

Knightline News

Volume 17 Issue 1

October 2009

6741 Monument Drive, GP 97526 * 541-479-3388 * FAX 541-471-2462

<http://www.threerivers.k12.or.us/>

Hugle's Happenings

Raw Talent or Hard Work?

In his book *Outliers*, Malcolm Gladwell studies highly successful people to understand the source of their successes. Consider the Beatles and Canadian ice hockey sensations.

The Beatles burst on the British and American music scenes polished, tight and fantastic. Their repertoire was extensive, their performances slick and their internal chemistry dynamic. In just 8 years, they recorded 13 original albums. Raw talent? Hardly. Long before success, they performed 7 days per week for 8 hours each day in Hamburg, racking up more performance hours than most bands do in their entire careers. They reached a critical 10,000 hours of practice. One very long "Hard Day's Night".

Most Ice Hockey stars were born in January, February or March. Why? Gladwell discovered that youth teams are organized by age according to the calendar year. Those born early in the year have a slight size and strength advantage, enough to give them more playing time, more confidence and more opportunities. They are more likely to spend 10,000 hours on the field than their later born teammates, more often watching from the bench.

What will you devote 10,000 hours to? If you want to be a standout in whatever it is you love, you will need to put in the time. Gladwell has shown that success isn't luck or raw talent. It's pure sweat.

View our athletic & school schedule at

www.highschoolsports.net

Upcoming Dates

Oregon Colleges — Oct. 1

Progress Reports—Oct. 2

Parent-Teacher Conferences—Oct 8

No Classes—In-service Day—Oct 9

2 hour late start—Oct 30

**October 8th, Noon—8:00 pm
Parent-Teacher
Conferences**

Call to Schedule an appointment



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Seniors - 2010

SAT REGISTRATION DEADLINES

Register by October 30 for the December 5 SAT Test.

Register online at www.collegeboard.com. The basic SAT tests are \$45. Add \$20 plus \$9 per test for additional subject tests. (Required by highly competitive colleges.)

College Visits in October –Linfield college October 14th

Oregon University System Visitation – October 1, 2009

ALL SENIORS AND JUNIORS

Representatives from each of the Oregon State Universities will be at North Valley High School on **Thursday, October 1st, at 1:00 p.m.**, to provide admissions information about our universities. Sign up in Student Services to attend this program.

FINANCIAL AID WORKSHOP FOR SENIORS & PARENTS

MARK YOUR CALENDAR FOR WEDNESDAY, DECEMBER 16TH, 6:30 P.M.

You will meet with Financial Aid experts on how to fill out the Free Application for Federal Student Aid (FAFSA) for your student who will be attending college. Don't miss this training, as FAFSA is required for all students attending college. Training will provide information on how to apply on-line. On-line applications begin January 1st, 2010. Don't miss out on the possibility of grants and scholarships for your student. For more information check out their website at www.fafsa.ed.gov

CLASS OF 2010 GRAD. NIGHT FUND

Students Name _____

Parent/Guardian _____

Name _____

PLEASE INCLUDE CHECK FOR:

_____ \$25.00 per year

or _____ \$100.00 all four years

100% of this fund goes towards your students

Grad. Night Celebration.

Place in an envelope marked

(Class of 2010 ATTN. Kristin Dean)

Seniors **Class of 2010**

Parent Meetings **STUDENTS ARE WELCOME**

Oct. - 5th, 22nd, Nov. - 5th, 19th, 30th
6:00PM
IN THE N.V. LIBRARY

Juniors - 2011

ALL SENIORS AND JUNIORS

Representatives from each of the Oregon State Universities will be at North Valley High School on **Thursday, October 1st, at 1:00 p.m.** to provide admissions information about our universities. Sign up in Student Services to attend this program.

ATTENTION JUNIORS!!!

PSAT TEST @ NVHS WEDNESDAY, OCTOBER 14TH!!!

