Policy 4105
Amended
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November 11, 2026

POLICY 4105

Sex Education

A. The following definitions apply in this policy:

1. “Curriculum materials review committee (committee)" means a committee formed at the District or school level, as determined by the Board of Education, that includes parents, health professionals, school health educators, and administrators, with at least as many parents as school employees. The membership of the committee shall be appointed and reviewed annually by August 1 of each year by the Board, shall meet on a regular basis as determined by the membership, shall select its own officers and shall be subject to the Utah Open and Public Meetings Act.

2. Sex education instruction or instructional programs” means any course material, unit, class, lesson, activity or presentation that, as the focus of the discussion, provides instruction or information to students about sexual abstinence, human ~~sexuality~~ development, including puberty and maturation~~,~~; human reproductive~~on~~ processes, including conception, fetal development, pregnancy, and birth~~,~~; human reproductive anatomy~~,~~ and physiology~~,~~; healthy dating practices, marriage, and parenthood, in accordance with the success sequence; adoption; information about contraceptive methods or devices ~~pregnancy, marriage, childbirth, parenthood, contraception,~~; chronic infectious, and acute diseases of the reproductive system, including ~~HIV/AIDS or other~~ sexually transmitted infections and diseases~~,~~; or refusal skills. It does not include child sexual abuse prevention instruction or instruction in refusal skills or situational awareness. While sex education instruction typically occurs ~~these topics are most likely discussed~~ in such courses as health education, health occupations, human biology, physiology, parenting, adult roles, psychology, sociology, child development, and biology, th~~ise rule~~ requirements for sex education instruction apply~~ies~~ to any course or class in which these topics are the focus of discussion.

   a. “Refusal skills” means instruction

      1) in a student’s ability to clearly and expressly refuse sexual advances (by a minor or by an adult),

      2) in a student’s obligation to stop the student’s sexual advances if refused by another individual,

3) informing a student of the student's right to report and seek counseling for unwanted sexual advances, and

~~4) in sexual harassment, and~~

5) informing a student that a student may not consent to criminally prohibited activities or activities for which the student is legally prohibited from giving consent, including the electronic transmission of sexually explicit images by an individual of the individual or another.

b. "Maturation education" means instruction and materials used to provide fifth grade students with age appropriate, medically accurate information regarding the physical and emotional changes associated with puberty, to assist in protecting students from abuse and to promote hygiene and good health practices.

c. "Medically accurate" means verified or supported by a body of research conducted in compliance with scientific methods and published in journals that have received peer review and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field.

d. "Situational awareness" means instruction in a student's ability to

1) observe the student's environment, including increasing awareness and noticing details and changes in the environment and

2) respond in unsafe situations, including how to seek help.

e. "Success sequence" means a three-prong framework for youth and young adults that encourages

1) completing at least a high school education and pursuing further educational opportunities,

2) obtaining full-time employment, and

3) having children within a healthy and stable family and marriage.

Utah Admin. Rules R277-474-2 (July 8, 2025)
Utah Code § 53G-10-402(1) (2026)
Utah Code § 53G-10-403(1)(a) (2026)

B. Sex Education Instruction Requirement

1. Subject to parental permission, a student shall receive sex education instruction on at least two occasions during the period that begins with the beginning of grade ~~8~~7 and ends with the end of grade 12.

   Utah Code § 53G-10-402(3)(a) (2026)

C. Parental Notification and Permission Form Required for Participation

1. Students may not participate in any sex education instruction or instructional program unless, before the student's participation, the school has on file for that student a completed parental notification form relating to that specific instruction or program which indicates that the student's parent authorizes the student to participate. The form shall

   a. explain a parent's right to review proposed curriculum materials in a timely manner.

   b. request the parent's permission to instruct the parent's student in identified course material related to sex education or maturation education,

   c. allow the parent to exempt the parent's student from attendance from a class period where the identified sex education or maturation instruction is presented and discussed,

   d. be specific enough to give parents fair notice of topics to be covered, and

   e. include a brief explanation of the topics and materials to be presented and provide a time, place and contact person for review of the identified curricular materials.

   f. Completed permission forms shall be maintained in the student's education records for a reasonable period.

