

Meridian CUSD 223

Athletic & Activity Handbook 2026-2027



Meridian CUSD 223

Athletic/Activity Vision

1. To balance athletics and other extracurricular activities with all other students' academic responsibilities and considerations.
2. To encourage, build, and promote both the individual's character and physical development.
3. To develop in each participant a feeling of pride, a sense of accomplishment, and a desire to excel within the ethics of the sport/activity.
4. To develop excellent athletic teams and extracurricular programs of which the participants, school, and community can be proud.
5. To promote a high regard for hard work and good sportsmanship.

Stillman Valley High School

Levels of Play

The Varsity team philosophy is to emphasize winning conference games and IHSA State Series championships. The Varsity team may be comprised of athletes from grades 9-12.

The sophomore/JV level philosophy is to win conference games and encourage player development.

The freshmen/sophomore level philosophy is player development and to compete at the highest level.

We strive to get all athletes game action, but playing time at any level is not guaranteed; it is earned.

Meridian Junior High School

Levels of Play

Meridian Junior High School will promote participation for as many members of the student body as possible. Due to the number of students who go out for school programs, there is a policy in place that limits the number of participants so that the program is manageable and effective.

Meridian Junior High School Athletic Programs follow the Route 72 Conference guidelines for each sport. While it is the goal to allow all students to participate, each sport has different regulations, which may affect the amount of playing time. Therefore, not all athletes will receive the same amount of playing time in games or matches. Student athletes should consider time, interests, academic responsibilities, physical and physiological readiness, and team requirements before committing to a team. Route 72 conference teams are competitive; team selection and amount of playing time cannot be guaranteed.

FUNDAMENTALS OF GOOD SPORTSMANSHIP

As a member of the Illinois High School Association, the school Board of Meridian Community Unit School District #223 recognizes the importance of emphasizing **GOOD SPORTSMANSHIP** in all aspects of school-related activities. With this in mind, the following are fundamentals of good sportsmanship in all activities that many fans, spectators, participants, staff members, and parents are not always aware of:

1. Gain an understanding and appreciation for the rules of the event/contest.
2. Exercise positive representative behavior at all times.
3. Recognize and appreciate skilled performances regardless of affiliation.
4. Exhibit respect for all spectators, participants, coaches/sponsors, and officials.
5. Openly display respect for the opponents at all times.
6. Openly display pride in your actions at every opportunity.

Unacceptable behavior shall include, but not be limited to, the following types of conduct and such conduct as may be designated unacceptable from time to time by policy of the Board of Education:

1. Insubordination to referees, coaches, or other school personnel supervising the activity.
2. Fighting, intimidation of, or attempt to intimidate, referees, coaches, players, participants, or spectators.
3. Throwing debris or littering the playing field or facility.
4. Verbal abuses or use of profane or obscene words or gestures during a game or activity.
5. Disruptive behaviors or conduct.
6. Hazing or bullying activities are strictly prohibited.

VIOLATIONS-CONSEQUENCES

Violations of any of the above "Fundamentals of Good Sportsmanship" or "Unacceptable Behavior" guidelines may result in any or all of the following consequences:

1. Possible immediate removal from the contest or activity.
2. A complete investigation by the administration, including, but not limited to, telephone or personal interviews with all people involved.
3. Violation consequence recommendations, which could include exclusion from all

Meridian C.U.S.D. #223 activities/facilities for a period of one game to one year of competition, may be made by the administration. All parties involved in an incident resulting in recommended exclusion will be notified in writing 10 days after a review by the administration.

I. INTRODUCTION

This Athletic/Activity Handbook covers:

- A. Grades 6-12.
- B. In and out of school hours from the first day of fall pre-season practice through the completion of any spring state final.
- C. In or out of any sport/activity season.
- D. All high school clubs, organizations, athletic teams, classes, and activities.

THE ADMINISTRATION, COACHING/ACTIVITY STAFF, AND THE BOARD OF EDUCATION STRONGLY SUPPORT DRUG, ALCOHOL, AND TOBACCO FREE ACTIVITIES FOR THE ENTIRE CALENDAR YEAR, NOT JUST THE SCHOOL YEAR.