Sign up for the PSAT'S with the bookkeeper (Breeze). The test will be held at North Valley on **Wednesday, October 14th**. The cost is \$14.00. The PSAT will prepare you for college entrance SAT tests, as well as placement tests. It is also the qualifying exam for National Merit status, a huge impetus to scholarships and competitive colleges. Don't miss out on this opportunity. Space is limited, sign up early.

PSAT -All sophomores will take the exam. Juniors need to sign up with the bookkeeper.

How to Become a Valedictorian or Salutatorian

Each graduating class has at least one Valedictorian and at least one Salutatorian. These are honorary based on earning the top GPAs in your class. Additionally, Three Rivers School District requires that all Val/Sal candidates take at least 27 credits of graded classes, earn a CIM and take the following upper level courses:

A.P. US History
A.P. Literature
A.P. Composition
Calculus
Two Years of Foreign Language
A.P. Chemistry or Physics

Weighted and Unweighted GPA

GPA is calculated based on the number of classes you take and the grades you received. Here is a sample unweighted GPA:

English 2:	B = 3.0 gpa points
World History:	C = 2.0 gpa points
Spanish 1:	A = 4.0 gpa points
Art 1:	B = 3.0 gpa points
Band:	D = 1.0 gpa point

Total points: 13.0 divided by 5 classes
= 2.60 gpa

Weighted GPA gives you one more point for each Advanced Placement grade (A = 5.0; B = 4.0; C = 3.0; D = 2.0; F = 0.0) so can raise your total GPA if you take AP courses.

Sophomores - 2012

ATTENTION SOPHOMORES!!!

All 10th grade students will be taking the **PSAT on October 14th**. The State of Oregon has arranged for all 10th grade students to take the PSAT (paid for by the State of Oregon) to help prepare students for college. All 10th grade students will be given a study guide during your math class to help your prepare for the test.

PSAT—Eat a good breakfast on PSAT Day, October 14th!

Oregon Assessment of Knowledge and Skills (OAKS)

North Valley's Class of 2012 has the chance to earn your CIM with all of the privileges it offers (Honor Society eligibility, scholarship and college recognition and graduation honors). You will take 4 tests this year: Reading, Math, Science and Writing. You will also complete "work samples" in your classes.

We have set targets with rewards for the entire class as well as for individuals who MEET or EXCEED state standards:

- ♦ Reading Target: 74% Meeting or Exceeding Standards
- ♦ Math Target: 62% Meeting or Exceeding Standards
- ♦ Science Target: 70% Meeting or Exceeding Standards
- ♦ Writing Target: 66% Meeting or Exceeding Standards

Targets are based on the highest percentages reading standards in any Josephine County High School in the past 4 years. NVHS holds the Science record; HVHS holds the Writing record; GPHS holds the Math and Reading records. Good luck, Sophomores!

Freshmen 2013

INTRODUCING THE FRESHMAN ADVOCATE

Hello, my name is Brenda Richardson and I am the new Freshman Advocate. If you have any concerns regarding your freshman, give me a call at 479-3388 or send me an e-mail at brenda.richardson@threerivers.k12.or.us. I am here to help your freshman student succeed.



FRESHMAN TUTORING

Freshman Tutoring
Tuesdays and Thursdays

3:30 – 4:50

Contact Ms. Dorn for more info!

541.479.3388

ACTIVITIES AND ANNOUNCEMENTS

2009 APPLGATE AWARD FOR EDUCATION SPONC—Linda Hugle, principal

Linda Hugle, North Valley High School principal, believes that education can change the world. In- deed, it is a conviction that has motivated her since she began her career in 1982 as a Three Rivers School District Teacher. Linda has consistently worked to strengthen schools and community through committed volunteerism. She currently chairs the Josephine County Cultural Coalition and serves on the Academic Masters Foundation Board. Other organizations that have benefited from Linda's involvement include; Women's Crisis Support Team, Children's Advisory Council, SOASTC Advisory Board and 13 more.

When Linda became NVHS principal in 2005, fewer than half of NV graduates went on to higher education. Now about 86 percent do. "We're trying to create a school culture where academic rigor is valued," says principal Hugle. "I think we're getting there."