   Utah Code § 53G-10-402(4)(a) (2026)
   Utah Code § 53G-10-403 (2026)
   Utah Admin. Rules R277-474-2(8) (July 8, 2025)
   Utah Admin. Rules R277-474-5(9) (July 8, 2025)

2. A student may refrain from participation in sex education or maturation education based on religious belief or right of conscience consistent with Policy 4066 Curriculum: Religious Neutrality.

   Utah Admin. Rules R277-474-5(11) (November 7, 2023)
   Utah Code § 53G-10-205 (2023)

D. Health and Sex Education Guidelines

1. All health and sex education shall stress the importance of abstinence from all sexual activity before marriage and fidelity after marriage as methods for maintaining mental, physical, and social health, including reducing stress; eliminating risks associates with sexual activity, including preventing pregnancy and certain communicable diseases; and achieving the success sequence ~~of preventing sexually transmitted diseases~~. The curriculum and education shall also stress personal skills that encourage abstinence, the return to abstinence, and fidelity ~~individual choice of abstinence and fidelity in marriage~~.

2. At no time may instruction be provided, including responses to spontaneous questions raised by students, regarding any means or methods that facilitate or encourage the violation of any state or federal criminal law by a minor or an adult.

3. An educator may correct inaccurate or misleading information or answer questions raised by students consistent with the instructional materials approved under this policy. Educators may also direct students to parents in these circumstances.

   Utah Code § 53G-10-402(2)(b) (2026)
   Utah Admin. Rules R277-474-3(1)(d) (July 8, 2025)
   Utah Admin. Rules R277-474-7(4) (July 8, 2025)

   a. The following may not be taught in District schools:

      1) The intricacies of ~~intercourse,~~ sexual stimulation, or erotic behavior;

      2) The advocacy of premarital or extramarital sexual activity; or

      3) The advocacy or encouragement of the use of contraceptives methods or devices.

         Utah Admin. Rules R277-474-3(1) (July 8, 2025)
         Utah Code § 53G-10-402(2)(b)(iii) (2026)

4) The District may, under curriculum adopted in accordance with this policy, provide instruction, not including abortion or any abortive methods, which includes information about contraceptive methods or devices and which stresses effectiveness, limitations, risks, and information on state law applicable to minors obtaining contraceptive methods or devices.

Utah Code § 53G-10-402(2)(b)(iv) (2026)
Utah Admin. Rules R277-474-3(2) (July 8, 2025)

E. Sexual Abuse Prevention and Awareness

1. Schools in the District may provide instruction to elementary school students on child sexual abuse and human trafficking prevention and awareness using the instructional materials approved by the State Board of Education for that purpose. However, before an individual student may receive this instruction, the student's parent must be notified in advance of the instruction and the content of the instruction and of the parent's right to have the student excused from the instruction, given an opportunity to review the instruction materials, and be allowed to be present when the instruction is delivered. A parental permission form (as outlined above) must be received for each student before that student receives the instruction. Upon the written request of a parent, a student shall be excused from the instruction.

Utah Code § 53G-9-207(4), (5) (2026)

F. Instructional Staff Training and In-service

1. District staff who have responsibility for some aspect of sex education instruction in the District may include administrators, teachers, counselors, teacher's assistants, or coaches, but are not necessarily limited to those categories.

2. In their first year of service or assignment, all newly hired or newly assigned District staff who have responsibility for any aspect of sex education instruction in the District will attend a State-sponsored in-service outlining the sex education curriculum and the criteria for sex education instruction in any courses offered in the public education system.

3. All District staff who have any responsibility for any aspect of sex education instruction in the District will attend District training outlining the sex education curriculum and the criteria for sex education instruction in any courses offered in the public education system at least once every three years.

