



AGENDA ITEM: 26-39

DATE OF MEETING: October 28, 2026

ACTION: ☒

INFORMATION: ☐

**APPROVE INTERDEPARTMENTAL MEMORANDUM OF UNDERSTANDING WITH
RIVERSIDE UNIVERSITY HEALTH SYSTEM – PUBLIC HEALTH TO SUPPORT REGIONAL
PERINATAL MENTAL HEALTH TRAINING AND SCHOLARSHIPS FOR THE PERIOD
OCTOBER 28, 2026 - JUNE 30, 2027
[AMOUNT NOT-TO-EXCEED \$20,000 - PROP 10 FUNDS]**

SUMMARY OF REQUEST

Approve an interdepartmental Memorandum of Understanding (MOU) with Riverside University Health System – Public Health (RUHS-PH) for a Proposition 10 contribution not to exceed \$20,000 to support regional perinatal mental health training, continuing education, certification examination scholarships, and a community event through the Inland Empire Maternal Mental Health Collaborative (IEMMHC). The MOU covers October 28, 2026 through June 30, 2027 and establishes the terms for the use, documentation, and interdepartmental transfer of funds.

BACKGROUND

The Inland Empire Maternal Mental Health Collaborative (IEMMHC) brings together public agencies, nonprofit organizations, health care providers, and community partners to improve awareness, prevention, and early intervention for perinatal mental health conditions in Riverside and San Bernardino Counties. Its training efforts strengthen the knowledge and skills of professionals serving pregnant individuals, parents, caregivers, and young children.

First 5 Riverside County's proposed \$20,000 contribution supports a regional effort funded jointly by First 5 Riverside County, First 5 San Bernardino, and Public Health. RUHS-PH will administer the funded activities and document expenditures and participation.

The scholarship opportunity will serve eligible health and mental health professionals committed to serving families affected by perinatal mental health conditions, with five

scholarships available for each county. The regional effort also targets training 100 providers and engaging 100 community members and families in a perinatal mental health community event.

The collaborative began its current-year activities using other partners' funding. First 5 Riverside County's contribution is part of the existing regional program budget and does not increase that budget. Funds will support eligible expenses incurred during the MOU term and will not pay costs charged to another funding source.

The interdepartmental MOU documents First 5's funding contribution, RUHS-PH's administrative responsibilities, and the process for charging eligible costs through the County's financial system. These activities support First 5 Riverside County's mission by strengthening caregiver well-being and the healthy development of children ages 0–5.

RECOMMENDED ACTION

That the Commission:

1. Approve the interdepartmental Memorandum of Understanding with Riverside University Health System – Public Health, included as Attachment 1, for a Proposition 10 contribution not to exceed \$20,000 toward regional perinatal mental health training and related activities for the period October 28, 2026 through June 30, 2027, and authorize the Executive Director to execute the MOU, subject to County Counsel approval as to form; and
2. Authorize the Executive Director or designee to implement the approved MOU, including completing the interdepartmental transfers and related fiscal documents within the approved funding amount, purpose, and term.

BUDGET IMPACT

Adequate appropriation is included in the proposed budgets for FY 2026/2027.

STRATEGIC PLAN RELEVANCE

Goal Area 2 - Comprehensive Health & Development (92945)

Goal Area 4 - Countywide (92955)

POTENTIAL CONFLICTS OF INTEREST

Commissioner Kim Saruwatari, Director, Public Health.

ATTACHMENT

1. Memorandum of Understanding – Interdepartmental Transfer of Funds Riverside University Health System - Public Health