SOASTC's SCHOOL COMMUNITY TEAM OPT OUT STATEMENT

Our school is fortunate to have an additional source of support for our students. A School Community Advocate from SOASTC's School Community Team will be working in collaboration with teachers, administrators and parents to make this a successful year for all students.

The following is a list of possible activities: special interest groups, school improvement projects, individual and/or family support, special focus groups, skill building/mentoring etc. If there is a specific need for your family or child that is not listed above please feel free to contact the team.

If you would like to obtain more information about the SCT and services provided please contact the School Community Coordinator/Advocate, Eric Epstein 226-6703 or Sam Smith-Rowe 226-6906.

_____ I decline services at this time.

Parent/Guardian Signature

Date

Student's Name:

2009 Applegate Award for Education Spon-
sored by Asante
and services provided please
contact the School Community Coordinator/Advocate, Eric Epstein 226-6703 or Sam Smith-Rowe 226-6906.

Parent/Guardian Signature

Date

Student's Name:

ACTIVITIES AND ANNOUNCEMENTS



Do you want to be a part of the future? Then ASPIRE is for you!
We are looking for adult volunteers. To learn more about Financial Aid, Scholarships and College Admissions please call 479-3388 and leave a message for Lisa Willis, ASPIRE Coordinator.

Sharing this information with students is a wonderful experience and gives them the encouragement that will be the building blocks of their future success!

Lovejoy Hospice Presentations — Good Grief

Good Grief is a six week peer support group for youth who have experienced the death of someone important in their lives. Parents learn new ways to support their grieving children and themselves. The next group is October 13-November 24th from 6-7 pm. Call Lanette or Walt at 474-1193 to enroll.



Gaining Early Awareness and Readiness for Undergraduate Programs

In this economy many families often think the college dream will never be a reality. These websites and the Gear Up program through Fleming Middle School and North Valley High School have a fervent desire to alter this thought through early awareness of resources and planning.

<http://gearup.ous.edu>

What Gear Up can do for you!

<http://oregoncis.uoregon.edu> Career investigation through CIS Oregon.

Username: northvalley Password: 1knights1

www.collegeboard.com Through a student profile: College & Scholarship search, Study for the PSAT and SAT (Information for parents too!)

www.fafsa4caster.ed.gov Estimating what Free Money is available to your student through Federal Grants and Understanding Student Financial Aid

www.nela.net , www.finaid.org , www.studentaid.ed.gov Understanding Financial Aid terms, etc.

www.ncaaclarifyinghouse.net For students that will go on to play sports at the college level

Any questions see Mrs. Willis in the ASPIRE/Gear Up room C-17

ACTIVITIES AND ANNOUNCEMENTS

Free Design Talent Showcase & Fundraiser

Come check out this year's talent!

Performances include:
singing, instrumentals, acting, dance and more

Admission:

\$5 adults

\$3 students/seniors

\$12 family

Monday, Oct. 12th at 6:00



FREE DESIGN NEEDS PIANO PLAYER

Do you play the piano or know someone who does? The North Valley Choir department is looking for piano players to accompany the choirs. Please contact Ms. Mayers for more information.

ACTIVITIES AND ANNOUNCEMENTS



WE ARE LOOKING FOR PARENT HELPERS FRIDAY, DECEMBER 4TH AND SATURDAY, DECEMBER 5TH TO PREPARE AND SERVE FOOD FOR THE NVHS CHRISTMAS BAZAAR.

WE ALSO NEED SENIOR PARENTS WHO ARE WILLING TO DONATE BAKED GOODS FOR RESALE AT THE BAZAAR.

PLEASE HELP IF YOU CAN! WE ARE FUNDRAISING FOR THE DRUG AND ALCOHOL FREE GRADUATION PARTY AND ACTIVITIES.