II. ATHLETIC/ACTIVITY OBJECTIVES

- A. To balance athletics and other extracurricular activities with all other students' academic responsibilities and considerations.
- B. To encourage, build, and promote both the individual's moral character and physical development.
- C. To develop in each participant a feeling of pride, a sense of accomplishment, and a desire to excel within the ethics of the sport/activity.
- D. To develop excellent athletic teams and extracurricular programs of which the participants, school, and community can be proud.
- E. To promote a high regard for hard work and good sportsmanship.

III. Eligibility

Stillman Valley High School Eligibility

A. Semester Eligibility

1. Students must meet the IHSA Semester Eligibility Requirements.
2. Students not meeting the eligibility for the IHSA will not be eligible to compete the following semester.

B. Weekly Eligibility

1. The weekly eligibility report is run each Friday morning at 9:00 a.m. A student must be passing six classes to be eligible for the next week of competition, Sunday - Saturday. After the report is completed, it is sent to all coaches and high school teachers. The high school teachers are asked to contact the Activities Director if they notice any errors in grading. A student may practice while ineligible, but they are not able to participate in competition.

Students may only be failing one academic class to be eligible to attend a dance. The High School Administration will alert these students.

Eligibility at Meridian Junior High School

A. Weekly Academic Eligibility

1. On Wednesday mornings, students with a current grade of an "F" in a class will receive a letter of ineligibility stating which class or classes they are failing.
2. Students should contact their teacher(s) to determine if the "F" is correct. Sometimes, due to undelivered assignments or low assessment scores, the "F" cannot be increased by the end of the week.
3. This would result in the student not being eligible to compete in games/meets the following week (Sunday – Saturday). The final part of the process requires the student to return the letter to the office by the end of the week (2:30 pm Friday), where they are then reminded of their expectations for the coming week. If the letter is not returned, the student is automatically ineligible, whether the grade is changed or not.
4. At that time, coaches will be notified of ineligible players for the following week.

Ineligible players are required to attend and participate in practices, but can not compete in the games/meets.

IV. ATHLETIC AWARDS

A. Stillman Valley High School

1. General guidelines
 1. Athletes will receive awards only if they complete the season in “good standing”.
 2. One set of numerals can be earned while in high school.
 3. One sophomore “S” can be earned while in high school.
 4. One varsity “S” can be earned while in high school.
2. Varsity Letters
 1. With the first varsity letter earned, the athlete will receive a varsity “S” and a participation certificate.
 2. The second time an athlete has earned a varsity letter in the same sport, the athlete will receive a certificate.
 3. The third time an athlete earns a varsity letter in the same sport, the athlete will receive a certificate.
3. Sophomore Letters
 1. One sophomore “S” plus a participation certificate will be awarded for the first sport.
 2. Second and third sophomore honors earned in the same year will result in a participation certificate.

4. Freshmen Letters (Numerals)

1. A set of numerals indicating the year the freshman graduates, plus a participation certificate, will be awarded the first sport.
2. Second and third freshman honors earned in the same year will earn a participation certificate.

5. Silver Athlete Award –

1. Each year, three-season athletes are recognized with a special certificate, seniors who achieve all four years are presented with a silver “S” letter

B. Meridian Junior High School

General guidelines

1. Athletes will receive awards only if they complete the season in “good standing”.
2. One certificate per sport for 6th grade team.
3. One certificate per sport for 7th grade team.
4. One certificate per sport for 8th grade team.
5. A student will receive a certificate for each sport/activity they participate in.

IN GOOD STANDING

The coach will make the final decision on the awards given to students. In good standing may refer to;

1. The student finished the season with the team.
2. All equipment and uniforms have been returned or replaced at present-day cost.
3. The student has remained eligible throughout the season, both academic and disciplinary.
4. The student has attended all practices and games on a regular basis.
5. The coach may give the student his/her awards if injury or illness has prevented him/her from actively finishing the season with the team.
6. Any other provisions, rules, etc., as stated in individual sport handbooks.

