

The Nehalem Nugget

NOVEMBER 2021

Be Safe . . . Be Respectful . . . Be Responsible



Important Dates

Daylight Savings - Sunday November 7, 2021- move clocks back one hour.

Board Meeting - Monday, November 8, 2021

NO School - Thursday, November 11, 2021 - Veteran's Day

NO school - November 24th, 25th and 26th - Thanksgiving Holiday

Grade Day - December 10, 2021 (new date) - [new version of District Calendar](#)

From School Nurse

Please review the link below for important details on when a child needs to stay home. This symptom chart defines when children need to stay home, when they could return and when a Covid test may be needed.

When a child needs to stay home

Registration 2021/2022

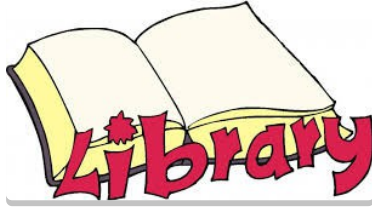
There are about 7 families who still need to login to ParentVue and complete online verification for your child(ren). It is very important that the office have current and up-to-date information. IF you haven't done this step yet, please do so ASAP!

DUE DATE WAS 10/30/2020

Click on the link below to access your account.

[ParentVUE](#)





From the Library

We will not be having a Fall Book Fair this year. It was a hard call to make but, I couldn't find a way to safely do an In-Person Book fair this fall, and the Online book fair was too complicated in the spring when the kids and the Chromebook were at school and parents doing the shopping were at home. I haven't ruled out a book fair in the spring but we just have to wait and see.

If you like scholastic books, or specific children's books you can't find locally, you can shop at the [Scholastic Store for Parents](#). You can earn rewards for your school, the Library can receive 2% of the sale in rewards to use on books. There is also free shipping on book orders over \$25. I know that isn't the same as a book fair. It is one way to get your child books they will love to read.

MISS JENNIFER

Greetings NES Families,

So far we have introduced two of our tools: the breathing tool and the listening tool. We use our breathing tool to help us calm and check in with ourselves. We use our listening tool when we use whole body listening in class and when we listen to our bodies for clues as to how we are feeling. We encourage students to draw on these intrinsic tools to help with emotional regulation, skills for learning and social responsibility. 2nd - 5th graders have also learned about brain states and "flipping our lid", and what it takes to get back into our thinking brain or wizard brain from our downstairs or lizard brain.. Ask your student to show you the hand model of their brain and what it looks like when they flip their lid.

November we are focusing on problem solving and conflict resolution. We will be learning about Kelso's Choices and learning the difference between a small problem (one students can solve themselves) and a big problem (where we need an adult we trust to help.)

Mindfulness will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm as we continue to navigate through the pandemic. I encourage you to practice this with your students at home. The more they practice the more automatic the mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form \(espanol\)](#) to request a meeting.

Ms. Jennifer's School Counseling Office

503-355-3657/ jenniferh@nknsd.org

<https://sites.google.com/nknsd.org/elementarycounseling>





SCHOOL MESSENGER

School Messenger is our automated telephone system for notifying families. This service is the main tool that will allow NES to communicate important information to parents by phone and email. Families are asked to notify the school office if their phone number changes or with any new emails.

This system is what we use to notify parents if there is an emergency school closure.

FLASH ALERT

FlashAlert is the service we use to provide emergency closures to the Portland television and radio stations. The system will send you a text and/or email message. **(FAMILIES THAT SIGNED UP LAST YEAR WILL GET A MESSAGE WITH A LINK FOR THEM TO LOG IN AND RENEW THEIR SUBSCRIPTION, or you may log in and request a test message to revalidate your account.)** To subscribe to this service, go to our web site at <https://www.flashalert.net/login/> Under "Subscribe to receive FlashAlert messages from Neah-Kah-Nie Sch. Dist." Type in your email address, click subscribe, confirm email address, create password, confirm password, click create account. You may enter up to three email addresses, or three text message numbers, or a combination of both. Once you have added your information click in the box that states "Click here" to send validation messages and complete the registration process. You also can download the iOS/Android app FlashAlert Messenger to your phones and link it to your account. Then click log out. If you need help with this process, contact your school secretary or Kathie Sellars at the District Office. You will need to make sure that your SPAM filter allows messages from info@flashalert.net.



GRADE DAY

Grade Day will be on Friday, 12/10/2021. Report cards will be sent home with students on 12/16/2021. Please check those backpacks. We encourage families to review the report cards with their child(ren). Families are encouraged to contact their student's teacher if they have any questions regarding the report card.



