# November 2026 Newsletter

Emily Massey • 7 minutes ago • Tuesday, Nov 3 at 7:51 AM • **Neah-Kah-Nie Middle School**

This post can be viewed by users outside of ParentSquare




# From the Principal

# Dear Parents and Guardians,

As we wrap up the first quarter, we look forward to connecting with you to celebrate your student's progress and discuss goals for the year. Thank you for partnering with us to support your student's learning and success!

**Student Led Conferences — November 4 and 5**

Student Led Conferences will be held:

- **Wednesday, November 4: 4:00–8:00 p.m.**
- **Thursday, November 5: 8:00 a.m.–8:00 p.m.**

Our goal is to connect with **every family** during conferences. If you have not already signed up for a time, please contact the school office so we can help you schedule.

These conferences provide an important opportunity for students, families, and teachers to review first-quarter grades, discuss student goals for the year, and look at assessment data and other information about your student's learning. Teachers will also explain our new **Standards Based Report Card**, including how it communicates your student's progress toward grade-level learning standards.

We encourage you to come ready to celebrate growth, ask questions, and share what you are noticing at home. Your perspective is an important part of helping us support your student.

**No School — November 5 and 6**

Please remember that there will be **no school for students on Thursday, November 5, and Friday, November 6**. Conferences will take place on Thursday during the hours listed above.

**Attendance Matters**

Being at school every day and arriving on time helps students stay connected to their learning, their teachers, and their classmates. Even occasional absences can add up, making it harder to keep up with lessons, participate in discussions, and feel confident in class.

Families can support regular attendance by maintaining consistent bedtime and morning routines, scheduling appointments outside school hours when possible, and planning

vacations around school breaks. When your student needs to miss school, please contact the office to report the absence.

If getting to school has become challenging, please reach out. We want to work with you to understand any barriers and develop a plan that helps your student attend consistently and feel successful.

Thank you for your continued support of our school community. We look forward to seeing you at Student Led Conferences!

Sincerely,

Lori Dilbeck
Principal, Neah-Kah-Nie Middle School

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# Important Dates to Remember

- November 2: Picture Retake Day
- November 2: End of Semester 1 Progress Period 1
- November 4: PBIS Assembly
- November 4: Student-Led Conferences 4:00 - 8:00 p.m.
- November 5: Student-Led Conferences 8:00 a.m. - 8:00 p.m. **- No School**
- November 5: **No School**
- November 11: Veterans Day - **No School**
- November 13: 8th Grade Field Trip to Sky Zone
- November 25-27: Thanksgiving Break

*Important Dates to Come:*

- December 9:  Opera To Go
- December 21 - Jan 4: Winter Break
- January 4 - PD Day - **No School**
- January 18:  MLK Jr. Day - **No School**
- January 22:  Grade Day - **No School**
- Feb 1: PD Day - **No School**

## NKN District Calendar

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# Student-Led Conferences

## Sign up on ParentSquare




- **Wednesday, November 4th 4:00 p.m. - 8:00 p.m.**
- **Thursday, November 5th 8:00 a.m. - 8:00 p.m.**

Student-Led conferences will be scheduled directly with your students' advisory teacher through ParentSquare. Be sure to look for the sign-up post from your student's advisory teacher.

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# Lost & Found

## Last Day: Nov 6




Please check the lost and found after your student's conference!

**ALL REMAINING LOST AND FOUND ITEMS WILL BE DONATED ON FRIDAY, NOVEMBER 6TH!**

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# From The District

# Response Protocol

Dear Families,

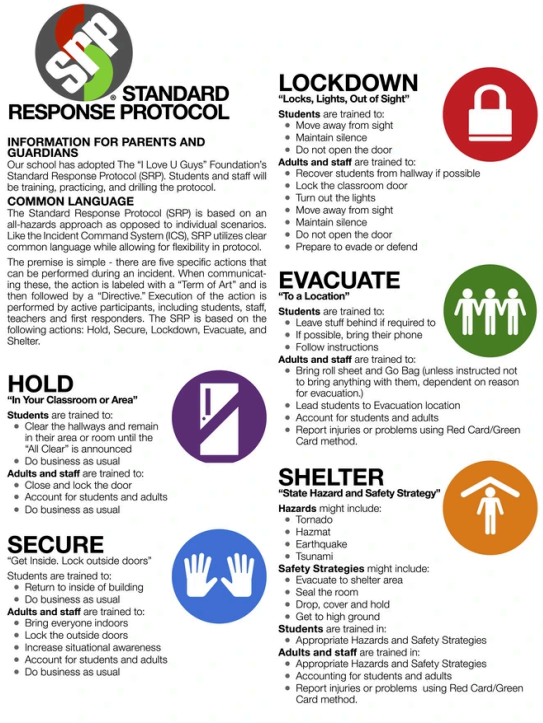
We are committed to maintaining a safe and secure environment for our students and staff, which includes continuously evaluating and improving our emergency procedures.

