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Instruction

Administrative Procedure - Comprehensive Health Education Program

105 ILCS 5/27-215, added by P.A. 104-391, requires the District to implement a Comprehensive Health Education Program (CHEP). CHEP is "a systematic and extensive educational program designed to provide a variety of learning experiences based upon scientific knowledge of the human organism as it functions within its environment which will favorably influence the knowledge, attitudes, values, and practices of Illinois [students]; and which will aid them~~[students]~~ in making wise personal decisions in matters of health." 105 ILCS 5/27-210, added by P.A. 104-391. For ease of administration, this procedure also includes health-related curriculum topics outside of CHEP that appear in other sections of the School Code.

Unless limited to specific grades, the following major educational areas are the basis for curricula in the District's CHEP in all elementary and secondary schools: [1]

1. Human ecology and health;
2. Human growth and development;
3. In all grades, age- and developmentally appropriate sexual abuse, consistent with *Erin's Law*, abuse during pregnancy, and assault awareness and prevention education~~.~~[2] except no student

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The footnotes should be removed before the material is used.

[1] All topics in this list without citation are from 105 ILCS 5/27-215, added by P.A. 104-391; additional citations are for other portions of the School Code that also cover each topic. To avoid redundancy, Public Acts amending this law are simply listed in the f/ns as: "Amended by P.A. …," without first listing 105 ILCS 5/27-215.

[2] Four School Code provisions~~statutes~~ address a district's responsibility to provide age-appropriate sexual abuse and assault awareness and prevention education programs:

1. ~~See f/n 1 above (age- and developmentally appropriate sexual abuse and assault awareness and prevention education in all grades);~~ 105 ILCS 5/27-215~~(c)~~, added by P.A. 104-391, requires age- and developmentally appropriate sexual abuse and assault awareness and prevention education in all grades, and it addresses distribution by the Ill. State Board of Education (ISBE) and Ill. Dept. of Children and Family Services (DCFS) of information for districts to provide to their communities about this instruction;
2. *Erin's Law*, 105 ILCS 5/10-23.13, permits boards to adopt and implement a policy addressing sexual abuse prevention education for students through grade 5 and their parents/guardians~~and~~ (see sample policy 4:165, *Awareness and Prevention of Child Sexual Abuse and Grooming Behaviors* ~~(permits boards to adopt and implement a policy addressing sexual abuse prevention education for students through grade 5 and their parents/guardians~~);
3. 105 ILCS 5/27-1015(b), renumbered by P.A. 104-391, (requires comprehensive personal health and safety and comprehensive sexual health education a/k/a National Sex Education Standards (NSES) to be: (a) age- and developmentally appropriate, medically accurate, complete, culturally appropriate, inclusive, and trauma informed (b) replicate evidence-based or evidence-informed programs or substantially incorporate elements of evidence-based programs or evidence-informed programs or characteristics of effective programs, (c) provide information about local resources where students can obtain additional information and confidential services related to sexual violence (includes sexual abuse), and (d) provide information about State laws related to mandated reporting of child abuse and neglect, and school policies addressing the prevention of and response to sexual violence); and

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in grades pre-K through 8 shall be required to take or participate in any instruction for recognizing and avoiding sexual abuse if the student's parent/guardian submits a written objection, and refusal to participate in the instruction shall not negatively impact a student's academic standing.[3] Through grade 12, an age-appropriate and evidence-informed curriculum pursuant to *Erin's Law* will provide instruction pursuant to Board policy 4:165, *Awareness and Prevention of Child Sexual Abuse and Grooming Behaviors*.[4] The Superintendent must ensure all parent(s)/guardian(s) of students in any of grades pre-K through 8 receive not less than five days' written notice before commencing the instruction.

4. In all grades, safety education in the courses of study regularly taught with instruction about: [5]
   a. Automobile safety, including traffic regulations, highway safety, and the consequences of alcohol consumption and the operation of a motor vehicle;
   b. Safety in the home, including safe gun storage;
   c. Safety in connection with recreational activities;
   d. Safety in and around school buildings;
   e. Safety in connection with vocational work or training;
   f. For students in grades 9 through 11, CPR subject to the excusal limitations in the first aid item 2~~5~~6, below;~~ and~~
   g. For students in grades 6 through 8, CPR and how to use an AED by watching a training video on those subjects; and.~~[6]~~
   h. For students enrolled in pre-K through grade 6, water safety that incorporates evidence-based water safety instructional materials and resources.

