



CANUTILLO INDEPENDENT SCHOOL DISTRICT

Student Support Services

TO: Board of Trustees
Dr. Josue Borrego, Superintendent

FROM: Dr. Monica Reyes, Executive Director, Student Support Services
Mrs. Julie Scott, SHAC Parent Chair

DATE: September 22, 2026

SUBJECT: School Health Advisory Council (SHAC) Annual Report

As per board policy, the Student Support Services Department will present the School Health Advisory Council (SHAC) Annual Report. This report communicates the 2025-2026 efforts and recommendations addressing meetings and activities throughout the district. Curriculums for school counselors and a physical education after school program are also included and recommended for board approval.

This report does require board action of recognition and approval as stated in policy EHAA (Legal).

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canutillo-isd.org

Canutillo Independent School District does not discriminate on the basis of race, color, religion, gender, sex, national origin, age, disability, military status, genetic information, or any other basis prohibited by law in its employment practices or in providing education services, activities, and programs, including career and technical education (vocational programs).

For additional information regarding Canutillo Independent School District's policy of nondiscrimination contact the Human Resources Division: (915) 877-7475 | 7965 Antcraft Rd. | El Paso, TX 79932



CANUTILLO INDEPENDENT SCHOOL DISTRICT

Student Support Services

September 22, 2026

Dear Dr. Borrego and Members of the Board of Trustees,

According to EHAA (LEGAL), a board shall establish a local school health advisory council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction. Education Code 28.004(a) [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements.]

According to BDF, in addition to its other duties, the SHAC shall submit to the board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board;
2. Any suggested modification to a SHAC recommendation previously submitted to the board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee.

Furthermore, Texas Education Code (TEC) 28.004 states the SHAC shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students, TEC 28.004 (I-1). Additionally, the Board shall determine the specific content of the District's instruction in human sexuality, TEC 28.004 (h).

This annual report will include the activities and accomplishments for the 2025-2026 school year.

Sincerely,

Dr. Monica Reyes
Executive Director, Student Support Services

Julie Scott
SHAC Chair and Parent

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2025-2026 School Health Advisory Council (SHAC) Report

- SHAC Meetings
 - SHAC Regular Meetings: 4 General session meetings (4 meetings required per year by law.)
 - October 21, 2025
 - December 8, 2025
 - February 9, 2026
 - April 13, 2026
 - SHAC Committees Meetings
 - Health & Wellness Committee
 - Coordinators (acting)
 - Sandra Day (Parent)
 - Julie Scott (Parent)
 - December 8, 2025
 - January 14, 2026
 - April 1, 2026
 - Bullying & Mental Health
 - Bullying Committee Coordinator
 - Jesus Juarez, District Prevention Specialist (Staff)
 - Mental Health Committee Coordinator
 - Dayanira Carrillo, District Social Worker (Staff)
 - November 19, 2025
 - January 14, 2026
 - April 1, 2026
- SHAC Executive Committee Officers
 - Chair - Julie Scott (parent)
 - Secretary - Sandra Day (parent)
 - Parliamentarian - Christina Figueroa (parent/staff)
 - SHAC District Representative
 - Dr. Monica Reyes, Executive Director of Student Support Services - (parent/staff)
- SHAC Recruitment 2025-2026 Efforts
 - Flyers – print and digital
 - SHAC Website:
<https://www.canutillo-isd.org/departments/student-support-services/holistic-health/shac>
 - Campus Parent Liaisons
 - Campus SHAC representatives
 - Campus Announcements through Blackboard

2025-2026 School Health Advisory Council (SHAC) Report

- SHAC bulletin boards – one per campus
- Open forum - Invitation to community and School Board Members to send representatives

- Members

- Total: 56 participants
- 12 - parents or grandparents
- 7 - staff who are parents
- 21 - staff members
- 6 - administrators
- 2 - administrators who are parents
- 4 - community or agency members
- 4 - students