IF YOU CAN HELP WITH EITHER OF THESE NOBLE CAUSES, PLEASE CALL:

PATTI CRAWFORD 659-5710

DANA GOENS 660-2105

KAREN HANEY 659-0832

MRS. DURBORAW'S SPANISH CLASSES

Want to know what's happening or what you missed in Ms. Durboraw's Spanish classes? Want to see your weekly grade update? Go to the Teacher pages on the North Valley High School website and check it out!

ACTIVITIES AND ANNOUNCEMENTS



I. ASPIRE Participation

ASPIRE utilizes adult volunteers from your community (ASPIRE Advisors) to assist high school students plan, prepare and achieve their postsecondary education goals, which may be college or a vocational/technical school. All students are encouraged to participate. The ASPIRE Advisor volunteer will assist your student in developing a post high school education plan, provide encouragement, information and technical assistance for financial aid and admissions applications. Participation in ASPIRE does not guarantee that your student will receive scholarships.

Persons volunteering to become ASPIRE Advisors meet with students on a regular basis during the school year at the school with staff present. School staff screen (includes a criminal record check) and select the volunteers. The Oregon Student Assistance Commission provides training for the ASPIRE Advisors.

In order for your student to participate in this program, we will need you to sign the ASPIRE participation authorization below and encourage your student to attend meetings with their advisor and complete assignments. Students must notify their Advisor if they are unable to keep an appointment.

I give permission for my student to participate in the ASPIRE Program.

Parent/Guardian Name (printed): _____

Parent/Guardian Signature: _____ Date: _____

I agree to keep appointments with my advisor or notify my advisor if I have to cancel. I understand that admissions to college and receipt of financial aid are dependent upon my efforts.

Student Name (printed): _____

Student Signature: _____ Date: _____

FAMILY ADVOCATE

Needs donations of women's clothes size 10 and up for students in need. Household items including dishes, pans, bakeware would be appreciated, also bedding including sheets and blankets.

ACTIVITIES AND ANNOUNCEMENTS

Thank you to our Fantastic Volunteers!

- ◆ Thanks to Bryan Hawkins for supporting our Video Production class!
- ◆ Thanks to Dana Goens, Jeanine Beagley, Angie Kassab and all of the Booster Parents who worked so hard on our trophy cases this summer!
- ◆ Thanks to Dana Goens for going after school improvement projects everywhere!
- ◆ Thanks to Lynn and Rich Hughes, Midge Renton and all of our ASPIRE volunteers!
- ◆ Thanks to all of the Booster Parents who give so much back to the Knights!
- ◆ Thanks to the Rotary and Duck Derby for generous help with our Knight Coliseum!
- ◆ Thanks to our Athletic Facilities Committee for our Knight Coliseum and more!
- ◆ Thank you to Bob Kalin, our Grandpa Duck!

Congratulations Devon Dorn!

Ms. Dorn will be honored October 10th for her work against school bullying and other issues.

**2009 Equality Champion
for Southern Oregon**

Devon Dorn

We are so proud of you!



Shriners Hospitals
for Children™

Portland

Pediatric Specialty Care

FREE Screening Clinic

To Identify Children Who Can Benefit From Orthopedic and Burn/Scar Care

If you know a child from birth to 18 years with any of these conditions, Shriners Hospital for Children - Portland would like to help with free expert care.

Date: **Saturday, October 3, 2009**

Time: **10:00 a.m. - 2:00 p.m.**

Location: **Three Rivers Hospital
500 SW Ramsey Ave
Grants Pass, OR 97527**

Information: **541-474-3092
541-479-5126**

We Treat:

- Problems with bones, joints or muscles
- Cerebral Palsy
- Spina Bifida
- Scoliosis (curvature of the spine)
- Hip disorders
- Hand or foot disorders
- Club foot
- Skeletal growth abnormalities
- Cleft lip/palate
- Burn Scar Revisions

ACTIVITIES AND ANNOUNCEMENTS

Yearbook Dates to Remember

- **December 18th**—Yearbooks will cost \$55 until December 18th. After that time, the cost will go up to \$58. The books make a great Christmas present, and gift certificates are available.
- **February 26th**—Senior and baby pictures are due. All baby pictures will be returned (the office still has all of last year's pics if you didn't get yours back). The pictures **MUST** be turned in by this date in order to be included.
- **March 5th**—Deadline for placing a business ad or senior recognition page in the book. Get great advertising for your business or show your child how much you care with an ad in the yearbook!