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4. 105 ILCS 5/27-215(e), added by P.A. 104-831, eff. 1-1-27, addresses written objections to *Erin's Law* instruction under 105 ILCS 5/10-23.13 and notice provisions (minimum five days) for students in grades pre-K through 8.~~105 ILCS 5/27-13.2, repealed by P.A. 104-391, formerly required districts to give parents/guardians of students in grades K-8 prior written notice of sexual abuse prevention instruction and the opportunity to opt their children out of such instruction upon written objection. **Note:** It is IASB's understanding that this provision was repealed in error by P.A. 104-391; however, as of the publication of **PRESS** Issue 120 (Oct. 2025), it is unclear if or when this error will be remedied. Consult with the board attorney if the district wants to continue to provide notice and an opportunity for parents/guardians to opt their children out of this instruction.~~

3 105 ILCS 5/27-215(e), added by P.A. 104-831, eff. 1-1-27. Note that the statute states that no student in pre-K through grade 8 will be required to take or participate "in any class or course providing instruction in recognizing and avoiding sexual abuse" if a parent/guardian submits a written objection. As a practical matter, this sample procedure, as well as the **Notice of Sexual Abuse and Assault Awareness Prevention Education** subhead in sample exhibit 6:60-AP1, E1, *Requests to Examine Materials and Statutory Opt-outs*, utilize the term *instruction* to focus the opt-out on the *Erin's Law* instruction and to try to avoid situations where a parent/guardian seeks to have their child excused from an entire health course, for example. Consult the board attorney regarding how to manage any parent/guardian objections seeking to opt their child out of an entire class or course.

Negative impacts on a student's academic standing are not detailed in the statute, but presumably includes failing or giving a student an incomplete for a class, or disciplinary consequences.

4 Required by 105 ILCS 5/27-215(a)(4), added by P.A. 104-391, and *Erin's Law,* 105 ILCS 5/10-23.13.

5 CHEP requires safety education and 105 ILCS 5/27-815, renumbered by P.A. 104-391, requires safety education for grades K-8. 105 ILCS 5/27-1020, amended by P.A. 103-567 and renumbered by P.A. 104-391. Neither CHEP nor 105 ILCS 5/27-815 define safety education or explain how it differs from the optional safety education that boards can offer under 105 ILCS 5/27-1020, renumbered by P.A. 104-391.~~,~~ In the absence of other guidance, this procedure utilizes the topics from 105 ILCS 5/27-1020, but they can be customized based on local needs and conditions, provided they otherwise align with Illinois State Learning Standards.

For resources on water safety instruction, see https://ndpa.org/water-safety-educational-resources.

6 Consult the board attorney about whether the requirements for students in grades 6 through 8 to watch a video pursuant to 105 ILCS 5/27-10207 are subject to the parent/guardian excusal provisions of 105 ILCS 5/27-215(d), added by P.A. 104-391.