*represents more than one campus in table below

CANUTILLO ISD SCHOOL HEALTH ADVISORY COUNCIL

<u>Campus/Department</u>	<u>Parent (P) / Staff (S)/Administration(A)/Grandparent (GP)</u>
SHAC Chair (1)	Julie Scott (P)*
SHAC Secretary (1)	Sandra Day (P)*
Childress Elementary (4)	Isaac Oliva (S) Jo Maria Rodriguez (P) Anayan Sanchez (P) Leslie Adkins (P)
Canutillo Elementary (1)	Carolina Quinonez (S)
Davenport Elementary (2)	Efran Pucido (S) Lyslie Barraza (S)
Garcia Elementary (1)	Victor Lucas (P/S)*
Damian Elementary (2)	Jose Gomez (S) Jennifer Guerrero (P/S)*
Reyes Elementary (2)	Veronica Vasquez (S/P)* Sandra Day (P)* Gabriela Barraza (S)
Alderete Middle (5)	Teresita Parra (S) Toney Moreno (P) Christina Figueroa (P/S)* Esther Alzaga (P/S)* Jennifer Guerrero (P)*
Canutillo Middle (7)	Angelica Placencia (P/S)* Justin Balanciere (S) Alma Ramos (S) Andrea Esparza (S/P) Christopher Scott (P)* Julie Scott (P)* Veronica Vasquez-Ramos (S/P)*

2025-2026 School Health Advisory Council (SHAC) Report

Canutillo High School (10)	Aaron Bajek (S) Jenny Patino (A) Dr. Monica Reyes (P/S)* Amber Whitley (P)* Sandra Day (P)* Julie Scott (P)* Angelica Placencia (P/S)* Christina Figueroa (P/S)* Michelle Belli (S) Christopher Scott (P)* Edgar Green (P) Vincent Rosario (Student) Lyakke Ofung (Student) Cristian Green (Student) Leo Flores (Student)
Northwest Early College High School (1)	Esther Alzaga (P/S)*
Student Support Services/Nutrition/Admin (29)	Dr. Monica Reyes (P/A)* Marcos Macias (A- Nutrition) Daya Carrillo (S) Jocelyn Cepeda (S) Leah Lopez (S) Jesus Juarez (S) Jennifer Carrera (S) Christina Figueroa (P/S)* Jesica Arellano (A) Fernando Martinez (A) Lorenzo Leyva (S) Efren Pucido (S)
Agency/Community (4)	Kristin Ortega- Action for Healthy Kids Priscilla Cortez- Alliviane Maiya Landeros- Alliviane Valerie Flores- El Paso Children's Guidance Center

- Goals of SHAC
 - Committee Goals
 - Mental Health
 - What is being done for our teachers for mental health?
 - Trends happening at each campus
 - Bullying
 - Gather data and present
 - Health Education/Wellness
 - Vaping Prevention/Intervention/Post-vention
 - First Offenders Program
 - Increase Parent engagement

2025-2026 School Health Advisory Council (SHAC) Report

- Committee Highlights

- Bullying
 - Updates and Review of data
- Mental Health
 - Climate Survey, Fall 2025
 - SEL Bowl 5.0
 - Mental Health Coalition
 - Paso del Norte Health Foundation Grant (PdNHF)
 - HB 1481 Cell Phone Ban Evaluation Grant
 - Stronger Connections Grant
 - Mental Health Awareness Grant
 - Adult Mental Health First Aid
 - Youth Mental Health First Aid
 - Teen Mental Health First Aid
 - Discussion of new Counselors Curriculum
 - Presentation by Everfi
 - Review of Panorama, Skillstreaming, and ReThink
- Health / Wellness
 - Collaborated with Action for Healthy Kids and PdNHF - Kristen Ortega
 - Vaping Policy development
 - Student Support Services, Prevention Specialist, Mr. Jesus Juarez, and Chief Martinez working on First Offenders Program
 - Promise Program
 - Vape Sensors at High School
 - Presentation of New Police Dog Officer Coby

- Presentations and Partnerships

- Action for Healthy Kids: Since 2018, Canutillo ISD has been part of the El Paso Healthy Schools Coalition. Action for Healthy Kids has been a huge support for health and wellness in our district. In the past, they have provided financial grants and consistently offered guidance and support. The coalition has sponsored networking with other districts and community agencies in the El Paso Region.
 - Filming: Action for Healthy Kids has finalized video clips highlighting Canutillo ISD in components of Coordinated School Health in nursing, recess, and physical education.
 - Wellness Policy Training: This year, Action for Healthy Kids and the Department of Agriculture co-presented on the updates and status of district wellness policies. A district/SHAC team from Canutillo ISD participated in the process of how to update and write the current wellness policy under FFA (Local).