Any questions or need more info? Contact Miss Converse at
tiffany.converse@threerivers.k12.or.us

ASB CARD STICKER

Buy an ASB sticker from the bookkeeper for \$10
and get into the all home games for free.

October Puzzler

Write a sentence about North Valley using ONLY the letters in North Valley (n, o, r, t, h, v, a, l, e, y). You may use letters multiple times, including in the same word.



Good luck! *Best Answer received in November issue.*

Answer to the May Puzzler

The American calendar year is 2009; the Hebrew calendar year is 5769 (or was in May); and the Chinese year is 4706. Make each equal 7 as follows:

$$2009: -2 + 0 + 0 + 9$$

$$5769: [(5+7) / -6] + 9$$

$$4706: (4 \times 7)^0 + 6$$



ACTIVITIES AND ANNOUNCEMENTS

Landscaping Needs your Help

The North Valley Landscaping and Horticulture classes contribute to the installation and maintenance of the landscaping on the grounds at our high school, and we have identified some projects we would like to tackle this term:

- ♦ We would like to build a compost pile to start developing our own source for soil improvements.
- ♦ We would like to build and install some raised beds for a garden.
- ♦ We would like to design and plant landscaping in the center strip of the driveway, a large project that will require help and resources.

Some of these projects will obviously need some funding/supplies, as well as help from parent volunteers; hence this letter. We are looking for donations of time or materials, and ideas for pursuing donations of materials or plants. We are also looking for ideas for fund-raising.

Our wish lists include (please call to arrange delivery when we are ready):

- ♦ Any boards that might be suitable for raised beds. We have heard rumors of the possibility old railroad ties being available, but any good supply of boards would do.
- ♦ 1" and 1 ½" white pvc pipe
- ♦ 1/2" or ¾" plywood, exterior grade (2-3 sheets)
- ♦ Push broom for sidewalk use
- ♦ Topsoil
- ♦ Rotted compost

We could also use:

- ♦ Ideas for fundraising.
- ♦ Equipment loans: excavator, backhoe, tractor, large pick-up or trailer for hauling compost or topsoil.

Thank you for your time and help! - Mr. Little

Happy Birthday to You... ♪

Wish your favorite student a
Happy Birthday
or send a brief Congrats for a
job well done!

\$5.00 for 2 days on the Knight
Reader Board!
Please get the message to us a
week in advance.



KNIGHT ATHLETICS

North Valley HOME Games



Volleyball

10/1 - JV/V vs. Illinois Valley 5:15/6:30
10/8- JV/V vs. Henley 5:15/6:30
10/17- V tournament 9 am
10/22- JV/V vs. Hidden Valley 5:15/6:30

Women's Soccer

10/7- JV vs. South Medford 4:00
10/13- V/JV vs. Hidden Valley 4:00/7:30
10/20- V/JV vs. Henley 4:00
10/27- V vs. Rogue River 4:00
10/31- V vs. Cascade Christian 10:00

Men's Soccer

10/3- V vs. Klamath Union 1:00
10/10- JV/V vs. Mazama 11:00
10/12- JV vs. Hidden Valley 4:00
10/13- V vs. Hidden Valley 5:00
10/17- JV/V vs. Phoenix 10:00
10/24- V vs. Illinois Valley 10:00

Football

10/2- V vs. South Umpqua 7:00
10/30- JV/V vs. Phoenix 4:00/7:00
11/6- JV/V vs. Hidden Valley 4:00/7:00

KNIGHT ATHLETICS

North Valley High School Athletics Committee

presents our 2nd annual

"A Knight Out"

Date: October 10, 2009, Saturday

Time: 6:00pm

Location: Grants Pass Golf Club

230 Espey Rd, Grants Pass, OR

Marinated flat iron steak/chicken/sides/beer, wine, coffee, soda provided

No host bar available

Wayne Liska & Associates, auctioneers

See www.liska-auctioneers.com for ongoing auction item list

Tickets: \$50

Available at:

North Valley High School

Jen Wert: 660-3449

Becky Tappan: 476-2083

Please join us in our continuing efforts for the NVHS Athletics facilities. Stop by NVHS to see our new all-weather track and Castle ticket booth/restroom building.