Previously, our emergency safety protocol relied on terms like "lock in," "lock out," in addition to "lockdown." Because these terms sound so similar, they could cause confusion during critical communications. To ensure clarity during an incident, our team met this week to update our terminology.

Over the coming weeks, we will be retraining our staff and students on this newer, simplified safety language. We have also attached a guide explaining the updated terms and what responses you can expect from students and staff in different situations.

Thank you for your continued partnership in keeping our school community safe.

Dr. Tyler Reed
Superintendent



STANDARD RESPONSE PROTOCOL

**INFORMATION FOR PARENTS AND GUARDIANS**

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol.

**COMMON LANGUAGE**

The Standard Response Protocol (SRP) is based on an all-hazards approach as opposed to individual scenarios. Like the Incident Command System (ICS), SRP utilizes clear common language while allowing for flexibility in protocol.

The premise is simple - there are five specific actions that can be performed during an incident. When communicating these, the action is labeled with a "Term of Art" and is then followed by a "Directive." Execution of the action is performed by active participants, including students, staff, teachers and first responders. The SRP is based on the following actions: Hold, Secure, Lockdown, Evacuate, and Shelter.

**HOLD**

**"In Your Classroom or Area"**

**Students** are trained to:
- Clear the hallways and remain in their area or room until the "All Clear" is announced
- Do business as usual

**Adults and staff** are trained to:
- Close and lock the door
- Account for students and adults
- Do business as usual

**SECURE**

"Get Inside. Lock outside doors"

Students are trained to:
- Return to inside of building
- Do business as usual

**Adults and staff** are trained to:
- Bring everyone indoors
- Lock the outside doors
- Increase situational awareness
- Account for students and adults
- Do business as usual

**LOCKDOWN**

**"Locks, Lights, Out of Sight"**

**Students** are trained to:
- Move away from sight
- Maintain silence
- Do not open the door

**Adults and staff** are trained to:
- Recover students from hallway if possible
- Lock the classroom door
- Turn out the lights
- Move away from sight
- Maintain silence
- Do not open the door
- Prepare to evade or defend

**EVACUATE**

**"To a Location"**

**Students** are trained to:
- Leave stuff behind if required to
- If possible, bring their phone
- Follow instructions

**Adults and staff** are trained to:
- Bring roll sheet and Go Bag (unless instructed not to bring anything with them, dependent on reason for evacuation.)
- Lead students to Evacuation location
- Account for students and adults
- Report injuries or problems using Red Card/Green Card method.

**SHELTER**

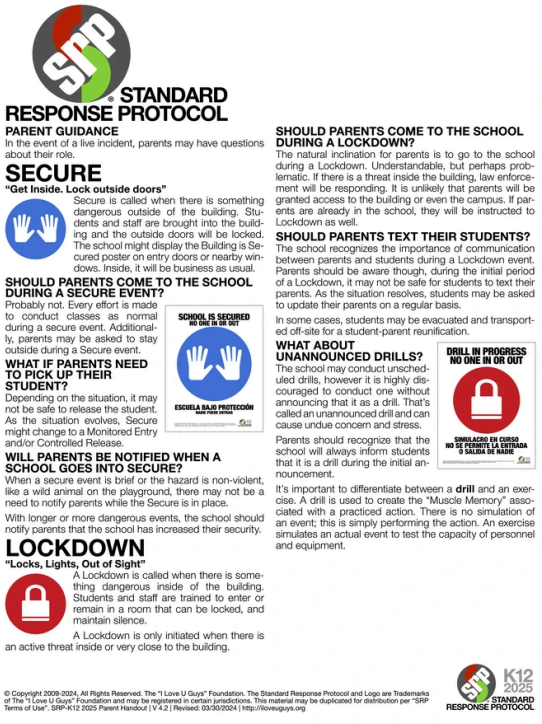
**"State Hazard and Safety Strategy"**

**Hazards** might include:
- Tornado
- Hazmat
- Earthquake
- Tsunami

**Safety Strategies** might include:
- Evacuate to shelter area
- Seal the room
- Drop, cover and hold
- Get to high ground

