
School Health Advisory Council Report

BELTON ISD BOARD OF TRUSTEES
REGULAR BOARD MEETING
October 19, 2026



About SHAC

A black and white group photograph of the SHAC members, a diverse group of approximately ten adults, standing in front of a backdrop that includes the Belton ISD logo and the name "Jeff Norwood".

The SHAC is a group of individuals from various sectors of the District and community who provide advice to the District on school health programming and its impact on student health.

SHAC Objectives

To engage in ongoing review and discussion, and make recommendations for comprehensive school health programs including:

1

Promoting quality health education programs

2

Encouraging lifelong physical fitness

3

Encouraging and providing healthful nutrition

4

Creating safe, positive learning environments to support social and emotional well being

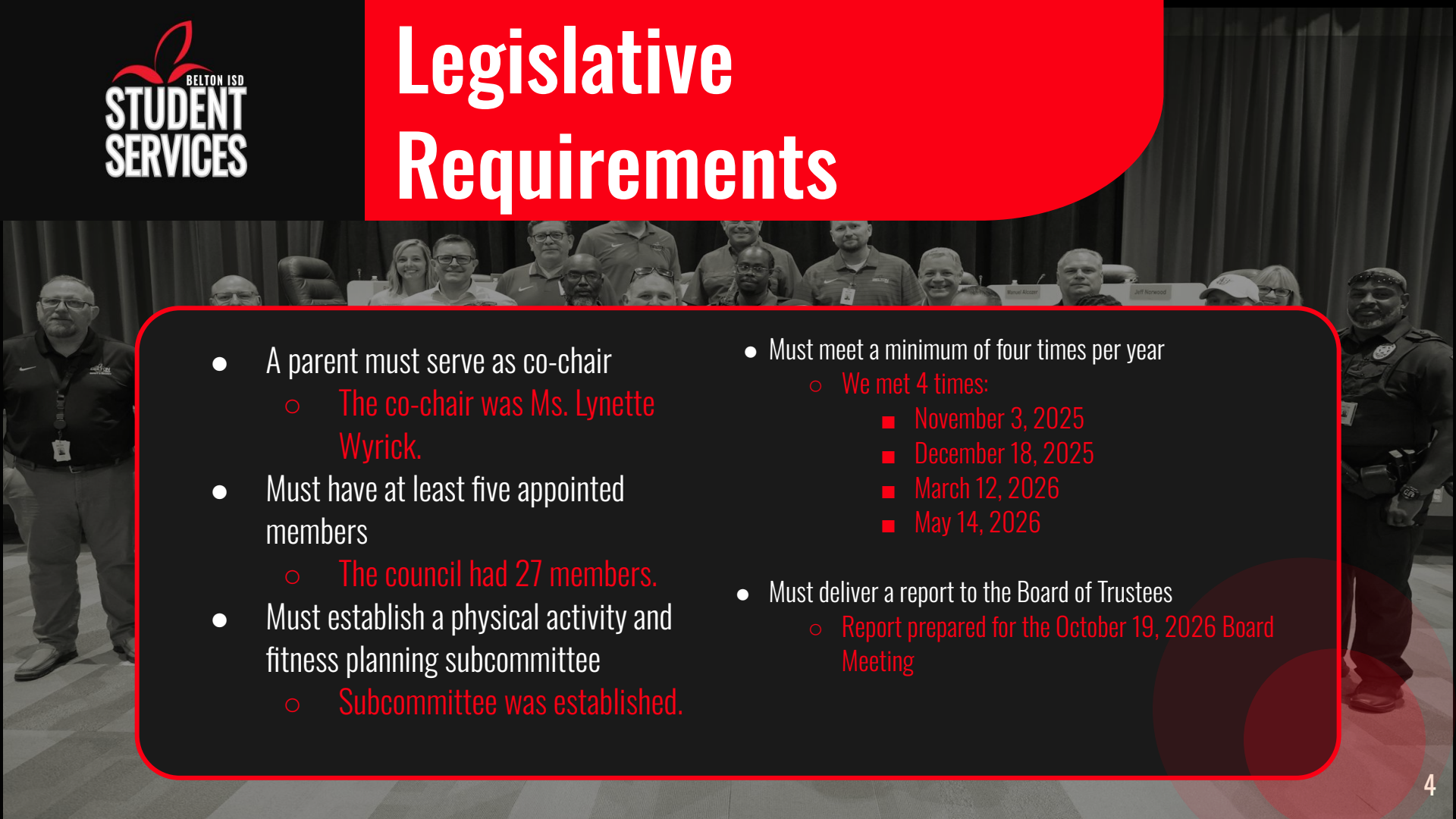
5

Promoting faculty and staff wellness

6

Promoting school, family, and community involvement

Legislative Requirements

- 
- A parent must serve as co-chair
 - The co-chair was Ms. Lynette Wyrick.
 - Must have at least five appointed members
 - The council had 27 members.
 - Must establish a physical activity and fitness planning subcommittee
 - Subcommittee was established.
 - Must meet a minimum of four times per year
 - We met 4 times:
 - November 3, 2025
 - December 18, 2025
 - March 12, 2026
 - May 14, 2026
 - Must deliver a report to the Board of Trustees
 - Report prepared for the October 19, 2026 Board Meeting

Major Activities of SHAC 2025-2026

1

Utilized the School Health Advisory Council to review and update the BISD Wellness Plan

2

Evaluated/Recommended curriculum for required Child Abuse/Family Violence instruction in Grades PK-5

3

Evaluated vaping curriculum designed to educate students on health risks

4

Presented learning through Parents as Partners - Fentanyl and Opioid Abuse (October 2025), Online Safety (October 2025), and Wellness (April 2026)

Recommended SHAC Activities for 2026-2027

1

Utilize the triennial assessment to identify and prioritize 2-3 areas for continuous improvement

3

Explore/Implement ideas to engage the BSD Community in wellness activities

2

Review and recommend updates to the District's Wellness Policy/Plan

4

Create partnerships within the BSD community to strengthen resources for health and wellness



2026-2027

SHAC Meetings

1

November 4, 2026

2

December 16, 2026

3

March 10, 2027

4

May 12, 2027