V. RECOGNITION

Seniors will be honored at a designated game each season based on the recommendation of the head coach and administration. The purpose of this event is to recognize the senior players and their parents for their participation, cooperation, and effort in the sports season they are playing. It should be noted that seniors are not guaranteed playing time on a selected senior night, but they will be introduced with their parents before the game.

Junior High athletes may be honored at a designated high school game each season, based on the recommendation of the head coach and administration, if the schedule allows.

VII. PRACTICE REQUIREMENTS

1. Students involved in athletics and/or activities must be in attendance at school for a minimum of **TWO** classes at the high school and **FOUR** classes at the junior high school in order to practice or participate in activities that day. (Exceptions may be made for pre-arranged appointments.
Administrative discretion is final.)
2. Students who practice on a team before the regular school day begins must attend the **two (HS)** or **four (JH)** morning class periods or the day will be considered an unexcused absence. Students who go home and come back to school late will have an unexcused tardy.
3. If the student athlete sits out of physical education class due to injury or illness, the student-athlete will not practice or play in the game that day.

When athletes are absent from practices, games, or competitions, they miss out on valuable learning experiences with their team. This may affect playing time, whether the absence is excused or unexcused. Individual programs may incorporate their own rules for absences and tardies to practices and/or games.

The coaching staff, for the benefit of the team and community, prefers not to tolerate the actions of players who show a lack of concern for the above behaviors and attitudes. Therefore, if improper behavior is observed in practice or game situations, corrective disciplinary action will be taken.

1. The coaches will establish guidelines to determine what corrective disciplinary action will be taken.
2. Any athlete who uses profanity toward an administrator, faculty member, or any district staff during the school day or at a school-sponsored event will be disciplined based on the punishment in the student handbook.

IX. STUDENT DISCIPLINE POLICIES

The Meridian CUSD 223 Athletic Department has the philosophy that students are students first, athletes or participants second. When disciplinary measures are warranted due to unacceptable behavior, it is the responsibility of the student to take care of the consequences prior to continuing activities. Please refer to the Student/Parent Handbook. Although some of the consequences are listed and explained herein, additional consequences may be used as needed.

1. DETENTIONS

Detentions will be served from 2:35 pm to 3:05 pm on Tuesdays and Thursdays at the high school. Detentions at the junior high are served from 2:30 pm to 3:30 pm Monday through Thursday. If a student does not serve an assigned detention, they will be ineligible to practice/play/participate in that day/evening's activities. The student may also be given a Saturday School detention.

2. SATURDAY SCHOOL DETENTION

Saturday School will be from 8:00 am to 10:00 am or 8:00 am to 12:00 noon. Students assigned a Saturday detention are required to serve on the exact time and

date assigned and prior to participating in any activities for that day or evening. Students arriving late will not be permitted to attend that session and will be considered to have missed. Students who miss an assigned Saturday School detention may be suspended up to 5 days out of school for insubordination.

3. OUT OF SCHOOL SUSPENSION

1. The student/athlete will be able to make up homework and tests for the classes they miss during the days he/she was suspended from school.
2. Students who are suspended from school will not be allowed on campus for the entirety of the suspension. Students are not allowed to practice, play, participate, or attend any school activities on or off campus. Students may not ride on a school bus to or from a school-sponsored activity.