**Students** are trained in:
- Appropriate Hazards and Safety Strategies

**Adults and staff** are trained in:
- Appropriate Hazards and Safety Strategies
- Accounting for students and adults
- Report injuries or problems using Red Card/Green Card method.



STANDARD RESPONSE PROTOCOL

**PARENT GUIDANCE**

In the event of a live incident, parents may have questions about their role.

**SECURE**

**"Get Inside. Lock outside doors"**

Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

**SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?**

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

**WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?**

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.

**WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?**

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

**LOCKDOWN**

**"Locks, Lights, Out of Sight"**

A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the building.

**SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?**

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

**SHOULD PARENTS TEXT THEIR STUDENTS?**

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

**WHAT ABOUT UNANNOUNCED DRILLS?**

The school may conduct unscheduled drills, however it is highly discouraged to conduct one without announcing that it as a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.

It's important to differentiate between a **drill** and an exercise. A drill is used to create the "Muscle Memory" associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.

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# Yondr Pouch Reminder

**Reminder:** Students are responsible for bringing their Yondr pouch to school every day.




If a student damages or reports losing their pouch, a $25.00 replacement fee will be issued.

**Invoices have been sent out via a Secure Document for students who have reported losing their pouch.**

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# Attendance

## Bus Notes




If your student is needing to ride a different bus, or has a change in their after school plans, **please let the office know no later than 3:15 p.m.** to allow us enough time to notify your student. Thank you,

## Missing School?

Attendance Matters
Every student. Every day.

If your student is going to be absent from school, please let our attendance team know by:

- Emailing **msattendance@nknsd.org**
- Sending us a message on ParentSquare (Emily Massey & Marie Giani)
- Calling the front office at 503.355.2990.

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# Athletics

## What's Needed to Participate?

In order to attend and participate in practices and games, all athletes are required to have the following:

- Sports Physical (valid for two years from the date of the exam)
- **Completed Athletics Permission Form** (valid for the duration of one school year, must be completed annually)

## Coach Communication

ParentSquare is the primary form of communication for NKN School District. If you need to get in touch with your student's coach, we recommend reaching out to them directly via ParentSquare.

This week, students will receive an email with a link to sign up for **StudentSquare**, which will allow them to message their teachers and/or coaches directly.

## Students at Home Games

A reminder that any student attending a sporting event at the high school **must be accompanied by an adult.**

**Neah-Kah-Nie Middle School**
25111 Hwy. 101 North, Rockaway Beach, OR 97136
(503) 355-2990 - Fax: (503) 355-8514

**2026 Boys Basketball**

| Date | Location | Dismissal/Departure | Tip Off |
|---|---|---|---|
| Tues 11/10 | NKN vs Clatskanie | 3:20 | 4:00 |
| Thurs 11/12 | NKN vs Jewell(1 team) | 3:20 | 4:00 |
| Mon 11/16 | @ Rainier | 12:45/1:00 | 4:00 |
| Wed 11/18 | @Vernonia | 1:15/1:30 | 4:00 |
| Mon 11/30 | NKN vs Warrenton | 3:20 | 4:00 |
| Wed 12/2 | @Knappa | 1:25/1:40 | 4:00 |
| Mon 12/7 | NKN vs Vernonia | 3:20 | 4:00 |
| Wed 12/9 | @ Jewell (1 team) | 1:45/2:00 | 4:00 |
| Mon 12/14 | @ Warrenton | 1:55/2:10 | 4:00 |

* 2nd game to start 10 minutes after 1st game completion (around 5:10)

