

Portugal 2026

April 9-16



Trip Overview

- ❑ **Safety**
- ❑ **Insurance - Travel Essentials Plan included**
- ❑ **Educational, experiential and growth value to students**
- ❑ **Itinerary**
- ❑ **Registration for students**

Safety

Prometour Travel Company

- ❑ 50+ years of experience
- ❑ Dedicated Prométour guide for the entirety of the trip (once we land in Portugal) who speaks Portuguese. The guides are typically native to the cities we are visiting and are experienced with educational travel
- ❑ Mary Merkle has been using Prometour for international trips since 2012.
- ❑ 24/7 emergency contact number; Paris & Montreal offices
- ❑ Three DHHS chaperones included in the fee regardless of trip numbers

Safety continued ...

Mary Merkle:

- Organized and led the 2019 & 2023 trips to France; has organized & led numerous trips to Québec
- Served as chaperone on recent trip to Ecuador (and Galapagos)
- Traveled extensively domestically and internationally in Europe and Asia.
- Has been teaching French at DHHS since 2014

Rosana Casais:

- Chaperone on past trips w/Mme Merkle to Quebec (2025, 2023)
- Experienced traveler throughout Europe, especially the Iberian peninsula
- Has been teaching Spanish at DHHS since 2019

Insurance

- ❑ Travel Insurance through Prometour (included)
- ❑ General trip insurance coverage (includes medical). Overall trip cost of approximately \$3390 (w/24 travelers) includes Travel Protection Essentials.
- ❑ Travel Protection Plus = \$195 extra [CFAR- Cancel for Any Reason is the highest level of trip insurance and is available for an extra charge.]

Why travel internationally?

- **To gain a greater understanding of and empathy** for other people and cultures
- To better understand cultural curiosities. Cultural immersion makes all the difference!
- **To move outside of your comfort zone** with others who may have the same fears or concerns
- To learn the basics of another language! [Rosana is fluent in Portuguese and will be doing a few lessons with travelers prior to travel.]
- **To learn to use public transportation** in another country.
- To develop confidence when exploring new towns and cities with peers
- **To make new friends!**

Itinerary - Lisbon

Day 1: Thursday, 9 April - Students depart from Daniel Hand after school to fly to Lisbon. Bus cost is **not included** and we will take a school bus or livery bus to airport - [Approx. \$100 R/T.]

(Students will likely miss Friday & be responsible for any work missed. This depends upon ticketing by Prometour.)

Day 2: Friday, 10 April - transfer to hotel. Take public transportation to get around Lisbon. Visit Portos do Sol viewpoint.

Day 3: Saturday, 11 April - Discover different sites in Lisbon: Mosteiro dos Jeronimos, Padrão dos Descobrimentos, Belem Tower, **Sao Jorge Castle** (guided tour) and **Barrio Alfama**. [castle, top right photo], [**Alfama**, middle photo]

Day 4: Sunday, 12 April - Discover Palacio da Pena in Sintra with a guided tour. Enjoy queixada de Sintra, a local treat similar to cheesecake. Stop at Cabo da Roca and visit the fishing village of Cascais. [**Cascais**, bottom photo]

Day 5: Monday, 13 April - Participate in a cooking class to prepare traditional Portuguese dishes. Take a ride on Lisbon's Tram 28 and discover old neighborhoods such as Graca, **Alfama** and Baixa. Experience Portugal's traditional fado music.



Itinerary - Porto

Day 6: Tuesday, 14 April - Board your motorcoach to Coimbra. Explore the city's old town and take the funicular to visit the **Universidade de Coimbra**. See the remains of the Royal Palace with a guided tour. Board your motorcoach to Porto. [university library top right]



Day 7: Wednesday, 15 April - Discover Porto's 12th Century Cathedral. Enjoy a guided tour of the city's **Ribeira District** [photo right] Finally, explore Porto's waterfront or market with your group.

Day 8: Thursday, 16 April - Enjoy breakfast at the hotel and board your motor coach to the airport. Board your flight from Porto to New York.



Trip Registration Begins Thursday, May 21st ! (pending BOE approval)

- ❑ The link to register will go live on the GClassroom for this trip on the 21st.
- ❑ The link to register will be shared via e-notify on Friday, May 22nd.
- ❑ Rising junior and seniors will have priority (one day) for signing up.

What's not included?

- Airline baggage charges according to their policies. [We'll use carry-on luggage = FREE]
- Motor coach transfer: DHHS/ NYC airport (JFK/Newark) / DHHS [Approx. \$100 R/T.]
- Meals that are not indicated in the daily program - typically students pay for their own lunches.
- Tips – these are standard guidelines (tips are an extra expense & will be collected before departure
 - Tour Director: € 6 EUR per day, per person = \$42 total per person
 - Bus Drivers: € 3 EUR per day, per person = \$12 total per person
 - US airport bus driver: \$6/per person R/T = \$6 total per person
 - Activity guide tips: \$2 per person per activity (Ex: queixada cooking class) = \$2-\$6 total per person
- Personal spending money
- Costs associated with travel documents or passports
- Costs associated with changes to itinerary due to unforeseen circumstances including but not limited to: pandemics, epidemics, natural disasters, or other
- Any applicable Prométour processing fees (\$45)