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5. In grades K through 8, education must be available to students concerning effective methods of preventing and avoiding traffic injuries related to walking and bicycling. [7]
6. In each year for grades K through 4, age- and developmentally appropriate instruction, study, and discussion of effective methods for the prevention and avoidance of drugs and the dangers of opioid and substance abuse. [8]
7. In all grades, instruction, study, and discussion of effective methods by which students may recognize the danger of abduction and how to avoid it. [9]
8. In grades 5 through 12, age- and developmentally appropriate classroom instruction on alcohol and drug use and abuse, including: [10]
    a. The physical and legal effects and ramifications of drug and substance abuse that integrates into existing curricula;
    b. Information from the Ill. State Board of Education's (ISBE) *Substance Use and Prevention and Recovery Instruction Resource Guide*; and
    c. Either as part of existing curricula during the school day or as part of an after-school program, support services and instruction for students who are or students whose parents/guardians are chemically dependent.
9. In grades 6-12, instruction, study, and discussion on the dangers of fentanyl, which must include the following for grades 9-12: [11]
    a. Information on fentanyl itself including its variations, an explanation of the differences between synthetic and nonsynthetic opioids and illicit drugs, and the differences between the legal and illegal uses of fentanyl.
    b. Side effects and risk factors of using fentanyl, along with information comparing the lethal amounts of fentanyl to other drugs. Information on risk factors may include: (1) the lethal dose of fentanyl, (2) how often fentanyl is placed in drugs without a person's knowledge, (3) an explanation of what fentanyl does to a person's body and the severity of its addictive properties, and (4) how the consumption of fentanyl can lead to hypoxia, as well as an explanation of precisely what hypoxia does to a person's body.
    c. Details about the process of lacing fentanyl in drugs and why drugs get laced with fentanyl.

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[7] The law is silent about how to educate students on this topic. 105 ILCS 5/27-110, renumbered by P.A. 104-391. See sample exhibit 6:60-AP1, E2, *Resources for Biking and Walking Safety Education*, for additional information.

[8] 105 ILCS 5/27-255(a), added by P.A. 104-391. See also f/n 21 in sample policy 6:60, *Curriculum Content*. Each board determines locally the minimum amount of instruction time that qualifies as a program of instruction and satisfies this requirement. ISBE may make available instructional materials and guidelines for the development of this program of instruction. Id.

[9] Required by 105 ILCS 5/27-105, added by P.A. 104-391.

[10] 105 ILCS 5/27-255(b), added by P.A. 104-391. Letters b. and c. are optional. Ensure the district aligns letter c. with the board's policy 6:180, *Extended Instructional Programs* (and see its f/n 11). ISBE's *Substance Use Prevention and Recovery Instruction Resource Guide* is available at: www.isbe.net/Pages/Substance-Use-Prevention-and-Recovery-Instruction-Resource-Guide.aspx. See f/n 1~~0~~, below, for information regarding instruction on the dangers of fentanyl.

[11] 105 ILCS 5/27-255(c), added by P.A. 104-391. The law mandates the specific content of instruction for grades 9-12, but it does not mandate the content for grades 6-8. Instruction on the dangers of fentanyl must be age- and developmentally appropriate and may include information from the *Substance Use and Recovery Instruction Guide* (see f/n 10~~1~~2, above). The instructions must be delivered by a licensed educator, school nurse, school social worker, law enforcement officer, or school counselor. Id. The law also requires students in grades 9-12 to be assessed on fentanyl instruction. The assessment may include: (1) the differences between synthetic and nonsynthetic drugs; (2) hypoxia; (3) the effects of fentanyl on a person's body; (4) the lethal dose of fentanyl; and (5) how to detect and prevent overdoses. Id.

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d. Details about how to detect fentanyl in drugs and how to save someone from an overdose of fentanyl, including: (1) how to buy and use fentanyl strips, (2) how to buy and use naloxone, either through a nasal spray or an injection, and (3) how to detect if someone is overdosing on fentanyl.

10. In grades 6-12, parenting education that includes instruction in the following: [12]
    a. Child growth and development, including prenatal development.
    b. Childbirth and child care.
    c. Family structure, function, and management.
    d. Prenatal and postnatal care for mothers and infants.
    e. Prevention of child abuse.
    f. The physical, mental, emotional, social, economic, and psychological aspects of interpersonal and family relationships.
    g. Parenting skill development.
11. Family life,[13] specifically its emotional, psychological, physiological, hygienic and social responsibilities, and including evidence-based and medically accurate information regarding

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[12] Optional, but if offered by a district, the course requirements are mandated by 105 ILCS 5/27-1040, amended and renumbered by P.A. 104-391. Upon request, ISBE must assist each district that offers an evidence-based parenting education model to develop instructional materials, train teachers, and establish appropriate time allotments for each of the areas included in such instruction. Id. at (a). Districts may give regular school credit for satisfactory completion of these courses by the student.