X. QUITTING THE TEAM

Any player who chooses to quit a team/organization should do so in good standing by giving notice verbally or in writing to the coach/advisor. A meeting with the coach and/or Athletic Director must be had. Emotional decisions made on the spur of the moment should be taken into consideration by the student, parents, and coach/advisor involved. All equipment must be turned in-

XI. CUT POLICY

1. High School tryouts may need to be conducted by the head coach and their staff to determine the team at all levels. Coaches or advisors may cut varsity, sophomore/JV, or freshmen/sophomore squads if the number of students exceeds a predetermined number of participants. Cuts will be considered on the following criteria at the discretion of the coach:
 1. Overall talent and ability
 2. Character & personality of the individual
 3. Work habits and loyalty to the programs
 4. Positions needed on the team or activity
 5. Manageability of roster size
 6. Local tournament and/or IHSA player limitation for the state series Junior
- High tryouts may need to be conducted by the coach to determine the members of a team. Coaches or advisors may cut based on the following criteria:
 - a. Overall talent and ability
 - b. Character and personality of the individual
 - c. Work habits and loyalty to the programs
 - d. Positions needed on the team or activity
3. Each coach may provide specific guidelines pertaining to their sport to guide the cut process.

4. Because of the high number of students that go out for school sports, there will be a progression in place to effectively manage the sports program with effective coaching and instruction in mind. The following numbers represent the recommended number of students allowed to participate at each grade level, per the coach's discretion:

Sixth grade – 25 players

Seventh grade – 20 players

Eighth grade – 15 players

5. With adolescent growth and maturation occurring at different stages, students can experience varying changes in skill and development. Despite the results of a specific tryout, the Meridian CUSD 223 staff would like to encourage all students to continue to work hard and try out again for the next sports season.

Playing time on any level is not guaranteed

XII. CARE AND RETURN OF SCHOOL UNIFORMS AND EQUIPMENT

1. All Uniforms and equipment issued to the athlete must be returned.
2. Lost or stolen items are the responsibility of the player, and he/she must pay the present-day replacement cost of any items issued but not returned.
3. Any returned items, which have been damaged, not as a result of normal wear and tear, must be replaced or repaired. The replacement or repair bill becomes the responsibility of the student.
4. No awards are to be given to the athlete until all equipment and uniforms issued to him/her have been returned and accounted for.
5. No athlete will be allowed to begin the next athletic season, or any high school activity, until all equipment and uniforms have been returned and accounted for or paid for at present-day cost if lost or damaged.

XIII. TRANSPORTATION POLICY

1. In order to promote team spirit, all athletes are encouraged to ride the bus to and from all away games.
2. It is strongly recommended that players stay for all of the day's contests before leaving the game site with their parents.
3. Players may leave a contest with their parent, guardian, or a parent of a teammate, if the parent/guardian signs the student out as designated by the coach. Individual programs may have their own policies and expectations about riding home together from contests.
4. If an emergency arises and the parents are not at the game, the coach can make an exception to allow the student to leave.
5. Coaches should notify the team if they plan on stopping to eat after a game.

XIV. BUILDING SECURITY GUIDELINES FOR ATHLETES

1. 1. Athletes are to report to their respective locker rooms and practice area as soon as the school day is over.
2. 2. After practice, the athletes should go into their locker room to change, take a shower, and secure their padlocks.
3. 3. When the above is completed, they should leave the high school building as soon as possible. If they are waiting for a ride, they should be picked up in front of the high school building. They can wait in the multi-purpose room until their ride arrives.
4. 4. Athletes are not to be in the hallways before or after practice. They should take their books and belongings to the locker room after school to stay out of the hallway after practice is over.
5. Doors should not be propped open with any objects, including chairs, weights, rugs, cones, etc. Any athlete found using an object to prop a door open will receive a warning. Repeat offenses will result in disciplinary action. The front doors of the school will remain open for athletes who need to access their cars after school.

XV. DRESS CODE

1. Proper dress by the athletes at home and away games is very important to the image of Meridian CUSD 223 athletes.
2. Coaches may implement a dress code that stresses proper dress to and from a game. The school dress code should be used as a guideline for proper dress. The head coach may implement standards above the school dress code. Consideration will be given to athletes who cannot meet certain financial requirements to purchase certain types of clothes.

XVI. POST-SEASON ACTIVITIES

The following will be provided for students who compete or participate in IHSA State Championship-sponsored activities/events:

1. Transportation to and from the activity.
2. Lodging, if necessary, with four students per room.
3. If a team or individuals make it to the IHSA State Finals, the district will provide a \$25 per day Diem for meals. This is only during the championship round.

