

2027 OHS BASEBALL SPRING TRAINING TRIP

March 24 – April 1

LOCATION

Ft Myers, FL

PRACTICE FACILITY

Player Development Complex
4301 Edison Ave, Ft Myers, FL 33916

LEE COUNTY CONTACT

David Castano
(239) 788-4894
dcastano@leegov.com

HOUSING - AIRBNB Properties

17301 Palm Beach Blvd
Alva, FL 33920

18925 S River Rd
Alva, FL 33920

MEALS

Breakfast - Prepared by players & coaches (at each respective home)
Lunch – PBJ, Almond Butter, Nutella, chips, fruit, drinks (PDC)
Dinner – All players to eat at one of the rental properties OR dine out together

ALLERGIES & HEALTH NOTICE

Prior to departure, all coaches meet to discuss player allergies and health issues to be aware of while away from home. There is an AED on site at PDC in the event of a cardiac issue.

TRANSPORTATION

Air: TBD

Departure Date: 3/24 (evening)
Departure: TBD
Arrive: TBD

Return Date: 4/1
Departure: TBD
Arrival: TBD

Ground: LOCAL: MI Flyer, **FLORIDA:** Rental vans to/from airport, houses practice facility

SCHEDULE

3/24 – evening travel

3/25 – 1 practice, 9a – 2p

3/26 – morning practice, afternoon practice

3/27 – morning practice, afternoon practice

3/28 – morning practice, evening team event TBD

3/29 – morning intrasquad scrimmage, no afternoon practice, enjoy pool time

3/30 – morning intrasquad scrimmage, evening team event TBD

3/31 – no A.M. baseball activities, evening event for those not staying with parents

4/1 – travel

Morning practices will run from 9a – Noon unless otherwise noted

Afternoon practices will run from 1p – 4p unless otherwise noted

Intrasquad scrimmages will run from 9a-Noon or 1p-4p

Lunch break will be served at the practice facility Noon – 12:50p

Lights out at 11pm

Coaches will be responsible for coordinating all activities including meals, practices, teambuilding activity. We plan to treat this trip very much like a business trip. It will be a rewarding experience for players but one that is focused on building and improving baseball skills and teamwork. There will be no free time for players or coaches to do their own activities. All activities will include all players and coaches.

CODE OF CONDUCT

Players will have on-going, constant supervision. All players and coaches are well aware of our zero-tolerance policy regarding drugs, alcohol or behavior detrimental to the team.

Each player will be required to sign a “travel contract.” The contract will address much of the above and include language that any player that violates the code of conduct will be sent home immediately and runs the risk of forfeiting his entire season.

EQUIPMENT

Bat Bags & Catchers Gear

This equipment will be driven down by coach or volunteer parent

Gear (all required items)

Metal spikes

Baseball pants

Okemos baseball hat

Long sleeve shirts

Okemos baseball shorts

Okemos baseball shirts

STAY OVER

Parents making the trip to FL may elect to have their son travel back to MI with them.

Players not returning to MI with the team will only be allowed to stay with their parents or guardian.

FL TRIP ATTENDEES

Seniors

TBD

Juniors

TBD

Sophomores

TBD

Freshmen

TBD

Coaches

Raul Presas

Josh Cooper

Matt Dickerman

Rick Acker

Evan Pepper

Steve Coon