School districts may offer parenting education courses during that period of the day which is not part of the regular school day, and residents of the school district may enroll in the courses. Boards may establish fees and collect such charges that are necessary for attendance at these courses in an amount not to exceed the per capita cost of the course's operation, but they may waive all or part of established fees in situations of indigence and/or that a student's educational needs require enrollment.

~~Last, subject to appropriations and ending after school year 25-26, ISBE was to implement and administer a seven-year pilot program supporting the health and wellness student learning requirement with a unit of instruction on parenting education in participating school districts that maintain grades 9 through 12, to be determined by the participating school districts. Id. at (b). The pilot was encouraged to include, but was not limited to, instruction on (i) family structure, function, and management, (ii) the prevention of child abuse, (iii) the physical, mental, emotional, social, economic, and psychological aspects of interpersonal and family relationships, and (iv) parenting education competency development that is aligned to the social and emotional learning standards of the student's grade level. Instruction for this pilot may be included with the requirements of CHEP. ISBE was authorized to make grants to school districts that apply to participate in the pilot, and provide by administrative rule the application and criteria to be used and applied in selecting participating urban, suburban, and rural school districts. See www.isbe.net/Documents/ParentABLE_Flyer_2023.pdf.~~

[13] Read f/n 1~~43~~ in conjunction with this footnote.

While P.A. 102-522 repealed 105 ILCS 5/27-9.2 (family life instruction optional), CHEP still requires this family life and the prevention, transmission and spread of AIDS instruction, and these topics are subject to a parent/guardian's written objection. See sample exhibit 6:60-AP1, E1, *Requests to Examine Materials and Statutory Opt-outs*. CHEP does not indicate that these topics are optional for districts. Consult the board attorney about whether these CHEP topics are optional.

In addition, the now-repealed family life instruction law required the State Superintendent of Education (State Superintendent) to: (a) prepare and make available to local school districts courses of instruction designed to satisfy family life instructional requirements; and (b) develop a procedure to evaluate and measure the effectiveness of family life instruction in each local school district that includes setting reasonable goals for reduced sexual activity, sexually transmitted diseases, and premarital pregnancy. Copies of that procedure were required to be distributed to each district.

ISBE guidance issued after P.A. 102-522 went into effect does not address how districts should proceed with family life instruction under CHEP and whether their curriculums that were combined with the now-repealed family life sex education law may continue to be used. Consult the board attorney for advice on these issues.

For districts that will offer neither family life nor NSES, consult the board attorney before deleting the family life curriculum number 12 because CHEP does not indicate that curriculum is optional.

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sexual abstinence; and in grades 6 through 12, instruction on the prevention, transmission, and spread of AIDS; except if a student's parent/guardian submits written objection to taking or participating in family life course or AIDS prevention instruction, and refusal to take or participate in the family life course or AIDS prevention instruction shall not be reason for suspension or expulsion of the student. See exhibit 6:60-AP1, E1, *Requests to Examine Materials and Statutory Opt-outs*.

12. Comprehensive personal health and safety and comprehensive sexual health education (NSES)[14]; except no student shall be required to take or participate in any ~~NSES class or~~ course, and a student's parent/guardian may opt the student out ~~of NSES~~ by submitting the request in writing or using exhibit 6:60-AP1, E1, *Requests to Examine Materials and Statutory Opt-outs*. Refusal to take or participate in an ~~NSES~~ course or program may not be a reason for disciplinary action, academic penalty, suspension, or expulsion or any other sanction of a student.[15] Active parental consent for their child to participate in ~~NSES~~ is not required.[16] See administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program ~~(National Sex Education Standards (NSES))~~*.
13. Course materials and instruction to advise students about the Abandoned Newborn Infant Protection Act, 325 ILCS 2/; [17]
14. The prevention and control of disease;
15. In grades 7 through 12, teen dating violence awareness; [18]
16. In grades 7 through 12, instruction about the prevention of abuse of anabolic steroids in science, health, drug abuse, physical education, or other appropriate courses of study. Instruction shall emphasize that the use of anabolic steroids presents a serious health hazard to persons who use

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For districts that will not offer family life assuming that the National Sex Education Standards (NSES) will/would cover these topics, consult the board attorney before replacing the family life curriculum number 11 with: "Family life instruction is replaced by administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES))*."