XVII. PLAYER/COACH/PARENT COMMUNICATION GUIDELINES

1. If a player has a concern or question about the sports program or an activity, they should contact the coaching staff or advisor first.
2. If the parents or guardians of the player/student have any questions or concerns about their son/daughter or the program, they should contact and request a meeting with the coaching staff/advisor for a time that can be mutually agreed upon. Immediately after a practice, contest, or event is not considered a mutually agreed-upon time by the coaching staff/advisor. **Playing time, team strategy, play calling, and other student-athletes are NOT appropriate to discuss with coaches.**

3. If the player and parents have gone through the coaching staff/advisor about their concerns and questions and want to take their concerns to another person, they should contact the Activities Director before going directly to the Principal, Superintendent, or School Board.
4. Many problems can be avoided by going through proper communication channels.

XVIII. MJHS CODE OF CONDUCT

This Code of Conduct applies to all extracurricular and athletic activities at Meridian Junior High School and is enforced 365 days a year, 24 hours a day. Participation in these activities is a privilege that comes with the responsibility to uphold the highest standards of conduct.

1. Expectations & Prohibited Behaviors

- Uphold integrity, sportsmanship, and respect for others.
- Follow all school rules, district policies, and team/activity guidelines.
- Abstain from alcohol, tobacco, nicotine, illegal drugs, and other prohibited substances.
- Avoid engaging in academic dishonesty, bullying, vandalism, or any illegal or inappropriate conduct.

2. Disciplinary Consequences

Disciplinary actions depend on the severity and frequency of violations. Students must complete any suspension in "Good Standing" and continue attending practices.

Sanctions may include:

- **First Offense:** Suspension for 2 weeks of the season or activities. This penalty may be reduced if the student enrolls in a school-approved counseling program.
- **Second Offense:** Suspension for 4 weeks of the season or activities. The student must complete an approved counseling program before reinstatement.
- **Third Offense:** Suspension from all activities for one calendar year.

3. Due Process & Appeals

- Students have the right to explain their actions and appeal decisions through a fair process.
- Coaches, advisors, and administrators will determine appropriate consequences.

All students remain subject to school district policies and the student/parent handbook.

XVIIII. CODE OF CONDUCT AND TARGET POLICY FOR SVHS

1. Students will treat their coaches, directors, sponsors, teammates, opponents, fans, teachers, and facilities with respect. Hazing and Bullying activities are strictly prohibited. Gross or persistent disrespect will be cause for dismissal from the program. Each sport or activity may have more rules to fit their particular program.
2. Students will not engage in criminal actions. Students being investigated by the legal system and/or charged with a misdemeanor or felony may be suspended indefinitely pending a review made by the Principal, Activities Director, coach, director, or sponsor.

It is the philosophy of Meridian CUSD 223 that students should be encouraged and supported in their efforts to develop and maintain an alcohol, drug, and tobacco-free lifestyle.

3. Possession and/or use of tobacco, e-cigarettes, alcohol, drugs, including any type of mood-altering or legal drugs taken inappropriately, performance-enhancing drugs, any look-alike drugs and/or chemicals, and drug paraphernalia is prohibited.
4. If a student is PRESENT where illegal activity is being conducted, they will be considered in POSSESSION according to the Stillman Valley High School Target Program. The question of present and therefore in possession will be determined for each student involved in the incident. Should an extra-curricular participant find him/herself in a situation where illegal activities are taking place, that individual will be considered to be an active participant in those activities if he/she fails to leave the situation as soon as they become aware of those illegal activities.

A student caught by a staff member, administrator, or law enforcement officer violating this rule at any time during the calendar year is subject to the disciplinary action of the school district and/or Activity & Athletic Handbook.

