

Lakeland Joint School District #272

5506 N. Washington St.
Rathdrum, ID 83858
208-687-0431



**LJSD Vision: A community committed to academic excellence ...
dedicated to student success.**

Board Agenda Item **Request**

AGENDA ITEM: Discussion Item

PURPOSE: Review/Discuss PE standards

MEETING DATE: Oct. 21, 2026

PREPARED BY: Shannon LaFontaine

Physical Education is offered as part of our specialists at the elementary for 30 minutes weekly. All middle school students take Physical Education as part of their daily schedule for one semester every year. At the high school a variety of physical education courses are offered as an elective course including weight training, basketball, cardio fitness, and general physical education.

Below you will find an attachment of the current SDE standards for PE along with the proposed adoption cycle. PE standards are beginning the review process at the state level. We will continue to follow the current state standards and adjust as needed once the review process has been completed at the state level.

[ISDE PE Standards](#)
[State Department of Education's Curricular Adoption Cycle](#)

Thank you,
Shannon LaFontaine