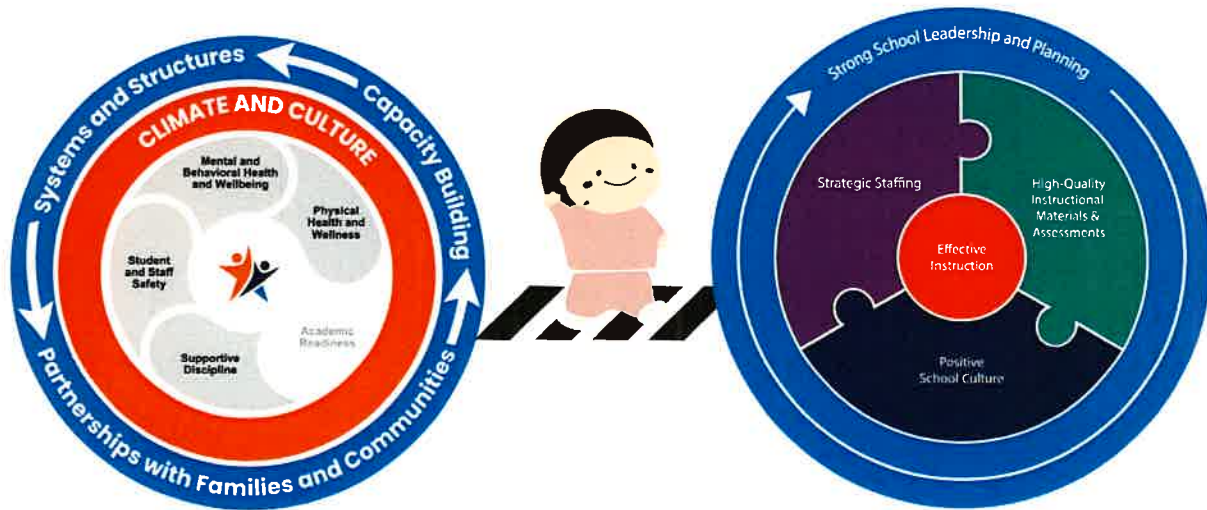
2025-2026 School Health Advisory Council (SHAC) Report

- Regional SHAC: Action for Healthy Kids created a Regional SHAC so that the El Paso Region school districts could gather to discuss concerns, issues, and to support districts that are facing concerns with student and staff wellness. Mrs. Julie Scott and Dr. Monica Reyes served on a panel for one of the Regional SHAC meetings discussing the implications and implementation of HB 1481: Cell Phone Ban.
- Texas Coordinated School Health Partnership Meeting: Action for Healthy Kids and Texas Department of State Health Services created a Texas wide SHAC collaboration for school districts all across Texas to discuss current events pertaining to SHAC and student health. It is a monthly online meeting to network and collaborate with other school districts in Texas.
- Adult/Youth Mental Health First Aid & Rethink Mental Health Suite Curriculum: Grant awarded to Canutillo ISD and UTEP Social Work Department. Grant will end September 2026.
 - This grant is supported by our Student Support Services Department.
 - The Canutillo ISD Social Emotional Bowl (SEL Bowl 5.0) on November 10, 2025 brought professional development to our teachers, staff, and administrators. The focus was Adult Mental Health First Aid training. Canutillo ISD had 16 Adult MHFA Trainers, and along with other agencies' trainers, we conducted the professional development for our staff.
 - This grant also supports the Rethink curriculum (Mental Health Suite) used by Physical Education/Health teachers and CISD Counselors.
- After-school Program – Nike Days
 - All six elementary schools participated in after-school activities with Nike Outlet employees who volunteer their time (while supervised by CISD employees) to teach and enjoy physical activities with our CISD students as an after-school program.
 - This is FREE to our district.
- Bullying Presentations: The Prevention Specialist, Mr. Jesus Juarez, provided presentations on bullying and prevention to CHS athletes and their parents.
- Campus Climate Survey: Through the Stronger Connections Grant, all campuses received a free campus climate survey that was conducted anonymously in Fall 2025.
 - As part of our ongoing efforts to foster a positive and supportive school climate and culture within our schools, the Texas Center for Students Supports (TCSS) has partnered with the Texas Institute for Excellence in Mental Health (TIEMH) to develop the Stronger Connections Climate Survey. This survey is a vital tool for gathering insights from students, staff, and families, helping the district to better understand our current

2025-2026 School Health Advisory Council (SHAC) Report

school climates, identify strengths, and pinpoint areas needing improvement.