Extracurricular Drug and Alcohol Testing Program

The District maintains an extracurricular drug and alcohol testing program in order to foster the health, safety, and welfare of its students. Participation in extracurricular activities is a privilege, and participants need to be exemplars. The program promotes healthy and drug-free participation. Each student and his or her parent(s)/guardian(s) must consent to having the student submit to random drug and alcohol testing in order to participate in any extracurricular activity. Failure to sign the District's "Random Drug and Alcohol Testing Consent" form will result in non-participation. If a test is "positive," the student will be held to The Target Program. The Building Principal or designee will request a "follow-up" test after such an interval of time that the substance previously found would normally be eliminated from the body. If a "positive" result is obtained from the "follow-up" test, or any later test, the same previous procedure shall be followed. The Superintendent or designee shall develop procedures to implement this policy. No student shall be expelled or suspended from school

as a result of any verified positive test conducted under this program other than when independent reasonable suspicion of drug and/or alcohol usage exists. This program does not affect the District policies, practices, or rights to search or test any student who, at the time, exhibits cause for reasonable suspicion of drug and/or alcohol use.

The Target Program

Statement of Philosophy

Stillman Valley High School recognizes the use of alcohol, tobacco, and drugs as a significant health problem for many students, resulting in negative effects on behavior, learning, and the total development of each individual. The misuse and abuse of alcohol, drugs, and tobacco for some students affects academic growth, achievement, activities participation and the development of related skills. Others are affected by the misuse and abuse by family, teammates, schoolmates, or significant persons in their lives.

Stillman Valley High School, along with the National Federation of High School Associations, believes the close contact of coaches/advisors to students in activities provides a unique opportunity to observe, confront, and assist them. It is the philosophy of Stillman Valley High School that students should be encouraged and supported in their efforts to develop and maintain an alcohol, drug, and tobacco-free lifestyle.

Purpose

The purpose of The Target Program is:

1. To emphasize concerns for the health and safety of students while participating in activities and the long-term physical and emotional effects on their health.
2. To promote a sense of order and discipline among students.
3. To confirm and support existing state laws, which restrict the use of alcohol, drugs, and tobacco.
4. To establish standards for conduct for those students who are leaders and standard bearers among their peers.
5. To assist students who desire to resist peer pressure that directs them toward the use of alcohol, drugs, and tobacco or being present where such substances are being consumed, distributed, or used illegally.
6. To assist students who should be referred for assistance or evaluation regarding their use of alcohol, drugs, and tobacco.

The Target Program covers:

1. Grades 9 -12.
2. In and out of school hours from the first day of fall pre-season practice through the completion of any spring state final.
3. In or out of any sport/activity seasons.
4. All high school clubs, organizations, athletic teams, and activities.

The Target Program and Athletic/Activity Handbook does not cover: 1.

Students during the summer months.

2. Exceptions would be when students from Stillman Valley High School attend a summer sport/activity camp when Stillman Valley High School is used on the application form. Examples would be summer leagues or camps for basketball, soccer, cheerleading, football, baseball, wrestling, volleyball, etc.

The administration, coaching/activity staff, and the board of education strongly support drug, alcohol, and tobacco-free activities for the entire calendar year, not just the school year.

Possession: Drugs/Alcohol/Tobacco

Any student who is: using, buying, selling, delivering, or in personal possession of:

1. Illegal drugs, which include any type of mood-altering drugs,
2. Legal drugs taken inappropriately,
3. Tobacco,
4. Alcohol,
5. Any look-alike mood-altering chemicals or paraphernalia. A student who is PRESENT where the above-mentioned activities are being conducted will be considered in POSSESSION according to the Stillman Valley High School Target Program. The question of present and therefore in possession will be determined for each student involved in the incident. Should an extracurricular participant find him/herself in a situation where possession is taking place, that individual will be considered an active participant in those activities if he/she fails to leave the situation as soon as they become aware of those in possession of illegal substances.

Violations

When an investigation determines that a violation has occurred, the student will be suspended for at least ONE CALENDAR WEEK from all athletic contests and school activities that they are a member of, including sponsored by organization/activities listed in the athletic/activity handbook (prom and junior/senior banquet are not included). Students may practice with their team/activity, but will not be allowed to dress or participate in the competition/activity.