**Neah-Kah-Nie Middle School**
25111 Hwy. 101 North, Rockaway Beach, OR 97136
(503) 355-2990 - Fax: (503) 355-8514

**2026 Girls Wrestling**

| Date | Location | Dismissal/Departure | Weigh In/Start |
|---|---|---|---|
| Tues 11/10 | Seaside (Astoria,Tillamook,Rainier,Knappa,Banks) | 1:50/ 2:05 | 3:30/4:00 |
| Wed 11/18 | Banks (Vernonia, Astoria, Forest Grove, Jewell, Seaside) | 1:00/1:15 | 3:30/4:00 |
| Tues 12/1 | Astoria (Vernonia, Knappa, Banks,Scappoose, Rainier) | 1:30/1:45 | 3:30/4:00 |
| Tues 12/9 | Tillamook (Vernonia,Scappoose, Seaside, Knappa) | 1:45/2:00 | 3:00 |
| | Districts | | |
| Wed 12/16 | Scappoose | 11:45/12:00 | 3:00 Start |

**Optional:**
**Girls Regional- 12/12**
**Girls State- 12/19**

## Athletic Schedules

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# After School Clubs

## Math Tutoring

Held **Mondays** from 4:00 - 6:00 p.m. For questions, please contact Ms. Green at **katieg@nknsd.org**.

## Robotics

Held **Mondays** and **Thursdays** from 4:00 - 6:00 p.m. in the high school library. Open to grades 7-12. For questions, please contact Kathryn Harmon at **kharmon@nknsd.org**.

## Chess Club

Held **Wednesdays** from 4:00 - 6:00 p.m. in the middle school library. Chess club is open to high school and middle school students. For questions, please contact James Johansen at **jamesj@nknsd.org**.

## Art Club

Will be held weekly on Tuesdays beginning in December. **More info and applications to come in November.**

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# Mealtime




Fresh fruits and vegetables offered daily. Sandwiches or Hand-crafted salads are an option at lunch.
Whole grain cereals are available as a choice at breakfast. Menu items subject to change due to availability.
**"This institute is an equal opportunity provider"**

## Seconds on Meals

**First servings of breakfast and lunch are free to all students in the district.**

Second servings, however, do cost money. Please ensure there are funds on your Mealtime Account if your child is interested in additional servings. Click the button below to access your Mealtime Account.

## Mealtime Online

## After School Snack Program

Staying after for tutoring, a club, or sport? NKN offers a free after-school snack program to students. Available M-F from 3:45 - 4:05 p.m.




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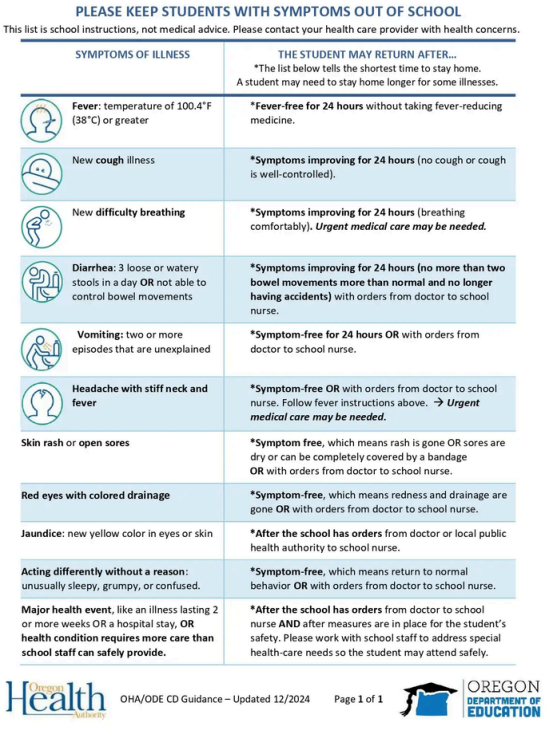
# From the Nurse

# Immunizations

Shots are required by law for children who attend public schools, private schools, preschools, childcare facilities, and Head Start programs in Oregon. For more information, **click here**.