Utah Admin. Rules R277-474-3(5) (July 8, 2025)
Utah Admin. Rules R277-474-5(1), (2) (July 8, 2025)

G. Sex Education Curriculum Materials Review Committee

1. The Board of Education shall approve a District Sex Education Curriculum Materials Review Committee. This committee shall be composed of parents, health professionals, school health educators, and administrators, with at least as many parent members as school employee members. The Board shall approve the membership of the committee by August 1 of each year.

2. The District Sex Education Curriculum Materials Review Committee shall meet on a regular basis as determined by the members of the committee, shall select officers, shall establish procedures for operation, shall designate a chair, and shall comply with the Utah Open and Public Meetings Act.

Utah Admin. Rules R277-474-2(1) (July 8, 2025)
Utah Admin. Rules R277-474-5(3), (4), (5) (July 8, 2025)

H. Review of Guest Presentations Relating to Sex Education

1. Before any guest speaker or guest presenter may present any information in any District course relating to sex education instruction, the speaker and presenter and the materials to be presented must have been approved by the District Sex Education Curriculum Materials Review Committee.

2. The committee shall not authorize the use of any sex education instructional program which has not been previously approved for use in the District as set forth below regarding curriculum approval.

Utah Admin. Rules R277-474-5(5)(c), (6) (July 8, 2025)

I. Adoption of District Sex Education Instructional Materials

1. The Board of Education shall approve the sex education instructional materials which will be used in the District. The Board shall request that the District Sex Education Curriculum Materials Review Committee provide recommendations regarding the sex education instructional materials to be used in the District. Such recommended materials must be medically accurate and must be consistent with the Health and Sex Education Guidelines set forth above. Following recommendations from the Review Committee, the Board shall consider whether to adopt recommended materials at a public meeting which includes a public hearing on the

issue. The proposed materials shall have been made available for review by residents of the District a reasonable time in advance of the meeting. Prior notice of the meeting shall be given to parents of students who attend District schools and parents shall be given an opportunity to express their views on the materials at the meeting. If a majority of the Board members present vote to adopt the recommended materials, then the materials may be used in the District. Following adoption of the materials, a resident of the District may appeal regarding the content of the materials by submitting a written appeal to the Board which specifically explains the resident's objections or concerns regarding the materials. The Board shall refer the appeal to the District Sex Education Curriculum Materials Review Committee for recommendations regarding the response to the appeal. The Board shall review the Committee's recommendations and then determine what action, if any, is appropriate.

2. Following adoption of sex education instruction materials which have not previously been approved by the State Instructional Materials Commission, the Board shall report such adoption to the State Board of Education. That report shall provide a copy of the materials, documentation of the adoption of the materials at the Board meeting, documentation that the materials are medically accurate, documentation of the committee recommendations, and the Board's rationale for adopting the materials.

3. The Board of Education shall annually review the decision to adopt the sex education instructional materials used in the District, and shall consider whether to continue use of those materials. The Board's review shall include data for each county that the District is located in regarding teen pregnancy, child sexual abuse, and sexually transmitted diseases and infections, and also shall include data on the number of pornography complaints or other instances reported within the District.

Utah Code § 53G-10-402(2)(e)(ii), (h), (8) (2026)
Utah Admin. Rules R277-474-6 (July 8, 2025)

J. Monitoring of Sex Education Instruction

1. Each school in the District shall log and track all parental or community complaints and comments resulting from student participation in sex education instruction in the school, including disposition of any complaints made. This information shall be provided to District administration monthly during the school year.

2. District administration shall compile and maintain records of parental or community complaints and comments resulting from student participation in sex education

instruction in the District, including disposition of complaints, and shall provide that information to the State Superintendent upon request.

Utah Admin. Rules R277-474-5(10) (July 8, 2025)
Utah Admin. Rules R277-474-7(3) (July 8, 2025)