For districts that will offer both family life and NSES, insert after the last sentence: "See also number 12, below, and administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES))*."

14 Optional. See 105 ILCS 5/27-1015(i)(1), renumbered by P.A, 104-391.

If NSES is offered by a district, 105 ILCS 5/27-1015, renumbered by P.A. 104-391, mandates the course content and instruction. ISBE learning standards, which adopt the NSES, and other resources are available at: www.isbe.net/sexualhealth. If boards offered sex education, the law provides zero guidance related to whether boards may use the now-repealed family life and sex education curriculums in future school years. See also para. 3, f/n 124, above.

For districts that will not provide NSES, delete this number 12 and ensure the district does not implement administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES))*.

For districts that will implement NSES, ensure that the district implements administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES))*.

15 Id. at (d), renumbered by P.A. 104-391.

16 Id.

17 The law does not specify which grades must receive this information.

18 See also sample policy 7:185, *Teen Dating Violence Prohibited*. For resources, see https://vetoviolence.cdc.gov/apps/heart/ and www.centerforpreventionofabuse.org/lets-start-the-conversation/prevention-education/#prevented--relationship-abuse~~A toolkit about teenage dating abuse is available online. It is titled Preventing, Assessing, and Intervening in Teenage Dating Abuse: A Training for Specialized Instructional Support Personnel. Materials include a PowerPoint and handouts. See www.safesupportivelearning.ed.gov/get-smart-get-help-get-safe-teenage-dating-abuse-training-specialized-instructional-support~~.

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steroids to enhance athletic performance or physical development. In addition, coaches and sponsors of interscholastic athletic programs shall provide instruction on steroid abuse prevention to students participating in these programs. [19]

17. In grade 9 or 10, one unit of instruction in either grade about donations and transplants of organs/tissue and blood, except if a student's parent/guardian files written objection on constitutional grounds, but refusal to take or participate in the instruction shall not be reason for suspension or expulsion of a student or result in any academic penalty. [20]
18. Public and environmental health;
19. Safety education and disaster preparedness;
20. Mental health and illness[21] that evaluates the multiple dimensions of health by reviewing the relationship between physical and mental health to enhance student understanding, attitudes, and behaviors that promote health, well-being, and human dignity and must include how and where to find mental health resources and specialized treatment in the State. [22] In grades 6 through 12, age-appropriate, evidence-based suicide prevention curricula will be included to raise students' mental health awareness, to the extent opportunities for integration of such instruction exist. [23]
21. Personal health habits;
22. Nutrition;
23. Dental health;
24. Cancer, including, without limitation, types of cancer, signs and symptoms, risk factors, the importance of early prevention and detection, and information on where to go for help;
25. Basic first aid including, but not limited to: [24]
    a. In grades 9-12, Cardiopulmonary resuscitation (CPR) and the Heimlich maneuver, including training on how to properly administer CPR in accordance with standards of the American Red Cross, the American Heart Association, or another nationally recognized certifying organization, except if a student's parent/guardian submits written objection, but refusal to participate in the training shall not be a reason for suspension or expulsion of the student. Beginning with the 2029-2030 school year, CPR training shall include use of both breasted and non-breasted manikins; and

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[19] Required by 105 ILCS 5/27-255, added by P.A. 104-391. ISBE may assist in the development of instructional materials and teacher training in relation to steroid abuse prevention. For ease of administration, this procedure puts the duty on coaches and sponsors of interscholastic athletic programs; if the district uses individuals other than those listed insert that fact.

[20] Optional according to 105 ILCS 5/27-1045, renumbered by P.A. 104-391. The law requires the regional superintendent of schools (or intermediate service center executive director) to obtain and distribute information and data, including instructional materials provided at no cost by America's Blood Centers, the American Red Cross, and Gift of Hope to schools in their regions for use in developing a unit of instruction to comply with this law. It also allows each board to determine the minimum amount of instructional time that qualifies as a unit of instruction to satisfy this law.