**If your student is due for an immunization, you should have received a secure document via ParentSquare stating which vaccine is due.**

Oregon Exclusion Day for all students is **Wednesday, February 24th, 2027.**

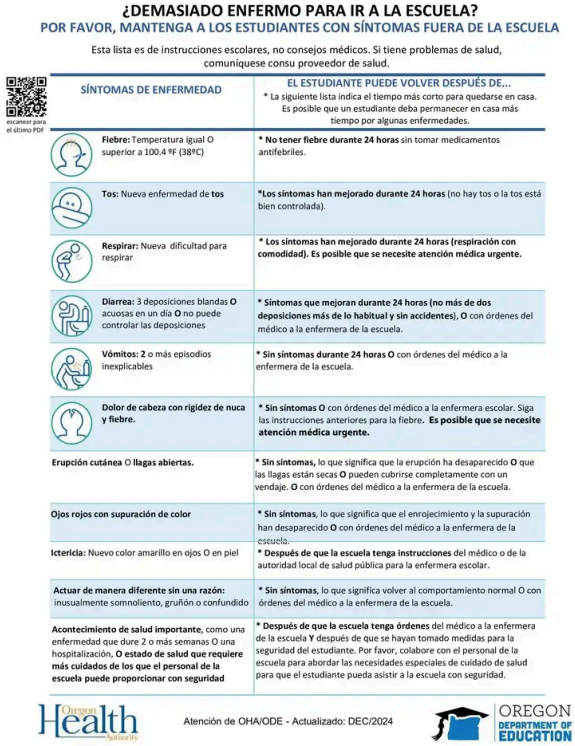


**PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL**

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

| SYMPTOMS OF ILLNESS | THE STUDENT MAY RETURN AFTER...<br>*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses. |
|---|---|
| **Fever:** temperature of 100.4°F (38°C) or greater | ***Fever-free for 24 hours** without taking fever-reducing medicine. |
| New **cough** illness | ***Symptoms improving for 24 hours** (no cough or cough is well-controlled). |
| New **difficulty breathing** | ***Symptoms improving for 24 hours** (breathing comfortably). ***Urgent medical care may be needed.*** |
| **Diarrhea:** 3 loose or watery stools in a day **OR** not able to control bowel movements | ***Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents)** with orders from doctor to school nurse. |
| **Vomiting:** two or more episodes that are unexplained | ***Symptom-free for 24 hours OR** with orders from doctor to school nurse. |
| **Headache with stiff neck and fever** | ***Symptom-free OR** with orders from doctor to school nurse. Follow fever instructions above. → ***Urgent medical care may be needed.*** |
| **Skin rash** or **open sores** | ***Symptom free**, which means rash is gone OR sores are dry or can be completely covered by a bandage **OR** with orders from doctor to school nurse. |
| **Red eyes with colored drainage** | ***Symptom-free**, which means redness and drainage are gone **OR** with orders from doctor to school nurse. |
| **Jaundice:** new yellow color in eyes or skin | ***After the school has orders** from doctor or local public health authority to school nurse. |
| **Acting differently without a reason:** unusually sleepy, grumpy, or confused. | ***Symptom-free**, which means return to normal behavior **OR** with orders from doctor to school nurse. |
| **Major health event**, like an illness lasting 2 or more weeks OR a hospital stay, **OR health condition requires more care than school staff can safely provide.** | ***After the school has orders** from doctor to school nurse **AND** after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely. |

Oregon Health Authority OHA/ODE CD Guidance – Updated 12/2024 Page 1 of 1 OREGON DEPARTMENT OF EDUCATION



**¿DEMASIADO ENFERMO PARA IR A LA ESCUELA?**

**POR FAVOR, MANTENGA A LOS ESTUDIANTES CON SÍNTOMAS FUERA DE LA ESCUELA**

Esta lista es de instrucciones escolares, no consejos médicos. Si tiene problemas de salud, comuníquese consu proveedor de salud.