- Please see climate survey results below for all campuses.



Elementary Student Survey (3rd-5th Grade)

	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26
	BCE (151)	BCE (103)	CES (237)	CES (180)	GES (157)	GES (170)	RES (281)	RES (265)	DDE (130)	DDE (96)	JDE (187)	JDE (135)	24-25 Average	25-26 Average
Climate Total	3.40	3.50	3.30	3.30	3.30	3.30	3.30	3.40	3.30	3.30	3.30	3.40	3.32	3.37
School Connectedness & Belonging	3.40	3.40	3.40	3.30	3.30	3.30	3.30	3.30	3.40	3.20	3.30	3.40	3.35	3.32
Staff-Student Relationships	3.70	3.70	3.60	3.60	3.60	3.70	3.50	3.60	3.60	3.60	3.50	3.60	3.58	3.63
Peer Relationships/Prosocial Behavior	3.30	3.30	3.10	3.10	3.00	3.10	2.90	3.10	3.10	3.00	3.00	3.10	3.07	3.12
Family Involvement/ Engagement	3.60	3.70	3.60	3.60	3.50	3.60	3.60	3.60	3.40	3.50	3.70	3.60	3.57	3.60
Academic Culture and Learning Environment	3.70	3.80	3.70	3.70	3.70	3.60	3.60	3.70	3.60	3.70	3.60	3.70	3.65	3.70
Discipline and Behavioral Expectations	3.30	3.50	3.20	3.20	3.30	3.20	3.10	3.30	3.10	3.30	3.20	3.30	3.2	3.30
School Safety	3.60	3.70	3.50	3.60	3.60	3.60	3.50	3.60	3.50	3.50	3.50	3.70	3.53	3.62
Peer Conflict/Bullying	2.80	3.10	2.50	2.80	2.60	2.70	2.50	3.00	2.60	2.70	2.50	2.80	2.58	2.85
Building Skills		3.4		3.30		3.50		3.40		3.4		3.5		3.41

2025-2026 School Health Advisory Council (SHAC) Report

Elementary Staff Survey														
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26
	BCE (42)	BCE (44)	CES (46)	CES (57)	GES	GES (58)	RES	RES (56)	DDE (15)	DDE (34)	JDE (50)	JDE (46)	24-25 Average	25-26 Average
Climate Total	3.20	3.40	3.30	3.50		3.40		3.70	3.50	3.40	3.40	3.50	3.36	3.48
Staff Connectedness & Morale	3.20	3.30	3.30	3.60		3.40		3.80	3.60	3.50	3.50	3.70	3.4	3.55
Administrative Support	2.90	3.10	3.30	3.60		3.30		3.80	3.40	3.30	3.50	3.70	3.28	3.47
Staff-Student Relationships	3.30	3.50	3.30	3.50		3.30		3.70	3.70	3.70	3.50	3.60	3.44	3.55
Peer relationships/prosocial	3.20	3.30	3.20	3.50		3.20		3.50	3.50	3.40	3.30	3.40	3.28	3.38
Staff-Family Relationships	3.30	3.40	3.40	3.50		3.40		3.70	3.40	3.50	3.60	3.70	3.44	3.53
Family Involvement/Engagement	3.20	3.10	3.20	3.40		3.30		3.80	3.10	3.00	3.40	3.50	3.26	3.35
Physical Environment	3.10	3.20	3.20	3.50		3.10		3.70	3.40	3.50	3.30	3.30	3.3	3.38
Academic Culture/Learning Environment	3.20	3.30	3.30	3.50		3.40		3.70	3.40	3.50	3.30	3.60	3.32	3.5
Discipline & Behavioral Expectations	2.80	3.30	3.20	3.30		3.30		3.60	3.40	3.30	3.30	3.40	3.2	3.37
School Safety	3.20	3.40	3.40	3.50		3.50		3.80	3.60	3.50	3.50	3.70	3.44	3.57
Peer Conflict & Bullying	3.20	3.40	3.30	3.30		3.30		3.60	3.50	3.40	3.40	3.40	3.32	3.4
Substance Use	3.60	3.90	3.30	3.70		3.90		3.90	3.80	4.00	3.70	3.90	3.6	3.88
Services		3.10		3.50		3.30		3.60		3.20		3.70		3.4
Mental Health		3.10		3.30		3.20		3.60		3.30		3.80		3.38