ROCKAWAY LIONS TAKING THANKSGIVING FOOD BASKET APPLICATIONS

Each year the Rockaway Lions Club provides Thanksgiving food baskets for families in our community who are in need of holiday assistance. Requests to receive a food basket are available in the school office. Stop by for one or call and ask that one be sent home with your child. The completed request needs to be **mailed** and received (in Rockaway) no later than **TUESDAY, November 13th** . The Lions will deny your request if you are already scheduled to receive Thanksgiving assistance through another organization. If

Nehalem Parent Council

"Hey NES Parents! Although we can't meet on site in person, we'd still love to ensure our Parent Council remains strong! We will be hosting a virtual Zoom meeting on November 16 at 6:30PM to get to know each other and discuss strategies for moving forward. We look forward to seeing you there!" Here are the Zoom details:

Topic: NES Parent Council Meeting

Time: Nov 16, 2021 06:30 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88305707634?pwd=S3FOdjRxcUtySm5manprbzZCdnJNUT09>

Meeting ID: 883 0570 7634

Passcode: 575092

Mudd Nick Foundation

While we're disappointed that we weren't able to gather in person this year, we're thrilled to announce our first-ever online silent and live auction online!

Our event starts November 7th at 7:00AM, where you can start bidding on our packages and items! However, up until then, we'll be rolling out items and packages every few days so you can keep your eyes out for the things you're most excited about. We suggest checking out our online auction website, <https://mnfauction.ggo.bid/>, before the auction so that you can become familiar with the platform! Looking for some of those larger live items? You can start bidding for those items on November 12th, but your last chance to lock them down is during our live auction that day at 6:00PM.

If you're looking for more information on the event, you can look at our website or on our auction page here: <https://muddnick.ejoinme.org/charityauction>

We look forward to continuing our mission to help the children and youth of North Tillamook County aspire to their greatest potential in pursuit of their dreams. If you'd prefer to donate and help a child, you can do that through our auction website under the 'Donate & Help a Child' button.

NCRD Youth Center

Afterschool program hours are 2:30PM-5:00PM, Monday- Friday. Reservations are required. We will pick up your child(ren) and provide enriching after school activities and a healthy snack!

Monday Madness hours are 7:00AM-9:00AM. Reservations are required. We will walk your child to NES on district late-start Mondays.



On **no-school days** we are open from 7:00AM-5:00PM. Reservations are required.

NCRD Youth Center will be closed November 11th, 24th, 25th, and 26th.

While your child is with us we will provide nutritious morning and afternoon snacks as well as enrichment activities(outdoor play/walks, gym time, crafts, music, science, etc.)- all while following strict health and safety guidelines.

The cost is \$20/ full day or \$10/half day, \$5/day for Before School, and \$5/day for our afterschool program. Reserve your child's spot, we are unable to accept drop-ins at this time.

Scholarship applications are available upon request.

Scholarships for students are funded through the **Friends of NCRD**, who support families in need through various fundraisers throughout the year.

-Youth Sports -

Follow us on Facebook for updates on Youth Sports. www.facebook.com/ncrd.org

***** KIDS NIGHT OUT! *****

Join us for KIDS NIGHT OUT on Friday, November 19th, 2021 from 5:30pm-9pm!

Pizza dinner provided, open gym and a movie in the theatre! Open gym from 5:30pm-7pm and movie from 7pm-8:45pm with pickup by 9:00pm. Cost is \$20.

Register and pay at NCRD Welcome Center. The Welcome Center is open Monday-Friday 8am-5:30pm, 855-444-6273.

JOIN US for a



RIBBON CUTTING

to mark the opening of our community's
new school-based health center at
Neah-Kah-Nie High School!

TUESDAY, NOVEMBER 2, 2021 AT 10 AM


24705 US-101, Rockaway Beach, OR 97136
(Just north of the cafeteria.)

NKN District Job Opportunities


Current Openings				
Nehalem	Garibaldi	High School	Middle School	District
	Instructional Assistant 3.5 hour	NKN Custodian I	Football Coach (2 positions)	Spanish Language Family Resource Coordinator
		Family and Consumer Science Teacher	Drama Instructor	After School/Saturday Tutor
		World Language Teacher		
		Special Education Instructional Assistant (2 positions)		
		Varsity Softball Coach		
		Business Technology Teacher		


SUPPORT OUR SCHOOLS!

Become an ESS Substitute



Every day counts.





SCAN ME TO GET STARTED!

Kristi Woika, Princip

Nehalem Elementary Sch
P.O. Box 190-Nehalem, OR 9
PHONE: 503-355-31
Fax: 503-368-1
Toll Free #: 1-888-218-2
kristiw@nksd