escanear para el último PDF

| SÍNTOMAS DE ENFERMEDAD | EL ESTUDIANTE PUEDE VOLVER DESPUÉS DE...<br>* La siguiente lista indica el tiempo más corto para quedarse en casa. Es posible que un estudiante deba permanecer en casa más tiempo por algunas enfermedades. |
|---|---|
| **Fiebre:** Temperatura igual O superior a 100.4 ºF (38ºC) | ***No tener fiebre durante 24 horas** sin tomar medicamentos antifebriles. |
| **Tos:** Nueva enfermedad de **tos** | ***Los síntomas han mejorado durante 24 horas** (no hay tos o la tos está bien controlada). |
| **Respirar:** Nueva dificultad para respirar | ***Los síntomas han mejorado durante 24 horas (respiración con comodidad). Es posible que se necesite atención médica urgente.** |
| **Diarrea:** 3 deposiciones blandas **O** acuosas en un día **O** no puede controlar las deposiciones | ***Síntomas que mejoran durante 24 horas (no más de dos deposiciones más de lo habitual y sin accidentes)**, **O** con órdenes del médico a la enfermera de la escuela. |
| **Vómitos: 2** o más episodios inexplicables | ***Sin síntomas durante 24 horas O** con órdenes del médico a la enfermera de la escuela. |
| **Dolor de cabeza con rigidez de nuca y fiebre.** | ***Sin síntomas O** con órdenes del médico a la enfermera escolar. Siga las instrucciones anteriores para la fiebre. **Es posible que se necesite atención médica urgente.** |
| **Erupción cutánea O llagas abiertas.** | ***Sin síntomas,** lo que significa que la erupción ha desaparecido **O** que las llagas están secas **O** pueden cubrirse completamente con un vendaje. **O** con órdenes del médico a la enfermera de la escuela. |
| **Ojos rojos con supuración de color** | ***Sin síntomas**, lo que significa que el enrojecimiento y la supuración han desaparecido **O** con órdenes del médico a la enfermera de la escuela. |
| **Ictericia:** Nuevo color amarillo en ojos O en piel | ***Después de que la escuela tenga instrucciones** del médico o de la autoridad local de salud pública para la enfermera escolar. |
| **Actuar de manera diferente sin una razón:** inusualmente somnoliento, gruñón o confundido | ***Sin síntomas**, lo que significa volver al comportamiento normal O con órdenes del médico a la enfermera de la escuela. |
| **Acontecimiento de salud importante**, como una enfermedad que dure 2 o más semanas O una hospitalización, **O estado de salud que requiere más cuidados de los que el personal de la escuela puede proporcionar con seguridad** | ***Después de que la escuela tenga órdenes** del médico a la enfermera de la escuela **Y** después de que se hayan tomado medidas para la seguridad del estudiante. Por favor, colabore con el personal de la escuela para abordar las necesidades especiales de cuidado de salud para que el estudiante pueda asistir a la escuela con seguridad. |

Oregon Health Authority Atención de OHA/ODE - Actualizado: DEC/2024 OREGON DEPARTMENT OF EDUCATION

## How Sick is Too Sick?

## ¿Qué tan enfermo es estar demasiado enfermo?

# Parent Group

## Next Meeting: 11/10

The Parent Group has this upcoming opportunity to help out:

- On **Wednesday 11/4,** the Parent Group is putting together a salad bar to feed our wonderful teachers during their long day of instruction + conferences. You can sign up to bring in items, or to help with set up and clean up. Here's the link: **https://docs.google.com/spreadsheets/d/17-Zb4VjSJEOzOfgnGvon2d2xAd32rQQs/edit?gid=1340496060#gid=1340496060**

The parent group meets on the second Tuesday of the month from 4:00-5:00 P.M. in the library. **Our next meeting is Tuesday, 11/10.**

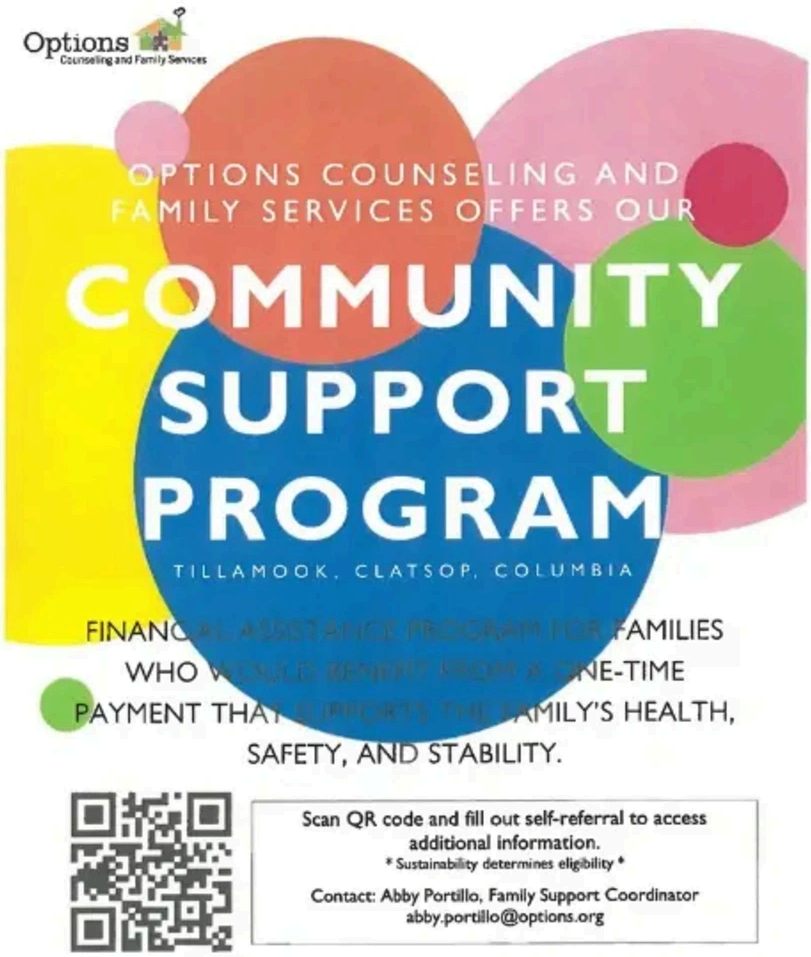
# Now Featuring New Designs!




