Three Rivers School District
Quality Education Runs Deep

SCHOOL BOARD MEETING REPORT

Board Meeting Date: 10/21/2026 **Superintenden** Dave Valenzuela

Administrator/Staff: Sabrina Miller

Type of Item: ☐ *Informational* ☒ *Action*

Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?
Lorna Byrne Middle School is requesting board approval to apply for an AllCare Community Benefit Initiative grant to support the development and equipping of a student weight room. This grant would provide an opportunity to expand access to physical fitness, promote student wellness, and create additional opportunities for students to develop healthy habits, confidence, and lifelong fitness skills. This year, we added a half-time PE teacher in addition to our full-time PE teacher, increasing the need for additional instructional space. A weight room would provide another dedicated space for PE classes, allowing us to better serve students and expand fitness opportunities. Additionally, with the introduction of girls wrestling, this space could support our growing athletic programs by providing another area for strength training and conditioning.

Provide history/background information on your proposal:
At Lorna Byrne Middle School, we are committed to providing opportunities that support the academic, physical, and social-emotional growth of all students. We recognize the importance of physical activity in supporting student health, engagement, and overall well-being. Developing a weight room would allow us to expand our physical education opportunities and provide students with access to fitness equipment and strength-training experiences in a structured, supervised environment. We are seeking outside funding to make this opportunity possible without placing additional financial demands on our school's existing budget.

List the advantages of your proposal:
This proposal would provide students with greater access to physical fitness and wellness opportunities while promoting healthy habits, confidence, discipline, and lifelong fitness skills. A weight room would expand our physical education program and create additional opportunities for students to feel connected and engaged at school. It would also provide access to fitness equipment for students who may not have these opportunities outside of school. By utilizing grant funding, we can invest in student health and well-being without taking away from existing resources.

List possible disadvantages of your proposal:
The primary considerations would be ongoing equipment maintenance, appropriate supervision, and ensuring students are trained in safe equipment use. These considerations would be addressed through established safety expectations, staff supervision, appropriate training, and age-appropriate fitness instruction. Grant funding is not guaranteed.

List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?
Alternatives include using existing school funds, fundraising, seeking equipment donations, or purchasing equipment gradually over multiple years. While these options could help support the project, they may limit the quality and availability of equipment or delay implementation. Applying for the AllCare grant provides an opportunity to fund the project more comprehensively while preserving existing school resources for instructional priorities.

Superintendent's recommendation(s): **Approve** Yes ☐ No ☐