Elementary Family Survey														
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26
	BCE (7)	BCE (103)	CES (52)	CES (63)	GES (19)	GES (85)	RES (60)	RES (198)	DDE (13)	DDE (40)	JDE (80)	JDE (289)	24-25 Average	25-26 Average
Climate Total	3.20	3.60	3.30	3.50	3.60	3.50	3.50	3.70	3.50	3.6	3.60	3.60	3.45	3.58
School Connectedness & Belonging	3.50	3.70	3.40	3.60	3.50	3.50	3.60	3.70	3.70	3.6	3.70	3.70	3.53	3.63
Staff-Student Relationships	3.20	3.60	3.20	3.50	3.50	3.40	3.30	3.60	3.60	3.5	3.50	3.70	3.42	3.55
Parent-staff Relationships	3.10	3.50	3.20	3.40	3.50	3.30	3.30	3.50	3.40	3.5	3.50	3.60	3.33	3.47
Family Involvement/ Engagement	3.50	3.70	3.40	3.80	3.60	3.70	3.60	3.80	3.60	3.7	3.60	3.80	3.55	3.75
Physical Environment	2.80	3.80	3.50	3.70	3.90	3.80	3.70	3.90	3.70	3.8	3.70	3.80	3.55	3.80
Academic Culture & Learning Environment	3.40	3.70	3.50	3.60	3.70	3.60	3.50	3.70	3.70	3.8	3.70	3.70	3.58	3.68
Discipline and Behavioral Expectations	2.70	3.60	3.30	3.60	3.50	3.50	3.40	3.60	3.60	3.7	3.60	3.70	3.35	3.62
School Safety	3.30	3.50	3.50	3.60	3.70	3.60	3.60	3.70	3.70	3.6	3.70	3.60	3.58	3.60
Peer Conflict/Bullying	2.70	3.10	2.70	3.10	3.20	3.10	3.20	3.40	3.00	3.2	3.20	3.10	3.00	3.17
Substance Use	3.40	3.40	3.20	3.40	3.60	3.60	3.60	3.70	3.20	3.5	3.70	3.40	3.45	3.50
Mental Health		3.4		3.2		3.2		3.4		3.4		3.6		3.36

Campus Climate Survey Data Comparison											
Student Survey											
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25
	CHS (648)	CHS (181)	NECHS (115)	NECHS (112)	AMS (465)	AMS (316)	CMS (289)	CMS (65)	24-25 District Average	25-26 District Average	
Climate Total	2.8	2.9	3.1	3.2	2.9	2.9	3.1	3.1	2.98	3.03	
School Connectedness & Belonging	2.9	2.9	3	3.1	3	2.7	3.1	2.9	3.00	2.90	
Staff-Student Relationships	2.8	3.1	3.1	3.2	3	3.1	3.2	3.4	3.03	3.20	
Peer Relationships/Prosocial Behavior	2.7	2.9	3	3.2	2.7	2.8	2.8	3	2.80	2.98	
Family Involvement/ Engagement	3.4	3.5	3.5	3.5	3.4	3.5	3.6	3.6	3.48	3.53	
Physical Env	2.9	2.9	2.9	3	2.9	2.9	3.1	3	2.95	2.95	
Academic Culture and Learning Environment	2.8	2.9	3.1	3.2	3.1	3	3.2	3.2	3.05	3.08	
Discipline and Behavioral Expectations	2.9	3	3.2	3.3	3.2	3.2	3.4	3.5	3.18	3.25	
School Safety	2.9	3.1	3.1	3.3	3	3	3.2	3.3	3.05	3.18	
Peer Conflict/Bullying	2.3	2.5	2.9	3	2.4	2.4	2.5	2.6	2.53	2.63	
Substance Use	2.4	2.4	3.3	3.4	3	2.9	2.9	3.1	2.90	2.95	
Mental Health & Well Being	2.7	3.1	3	3.1	3	2.9	3.1	3.2	2.95	3.08	
Building Skills	2.6		3		3.1		3.2		2.98		

