

# Three Rivers School District



# PLANNED COURSE STATEMENT

Course Title: KINESIOLOGY	Grade Level(s): 10-12		
Length of Course: 1 semester	Credit Area: CTE/Applied Fine Arts		
Prerequisite: Intro to Health Careers	Amount of Credit: .5 Credit		
Adopted/Supplemental Materials: Provided by instructor			
Dual Credit Articulation:			

# **COURSE DESCRIPTION:**

Students will study the mechanics of human movement and how this impacts our health and wellbeing. During classes, students learn how to combine a holistic approach with Anatomy, Biomechanics, and Psychology principles to help increase or repair the physical mobility their body.

### **COURSE GOALS:**

Students will:

- 1. Learn relaxation strategies
- 2. Correcting the alignment and posture of the body
- 3. Learn about mobility with joints and muscles
- 4. How to increase muscle endurance
- 5. How to exercise properly
- 6. Maintain physical and mental health

### **ASSESSMENT STRATEGIES:**

- 1. Students are graded on daily performance in class and daily assignments.
- 2. Projects are graded while in progress and upon completion.
- 3. Test and Quizzes.

# **ACCOMMODATIONS AND MODIFICATIONS:**

Processes, equipment and materials can be substituted for students interested in more thought provoking problems. The student can choose an assignment/problem that best fit their learning style. Modifications and accommodations will be provided as per a student's IEP.

### **CAREER RELATED LEARNING STANDARDS:**

This course is designed to provide real life experiences and skills related to industry standards.

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### Three Rivers School District

# PLANNED COURSE STATEMENT

Course Title:	Emergency Care	Grade Level(s):	10-12		
Length of Course:	Semester	Credit Area:	Elective		
Prerequisite:	Health 1	Amount of Credit:	.5		
Adopted/Supplemental Materials: AHA BLS and Heartsaver 1st Aid and CPR/AED Book					
Dual Credit Articulation: RCC ????					

COURSE DESCRIPTION: Students will learn basic skills needed in the prevention and treatment of common first aid situations. They have the opportunity to become certified through the American Heart Association in first aid, CPR/AED at the adult, child and pediatric levels. There is a fee associated with this course.

# **COURSE GOALS:** This course will cover all aspects of emergency first aid Students will:

- Understand and demonstrate strategies in first aid and CPR.
- Understand and demonstrate safety protocols and procedures when faced with an emergency.
- Understand, recognize and respond to emergency situations.
- Understand and demonstrate how to save an adult, child and infant's life using first aid and CPR skills.
- Understand how to cope and take care of one's self after an emergency situation.

# **ASSESSMENT STRATEGIES:**

- Daily instructor evaluation of participation.
- Student reflection.
- Daily assignments.
- Practical, written and oral exams and projects.

### **ACCOMMODATIONS AND MODIFICATIONS:**

 TAG and IEP students' rate and level of learning can be accommodated through acceleration or modification of curriculum in order to meet the needs of the student.

## **CAREER RELATED LEARNING STANDARDS:**

- Reliability: Regular attendance, participation, and communication.
- Collaboration: Cooperation and teamwork.
- Communication: Verbal and non verbal skills shown via teacher check in.
- Respect: Appropriate interaction with teachers and peers.
- Professionalism: Behavior management and responsibility in punctuality, work ethic and judgment.
- Attitude: Positive and encouraging demeanor even when facing adversity.
- Problem Solving: Organization, planning, and reasoning with self and peers.



### Three Rivers School District

# PLANNED COURSE STATEMENT

Course Title: MEDICAL TERMINOLOGY	Grade Level(s): 10-12		
Length of Course: 1 semester	Credit Area: CTE/Applied Fine Arts		
Prerequisite: Intro to Health Careers	Amount of Credit: .5 Credit		
Adopted/Supplemental Materials: Provided by instructor			
Dual Credit Articulation: AH100			

### **COURSE DESCRIPTION:**

Provides a basic understanding of medical terminology using a word-building approach based on the systems of the human body. Prefixes, suffixes, word roots, combining forms, special endings, plural forms, abbreviations, and symbols are included in the content. Emphasis is placed on spelling, definition and usage.

# **COURSE GOALS:**

Students will:

- 1. Apply suffixes, roots, and prefixes of selected words and abbreviations as they relate to medical terms and healthcare professional
- 2. Identify terms associated with operative, x-ray and laboratory procedures
- 3. Accurately spell medical terms

### **ASSESSMENT STRATEGIES:**

- 1. Students are graded on daily performance in class and daily assignments.
- 2. Projects are graded while in progress and upon completion.
- 3. Test and Quizzes.

# **ACCOMMODATIONS AND MODIFICATIONS:**

Processes, equipment and materials can be substituted for students interested in more thought provoking problems. The student can choose an assignment/problem that best fit their learning style. Modifications and accommodations will be provided as per a student's IEP.

### **CAREER RELATED LEARNING STANDARDS:**

This course is designed to provide real life experiences and skills related to industry standards.



### Three Rivers School District

# PLANNED COURSE STATEMENT

Course Title: Health Careers Internship (Work Experience)	Grade Level(s) 10-12		
Length of Course: Semester	Credit Area: Career Credit (health occupations pathway)		
Prerequisite: Introduction to Health Careers	Amount of Credit: 0.5		
Adopted/Supplemental Materials: curriculum			
Dual Credit Articulation: NA			

**COURSE DESCRIPTION:** Health Careers Internship is a semester long course focused on health occupations and clinical practices. Health Careers Internship teaches about health occupations such as Certified Nursing Assistants, Medical Assistants, Emergency Medical Technicians, Physical Therapists, and more. Students learn about various careers in the healthcare industry as well as the necessary skills needed to proficiently work in these careers. Students not only learn about these skills, but they apply them in real context both in the classroom and in a healthcare setting. The class allows students internship and shadowing opportunities in the healthcare field.

# **COURSE GOALS:**

Students will:

- Recall various health careers
- Describe the role of specific health careers in a clinical setting
- Use basic medical terminology when discussing health careers
- Model proper patient care when taking vital signs
- Assess patient health using vital signs
- Demonstrate proper handwashing technique
- Shadow or intern at healthcare facilities

# **ASSESSMENT STRATEGIES:**

- Lab practicals
- Written tests/quizzes
- Formative assessment in class discussions
- Case studies
- Health occupation summaries

### **ACCOMMODATIONS AND MODIFICATIONS:**

- Scaffolding and chunking of learning materials
- Possible shortened assignments and/or reading sections
- Oral assessment if written tests are not feasible

#### CAREER RELATED LEARNING STANDARDS:

Employability skills rubric