[21] Mental health and illness instruction must evaluate the multiple dimensions of health by reviewing the relationship between physical and mental health.

[22] For ease of administration, this topic combines two major education topics listed in 105 ILCS 5/27-215, added by P.A. 104-391.

[23] 105 ILCS 5/27-215(a), amended by P.A. 104-808, eff. 1-1-27, authorizes, but does not require, ISBE to make available on its website resources for student instruction in the topics of mental health and illness.

[24] Basic first aid instruction is optional under 105 ILCS 5/27-215(b), added by P.A. 104-391, but CPR and AED training are required in high school under 105 ILCS 5/27-250, added by P.A. 104-391 and amended by P.A. 104-678, eff. 1-1-27, subject to parent/guardian written objection.

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b. In grades 9-12, how to use an automated external defibrillator (AED) shall be included, except if a student's parent/guardian submits written objection, but refusal to participate in the training shall not be a reason for suspension or expulsion of the student.

26. In grades 9 through 12, instruction, study, and discussion on the dangers of allergies, including recognizing the signs and symptoms of an allergic reaction, the steps to take to prevent exposure to allergens, and safe emergency epinephrine administration. [25]
27. Heart disease; [26]
28. Diabetes; [27]
29. Stroke; [28]
30. The prevention of child abuse and neglect; [29]
31. Suicide prevention pursuant to Board policy 7:290, *Suicide and Depression Awareness and Prevention*; and
32. Consent education, which must be age- and developmentally appropriate and which shall require only instruction aligning with the definition of *consent* in 105 ILCS 5/27-215(a).

Parent/Guardian Opt-outs [30]

Refusal to take or participate in any course or program that allows parents/guardians to opt their children out shall not be reason for disciplinary action or academic penalty to the student. The District will provide exhibit 6:60-AP1, E1, *Requests to Examine Materials and Statutory Opt-outs* to parents/guardians wishing to opt out of content in CHEP.

LEGAL REF.: 105 ILCS 5/27-205 through 5/27-230, Critical Health Problems and Comprehensive Health Education Act.

ADMIN PROC.: 6:60-AP2 (Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES)), 6:60-AP3 (Developmentally Appropriate Consent Education)

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[25] 105 ILCS 5/27-245, added by P.A. 104-391. Information for the instruction, study, and discussion on the dangers of allergies must be based on information provided by the Ill. Dept. of Public Health and the federal Centers for Disease Control and Prevention. For resources, see https://dph.illinois.gov/topics-services/prevention-wellness/epinephrine-autoinjector-and-anaphylaxis.html and www.cdc.gov/school-health-conditions/healthyschools/foodallergies/index.htm.

[26] Optional. 105 ILCS 5/27-215(b), added by P.A. 104-391. But see Item #14 in the list.

[27] Optional. Id.

[28] Optional. Id.

[29] Optional. Id. But see f/n 2, above.

[30] Required by 105 ILCS ~~5/10-23.13;~~ 5/27-215(d), added by P.A. 104-391; 5/27-1015(d), renumbered by P.A. 104-391.

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Instruction

Exhibit - Requests to Examine Materials and Statutory Opt-outs [1]

Date _____

Class and Time _____

Teacher _____

Request to Examine 105 ILCS 5/27-215 (*Family Life*) and/or 105 ILCS 5/27-1015 (*National Sex Ed Standards (NSES)*) Materials [2]

A sample of the District's instructional materials and course outline for family life instructional materials is~~are~~ available from the classroom teacher for your inspection. If you are requesting to examine this material, please check the box below and return it to your child's classroom teacher within five calendar days.

The scope and sequence of instructional materials for NSES is posted on the District's ~~Internet~~ website, along with the name and contact information, including an email address, of staff members who can respond to your inquiries.[3] You may request to see NSES instructional materials in person by checking the box below.

☐ I request to examine the instructional materials and course outline for Family Life classes.
☐ I request to examine, in person, the instructional materials to be used for NSES.