**Raiders Store**

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# Community Support Program




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# Student Writing & Art Contest

**Submissions Open December 2026**

ROCKAWAY WRITERS RENDEZVOUS
EST 2023

## 2027 Rockaway Writers Rendezvous

**Open Class Art Contest**

**Adults & Students in 7th Grade or Above**

**Information - *Please read carefully!***

**Submission period: December 1, 2026 - March 15, 2027, at 5 pm**

Individuals may submit up to 5 printable images of original art work(s) **you created**, such as:

- Images of **paintings, drawings, illustrations**
- Images of **photography**
- Images of **sculpture or other three dimensional art**
- Images of **installation art**
- Images of **furniture design**
- Images of **interior design**
- Images of **food or beverage creation**
- Images of **other types of art**
- **Images all need to be items that are printable in the anthology.**

***You may only submit work that you still own the rights to.***

***Use of AI: Photo processing tools are allowed, while generating actual images is prohibited.***

Our panel will evaluate your work with attention to the quality of the work, including Creativity & Originality, Technical Skill, Emotional Impact, Composition & Design, and Artistic Statement. (Students must be in 7th to 12th grade.)

**See RWR Website beginning in November for submission Information: https://www.rbwriters.com**

**ENTRY FEE – *FREE*** *for all submissions.*

**PRIZES – Winning entries will be published in the 2027 RWR Anthology.** No monetary awards will be given. Finalists will be notified by April 1, 2027. Awards announced **at the RWR** event April 24, 2027. **PLEASE NOTE: ALL winning entries may be published in the RWR Anthology and RWR website, social media sites and other partners websites and social media.**

**2027 Rockaway Writers Rendezvous, April 23 and 24.**

ROCKAWAY WRITERS RENDEZVOUS
EST 2023

## 2027 Rockaway Writers Rendezvous, STUDENT Writing Contest $$ CASH PRIZES $$

**Information - *Please read carefully!***

**Open to grades 7-12, attending school in Tillamook County.**

**Contest submissions accepted beginning December 1, 2026 - March 15, 2027, at 5 pm**

Authors may submit a single unpublished work in one of the categories below:

**1. Poetry, 2. Fiction, 3. Non-Fiction, 4. Journalism, 5. Music Lyrics**

Our judges will evaluate your work with attention to organization, development, voice, and attention to the conventions and craft of writing.

**See RWR Website beginning in November for submission Information: https://www.rbwriters.com**

**Document Submissions Guidelines:**

- Maximum 1,500 words
- Include your name in the document submitted.
- Poetry: You may submit a PDF document showing your desired formatting, if desired.
- Use of AI: *Brainstorming, outlining, research, and grammar checking are allowed, while generating actual text is forbidden.*

**STUDENT PRIZES – CASH PRIZES! First place $100.00; Second place - $50.00; Third place - $25.00**
**Winning submissions will be Published in RWR Anthology**

Honorable mentions will receive no cash awards, but may be selected at the discretion of the judges.

*NCAM board members, contest judges, and immediate family are not eligible to enter.*

**2027 Rockaway Writers Rendezvous, April 23 and 24.**

# Marie Giani/Emily Massey

## Head Secretary/Assistant Secretary