The following process will be used in dealing with an alleged violation:

1. The principal or his/her administrative designee will investigate the alleged incident to get all the facts and determine whether a violation has occurred. The principal or his/her designee will notify the parents as early in the investigation process as possible.
2. If it is determined that a violation has occurred, the student and the parents or guardian will be informed of the violation of the Target policy.
3. The student and the parents or guardian will decide which option they will choose. This must be done in writing, no later than seven days after parents have been notified of the violation. If this does not occur, Option 2 will be enforced.
4. If the student and the parents or guardian decide to take Option 1, the student and/or parent or guardian shall schedule an appointment with a chemical

dependency counselor with the scheduled suspension and must notify the principal or athletic director of the time and date of this appointment. 5. Violations cover a student's entire high school career.

FIRST OFFENSE

OPTION 1-

1. Regular disciplinary action of the District, if during school hours, on school grounds, or at a school-sponsored activity.
2. The student will be suspended for one calendar week of competition.
3. The student, along with the parents or guardians, agrees to be assessed by a student assistance Program (SAP) authorized and approved by the School Administration. The student must participate in the assessment process (the cost of any and all assessments will be the responsibility of the student and/or parents) and follow the counselor's recommendations to completion. If treatment or counseling is recommended, it must be completed with confidentiality so that verification of this assessment and a written report can be given to the principal. It is the responsibility of the student and parents to keep the principal apprised of the student's progress throughout this entire process. The student must follow the prescribed program, or the consequences of option 2 will go into effect immediately. The sole cost of this program will be the responsibility of the student and/or parent.

OPTION 2-The student is suspended for **six** calendar months from being a member of all teams/activities.

SECOND OFFENSE

OPTION 1 –

1. Regular disciplinary action of the District, if during school hours, on school grounds, or at a school-sponsored activity.
2. The student will be suspended for six weeks or the remainder of the competitive season, whichever is longer. The student, along with the parents or guardians, agrees to have the student complete a drug rehabilitation course as previously stated.

OPTION 2-The student is suspended for twelve calendar months from being a member of all teams/activities.

THIRD OFFENSE

OPTION 1 –

1. Regular disciplinary action of the District, if during school hours, on school grounds, or at a school-sponsored activity.
2. The student will be suspended for the remainder of the current or next competitive season or twelve weeks, whichever is longer. The student, along with the parents or guardians, agrees to have the student complete a drug rehabilitation course as previously stated.

OPTION 2-The student is suspended for the remainder of his/her high school career.

FOURTH OFFENSE

1. Regular disciplinary action of the District, if during school hours, on school grounds, or at a school-sponsored activity.
2. The student is suspended for the remainder of his/her high school career.

Procedure and Review Process

In any cases involving violations of the Target Program, the following procedure shall be used:

1. The principal or his/her administrative designee will investigate the alleged incident to get all the facts and determine whether a violation has occurred. The principal or his/her designee will notify the parents as early in the investigation process as possible.
2. If it is determined that a violation has occurred, the student and the parents or guardian will be informed of the violation of the Target policy.
3. If requested, the principal or his/her administrative designee will conduct a hearing pertaining to the violation involving the parents/guardian and student. The student and parents/guardian will be given an opportunity to respond to any or all of the violation charges.
4. If the parents/guardians are dissatisfied with any penalty decision, they may set up a review with the principal.
5. If the parents/guardians are dissatisfied with any penalty decision coming from the principal, they may set up a review with the board of education. Review of the Athletic/Activity Handbook: The Target Program will be reviewed annually as part of the athletic/activity handbook.

******The Athletic/Activity Handbook policy has been constructed to work in conjunction with the policies and procedures in the student handbook. The student handbook will serve as the primary resource for the extracurricular board in the event of policy or procedural questions.

ATHLETIC/ACTIVITY TARGET AND HANDBOOK PLEDGE SHEET

Students involved in Activities/Athletics will receive a handbook the first week of school. Your Pledge sheet can be found online in the SVHS Athletic Packet. The Pledge Sheet must be signed by the student and a parent/guardian prior to the start of a season.

