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BOARD AGENDA ITEM

ITEM NO: 5.2

BOARD MEETING DATE: Tuesday, November 10, 2026

NEW BUSINESS ITEM: Consideration of Revisions to Policy and Regulation, JL, JL-R, *Student Wellness* (first reading)

SUBMITTED BY: Denise Bartlett, Superintendent

PRESENTED BY: Denise Bartlett, Superintendent

The proposed revisions to Policy JL and Regulation JL-R are brought forward at the recommendation of the District's Student Wellness Coordinator and District Wellness Committee. The revisions clarify policy language and update requirements related to food and beverages provided during school celebrations.

Policy JL – Student Wellness

- Removes the word "demonstrably" from the introductory statement regarding the relationship between healthy eating and reduced risk of chronic disease.
- Removes the phrase "the Board determines" from the statement addressing how the District promotes and monitors student wellness, simplifying the language while maintaining the District's commitment to student health and well-being.

Regulation JL-R – Student Wellness

One change was made to the regulation.

The recommendation is to eliminate the provision allowing one food or beverage item that does not meet established nutrition standards.

Instead, language was added requiring all food and beverages provided during school celebrations to comply with the Arizona Healthy Schools Act.

The recommended revisions provide minor clarification to the policy language and strengthen the regulation governing food and beverages served during school celebrations.

These changes reflect the recommendations of the Student Wellness Coordinator and District Wellness Committee and support the District's ongoing commitment to promoting student health and wellness.

RECOMMENDED MOTION: I move that the governing board approve revisions to Policy and Regulation, JL, JL-R, *Student Wellness*, as presented.