Make checks payable to:

North Valley High School Athletics Committee

a 501(c)(3) organization.

Booster Club

NORTH VALLEY KNIGHTS BOOSTER CLUB

Welcome to the 2009-2010 school year. We hope your summer was filled with family, friends and lots of fun. As we start our second year with Boosters we look back on a wonderful year meeting amazing people with the same goals as we have...helping to make NVHS the best it can be! Thank you to all the dedicated Booster members, parents and staff who work together to make North Valley a great place for our students to enjoy their high school days. We are helping to make memories for them!!

Booster Meetings are held on the **third** Wednesday of each month at 6:00 p.m. in the NVHS Commons.

The dates are 10/21, 11/18, 12/16, 1/20, 2/17, 3/17, 4/21, 5/19

Please remember to renew your membership at the bookkeeping window or mail your form to North Valley.

Your membership will get you 50% off all home games and 20% off merchandise. Check out this year's new merchandise at home games, in the office or other school events.

New member ?? Welcome to North Valley! We look forward to getting to know you.

Concessions are the way we make most of our money to give back to North Valley Athletics, Clubs and Knights Pride Projects. We will be asking for help during all home games so watch the schedules, attend the games and help in the concession stands if you can.

In these busy times, email seems to be the fastest and easiest way to communicate. Please make sure we have your email address for updates and "help wanted". Our address is nvboosters@live.com

Thank you for your support!

KNIGHTS PRIDE ~ Ian Kassab, NV Knights Booster Club President



North Valley High School Booster Club Membership Form

2009/2010

Membership is \$25.00 per family

Make checks payable to "NVHS Boosters"

100% of your donation goes directly back into N.V.H.S.



Name _____

Address _____

Phone #'s _____

E-mail _____

The NVHS Booster Club is a non profit organization, consisting of involved parents, students and NVHS staff members who assist the school in many ways, from beautification of the school grounds, running concession stands for sporting events, as well as helping athletic groups, all non funded clubs, extracurricular activities and many other school wide projects.

- ◆ **With your NV Knights Booster Membership you get** ◆
20% off all booster merchandise
50% off entrance fees to all home sporting events

If you would like to help support your child's school
in any way, please fill out this form and return it to
North Valley High School.

I would like to help with:

_____ **Food Concessions @ Football,** _____ **Food Concessions @ Basketball,**

_____ **Banquets,** _____ **Membership drive,** _____ **Apparel Sales,** _____ **Misc. Activities**

Mail or hand deliver to:
North Valley High School Booster Club
6741 Monument Drive
Grants Pass, Or. 97526

Student's Name/s _____

Grade/s _____ **Activities** _____

Grade/s _____ **Activities** _____

**North Valley High School
Three Rivers School District**

6741 Monument Drive
Grants Pass, Oregon 97526



Non-profit Organization
U.S. POSTAGE
PAID
Permit No. 11
Grants Pass, Oregon



Happy Halloween

INFORMATION FOR
KNIGHTLINE NEWS

Please send information
for the newsletter
via e-mail or disk by the 20th of each
month to Stephanie at
stephanie_phillips@threerivers.k12.or.us

Dates to Mark on Your Calendar:

Oct. 2—Progress Reports
Oct. 8—Parent-Teacher Conferences
Oct. 9—No Classes—In-service Day
Oct. 12—Free Design Talent Showcase 6 pm
Oct. 30— 2 hour late start