

FISHER COUNTY HOSPITAL DISTRICT

Administration: Cardiac Rehab P & P	Policy # 074 -
Subject: Equipment	Reviewed/Revised: 9/2026
Written: Unknown Last Revised: 8/22	Approved by Medical Staff Date: 9/16/26 
	Approved by Governing Board: Date: 9/28/26

SECTION 1: Purpose

- 1.1 To establish guidelines for necessary equipment and optimal maintenance of equipment in the Cardiac Rehabilitation program.

SECTION 2: Policy

- 2.1 Specific requirements for Cardiac rehabilitation equipment are determined by the type of program offered. Program economic considerations are unique situational needs.

- 2.2 Standard equipment options include, but are not limited to the below listed medical equipment. NOTE: that in the event an emergency occurs, the medical equipment found in the Cardiac Rehab area will be used while the patient is being moved to the Emergency Department.

2.2.1 Medical Equipment

- A. ECG machine which meets AHA standards
- B. Telemetry devices
- C. Blood Pressure cuff, stethoscope, pulse oximeter

2.2.2 Exercise Equipment

- A. Motor driven treadmill with emergency stop which can be calibrated to 1 mph and 0% grade.
- B. Calibrated stationary bicycle ergo meter and odometer.
- C. Nu-Step recumbent stepper
- D. Upper body ergometer (UBE)
- E. Large sweep second-hand clock to calculate heart rates.

2.2.3 Office Equipment

- A. Secure storage for patient records
- B. Computer
- C. iPad
- D. Telephone
- E. Calculator

- 2.3 All equipment (medical, exercise, and office) will be maintained according to the schedule provided, which is in accordance with the manufacturer's recommendations.

- 2.4 It is the responsibility of all professional staff members to maintain and calibrate equipment on a scheduled basis. It is the responsibility of the Program Director to schedule appropriate maintenance.

- 2.5 All equipment shall be cleaned by Cardiac Rehab staff after each patient use, using a hospital-approved cleaning and disinfecting product in accordance with manufacturer recommendations. Each patient will be provided an individual-use bag to securely hold their telemetry device during exercise. These bags are designated for single-patient use only and shall not be shared between patients. Batteries in telemetry devices shall be replaced for each patient use to help ensure proper functioning and reliable monitoring throughout the Cardiac Rehab session.

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2.6 The Cardiac Rehabilitation Program Director will maintain records of equipment suppliers, warranty agreements, operating manuals, replacement availability, calibration checks, and cost. A complete preventive maintenance program that includes calibration checks is recommended for optimal equipment accuracy and performance.