XV. ATHLETIC ADMISSION COSTS AND FAMILY PASSES

1. Regular High School season event admission costs are set by the Big Northern Conference at \$5.00 for an adult and \$3.00 for a student/senior. Current Meridian CUSD 223 employees and immediate family members, as well as current SVHS students, are admitted to regular season events free with a valid student ID.
2. Tournament admission prices vary throughout the year. Passes are not allowed for tournaments or the IHSA State Series.
3. Regular Junior High season event admission costs are set at \$3.00 for an adult and

\$2.00 for a student/senior.

4. An Individual Season Pass may be purchased through GoFan at <https://gofan.co/app/school/IL22507>. The Individual Season Pass will allow entry into all regular-season contests at Meridian Jr. High School and/or Stillman Valley High School. Tournaments or the IHSA State Series are not included. The cost of an Individual Season Pass is \$75.00 and includes the sports of football, volleyball, girls/boys basketball, and wrestling.

XVI. ATHLETIC/ACTIVITY TEAMS AND ORGANIZATIONS

High School Athletic/Activity Fees:

1. \$100 the first participated in
2. \$50.00 for the second sport/activity participated in
3. The third sport/activity is free
4. If a player quits a team after the 3 week of a season, no refund will be given. **High**

School Athletics/Activities with Fees

Baseball, Basketball (Girls/Boys), Cheer – Football, Cheer – Basketball, Cheer – Competition Team, Chess, Dance – Football, Dance – Basketball, Fall Play, Football, Golf (Girls/Boys), Musical, Outdoor Club, Scholastic Bowl, Soccer (Girls/Boys), Softball, Swimming co-op (Girls/Boys), Track (Girls/Boys), Volleyball, Wrestling

High School Athletics/Activities without Fees

Band, Chorus, Class Officers, FBLA, International Club, Math Team, National Honor Society, Stage Crew for Theater Productions, Student Council, WYSE team, Yearbook

*FFA dues are \$15.00 for 2026-27, paid through the FFA Advisor.

Junior High Athletic/Activity Fees:

1. \$35.00 for the first sport/activity participated in
2. \$35.00 for the second sport/activity participated in
3. The third sport/activity participated in is free

Junior High Athletics/Activities with Fees

Basketball (Girls/Boys), Cheer – Basketball, Academic Bowl, Track (Girls/Boys), Volleyball, and Wrestling

Organizations

Band

**Stillman Valley
High School
Athletics,
Clubs, and**

Baseball

Basketball

Basketball Cheer	Outdoor Club	Football
	Pride Club	Football Cheer
Basketball Dance	PSAC	Football Dance
Bass Fishing	Reading Buddies	Golf
Book Club	Renaissance	Spanish Club
Chess	Scholastic Bowl	Student Council
Chorus	Soccer	Swimming
Competition	Softball	Take Action
Cheer	Cross Country	League
Class Officers	E-Sports	Track
	Environmental Club	Volleyball
Math Team	Fall Play	Wrestling
Musical	FBLA	WYSE Team
National Honor Society	FFA	Yearbook

**Meridian CUSD 223
2026-27 ATHLETIC & ACTIVITY HANDBOOK
AGREEMENT FORM**

My Signature acknowledges that I received the Meridian CUSD 223 Athletic/Activity Handbook, which includes the general practices, procedures, rules and regulations for extra-curricular activities at Meridian CUSD 223. It is my responsibility to read the handbook and become aware of the consequences which may result if these rules are not followed.

Student Signature/Date

Parent/Guardian Signature/Date

2026-27 SVHS RANDOM DRUG AND ALCOHOL TESTING CONSENT FORM

My signature acknowledges that I understand the "Extracurricular Drug and Alcohol Testing Program" as stated in the MCUSD #223 Athletic and Activity Handbook.

Student Signature/Date

Parent/Guardian Signature/Date