Notice of Sexual Abuse and Assault Awareness and Prevention Education [4]

In grades pre-K through 12, State law requires the District to provide age-appropriate sexual abuse and assault awareness and prevention education (105 ILCS 5/27-215(a)(4)), except that no student in grades pre-K through 8 shall be required to take or participate in any instruction for recognizing and avoiding

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[1] Except for the content included in the **Notice of Sexual Abuse and Assault Awareness and Prevention Education** subhead, sSchools are not required to notify parents/guardians of their rights as explained in this form. Modify this form to match the district's curriculum. Students may not be required to take or participate in classes or courses listed under the subhead below, **Opt-outs**. For the district to maintain trust with its community, it is a best practice to keep and modify this exhibit.

~~105 ILCS 5/27-13.2, repealed by P.A. 104-391, formerly required districts to give parents/guardians of students in grades K-8 prior written notice of sexual abuse prevention instruction and the opportunity to opt their children out of such instruction upon written objection. **Note:** It is IASB's understanding that this provision was repealed in error by P.A. 104-391; however, as of the publication of **PRESS** Issue 120 (Oct. 2025), it is unclear if or when this error will be remedied. Consult with the board attorney if the district wants to continue to provide notice and an opportunity for parents/guardians to opt their children out of this instruction.~~

[2] Schools are required to afford individuals, including parents/guardians, an opportunity to examine the instructional materials but are not required to provide a means for parents/guardians to request to examine the instructional material. This subhead may be deleted.

[3] 105 ILCS 5/27-1015(e), renumbered by P.A. 104-391. Delete this sentence if the district does not have an Internet website. See also f/n 4 of sample administrative procedure 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES))*.

[4] Required by 105 ILCS 5/27-215(e), for elementary and unit districts that educate students in grades pre-K through 8. For high school districts, delete this subhead.

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sexual abuse if the student's parent/guardian submits a written objection. Refusal to take or participate in this instruction will not negatively impact the student's academic standing.

This is your minimum five-day notice that this instruction will begin for your child, unless you indicate below that you are opting your child out of it.

Parent/Guardian Opt-outs [5]

No student is required to take or participate in the following ~~classes or courses~~instruction, and no penalty exists for refusing to take or participate in such instruction ~~a course or program~~.

If you do not want your child to participate in ~~these classes or courses~~the instruction listed below, please complete the following request and return it to your child's classroom teacher within five school days.

I request ~~that the District~~ to opt out my child ~~for class~~from instruction on ~~attendance about~~:

(Check the box(es) that apply to your opt-out)

- ☐ Recognizing and avoiding sexual abuse, for my child who is in pre-K through grade 8 (105 ILCS 5/27-215(e) and 105 ILCS 5/10-23.13 (*Erin's Law*)).
- ☐ Sexual abuse education under 105 ILCS 5/27-1015(b)(6), (8), (9), and (12) (NSES includes sexual abuse education under the term sexual violence)
- ☐ Family life (emotional, psychological, physiological, hygienic and social responsibilities, including evidence-based and medically accurate information regarding sexual abstinence) (105 ILCS 5/27-215(a)(2))
- ☐ AIDS, including in grades 6 through 12, its prevention, transmission and spread (105 ILCS 5/27-215(a)(3))
- ☐ NSES (See 6:60-AP2, *Comprehensive Personal Health and Safety and Sexual Health Education Program (National Sex Education Standards (NSES)*) (105 ILCS 5/27-1015)
- ☐ Donations and transplants of organs/tissue and blood organ/tissue transplantation, in grades 9 and/or 10 (105 ILCS 5/27-1045)
- ☐ CPR, including training on how to properly administer CPR in accordance with standards of the American Red Cross, the American Heart Association, or another nationally recognized certifying organization (105 ILCS 5/27-215(d) and 5/27-250)
- ☐ How to use an AED (105 ILCS 5/27-215(d) and 5/27-250)

_____

Student (please print)

_____

Parent/Guardian (please print)

_____ _____

Parent/Guardian Signature Date

_____

The footnotes should be removed before the material is used.

[5] Schools are not required to provide a means for parents/guardians to request excusal and opt-out; this subhead and the following check boxes may be omitted. If kept, ensure that the check boxes match the curriculums offered in the district.

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