see when and how long to keep students at home if they are ill.

[Symptom Checker](#)

NEHALEM ELEMENTARY WEEKEND BACK PACK PROGRAM

Filling the weekend food gap for local children in need

Over half of the children at Nehalem Elementary School qualify for free or reduced priced meals. Many of these children face hunger over weekends and school breaks. The Nehalem Elementary School Backpack Program is an ongoing volunteer-based organization that provides food for local hungry children at times when other resources are not available, such as weekends and holidays.

Volunteers provide the children who are enrolled in the program with a bag of food for the weekend. . These food resources will support the health, behavior, and achievement of every student that participates. The success in programs like this can be seen in positive changes in student attendance, behaviors, and grades.


If you think your child could benefit from this program, please ask the front office for an enrollment form!

To donate in any dollar amount please make checks payable to Nehalem Elementary School Backpack Program, P.O. Box 190 Nehalem, OR 97131 or drop checks off directly at the Nehalem Elementary School office.


NKN District Job Openings

Click button to access and apply for open positions. The school district is also in need of qualified substitutes in all areas. See below for ESS link to become a substitute.

**SUPPORT OUR
SCHOOLS!**
**Become an ESS
Substitute**



Every day counts.



←
**SCAN
ME TO
GET
STARTED!**

NCRD

NCRD Youth Center

Fun February!

If you're in need of childcare visit the Welcome Center at NCRD or call 855-444-6273. On school days we pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Cost is \$6 a day per child, and this includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, and etc..). We are closed for all national holiday's and on day's observing the holiday Feb. 20th is the only day this month. Full days (non-school days that are not holidays) are \$20 per student and registration and prepayment is required, please visit the welcome center. This month's no school days are February 6th. Pop-Goes-the-Heart is Feb. 11th and NCRD youth center will be showing a movie for any youth that would like to come, no cost (purchase of raffle tickets encouraged). The movie will be from 6 – 8p.m. in the NCRD Theater and is being sponsored by the Friends of NCRD. Scholarship applications are available upon request. NCRD scholarships are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any NCRD staff or the welcome center know if you would like an application.

Youth Sports

Basketball started January 23rd and runs through February 23rd . Registration is available now by calling or stopping by the welcome center. Futsal is still in demand, and we are going to have another session on Fridays @ 4:30pm – 5:30 beginning March 3rd, watch for fliers/registrations to come home soon. We are always looking for more coaches, lots of experience or no experience all coaches are welcome. Please check the box on your child's registration form or let us know and join us for the next session. Do not hesitate to reach out with any questions or concerns.

angiet@ncrdnehalem.org kileyk@ncrdnehalem.org

NCRD/Nehalem Pool

The NCRD Aquatic Department would like to acknowledge the supreme achievement made by 24 4th and 5th grade students who chose to participate on December 13, 2022 in the NCRD/NES Swim Challenge. This event of swimming lengths of the pool without stopping for a maximum time of one hour symbolizes a tradition at NES and allows participating swimmers to attain their goal and walk away with a sense of accomplishment and personal satisfaction. Kudos to the following students:

Oliver Arnold, Alicia Garcia-Barragan, Kate Albrechtsen, Stella Scovel, Julien Anctil, Jasper Kotenko, Eli Kirby, Quincy Powell, Molly Albrechtsen, Kaya Kosherek, Sophia Johnson, Ezra Hodge, Taylen Burden, David Hummel, Aradhya Sajit, Adaya Brown, Britton Holloway, Milena Christensen, Bentley Haight ,Teddy Shepard, Braelyn Mills, Asher Vandecoevering, Chloe Ward, Zach Scovel. As a group they swam 687 lengths which equals 10 miles!! BRAVO!

WEDNESDAY WATER PLAY IS BACK!! AFTER SCHOOL SWIM FUN!!

Free choice water time. Games and Equipment Available for students 1st through 5th grades. Parents are responsible for delivering & picking up your child at the pool!!

WINTER WWP SCHEDULE 2023:

Wednesday's : February 1,8,15,22 March 1,8,15,22 8 classes left Winter Term Time: 2:45-4:00 Pick-up is 4:00 sharp (punctuality is truly appreciated!) Cost \$2 per session or use swim pass \$18 for10x swim pass Purchase @ the Pool!

FRIDAY NIGHT FAMILY SWIM CONTINUES IN 2023!

Time: 6:00pm---7:30pm

Adult(s) please accompany your children. It's not mandatory that adults get in the pool unless children are 5 years and under.

\$2 per student, \$18 for 10x pass, \$6 per adult \$50 for10x pass Purchase @ the Pool! No reservations necessary!

Questions: pool# 1-855-444-6273

e-mail:Suedg@ncrdnehalem.org