2025-2026 School Health Advisory Council (SHAC) Report

Staff Survey										
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25 District Average	25-26 District Average
	CHS (46)	CHS (62)	NECHS (16)	NECHS (16)	AMS (56)	AMS (53)	CMS (40)	CMS (27)		
Climate Total	2.4	2.4	3.2	3.1	3.2	3.2	3	3	2.95	2.9
Staff Connectedness & Morale	2.3	2.3	3.2	3.1	3.4	3.4	3.2	3	3.03	3.0
Administrative Support	2.1	1.8	3	2.6	3.3	3.3	2.9	3	2.83	2.7
Staff-Student Relationships	2.7	2.7	3.3	3.2	3.3	3.3	3.1	3.2	3.10	3.1
Peer relationships/prosocial	2.7	2.6	3.2	3.4	3.1	3	3	2.9	3.00	3.0
Staff-Family Relationships	2.8	2.8	3.4	3.3	3.4	3.4	3.3	3.3	3.23	3.2
Family Involvement/Engagement	2.5	2.5	3.3	3.1	3.2	3.2	3.1	3.1	3.03	3.0
Physical Environment	2.6	2.4	3.2	3.1	3.3	3.2	3	2.9	3.03	2.9
Academic Culture/Learning Environment	2.6	2.7	3.4	3.5	3.3	3.4	3.1	3.2	3.10	3.2
Discipline & Behavioral Expectations	2.2	2	2.9	2.9	3.2	3	3	3.1	2.83	2.8
School Safety	2.5	2.3	3.3	2.7	3.4	3.4	3.3	3.1	3.13	2.9
Peer Conflict & Bullying	2.4	2.4	3.1	3.2	3.1	3.1	2.8	2.9	2.85	2.9
Substance Use	1.7	1.7	3	2.8	3	3	2.7	2.2	2.60	2.4
Services		2.5		3.2		3.3		3.2		3.1
Mental Health		2.7		3.6		3.2		3.1		3.2

Family Survey										
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25 District Average	25-26 District Average
	CHS (46)	CHS (124)	NECHS (4)	NECHS (15)	AMS (133)	AMS (43)	CMS (10)	CMS (15)		
Climate Total	2.8	2.9	3.1	3.3	3.2	3.1	3	3.1	3.03	3.10
School Connectedness & Belonging	3.2	3	2.9	3.4	3.4	3.2	3.2	3.2	3.18	3.20
Staff-Student Relationships	2.8	2.9	3.3	3.1	3.2	3	2.9	2.9	3.05	2.98
Parent-staff Relationships	2.7	2.9	3.1	3.1	3.1	3	2.9	2.6	2.95	2.90
Family Involvement/ Engagement	3.3	3.2	3.2	3.5	3.3	3.4	3	3.4	3.20	3.38
Physical Environment	3.3	3.3	3.8	3.2	3.5	3.4	3.5	3.2	3.53	3.28
Academic Culture & Learning Environment	3.1	3.1	3.3	3.4	3.4	3.3	3	3.3	3.20	3.28
Discipline and Behavioral Expectations	2.6	2.9	3.4	3.2	3.3	3.1	3	3.1	3.08	3.08
School Safety	3	3.1	3.3	3.6	3.4	3.2	3.2	3.3	3.23	3.30
Peer Conflict/Bullying	2.1	2.5	2.4	3	2.6	2.4	2.2	2.1	2.33	2.50
Substance Use	1.9	2.2	2.8	3.1	2.8	2.7	2.6	2.7	2.53	2.68
Mental health		2.8		3.2		3		2.8		2.95

- CPR Training – Students, Faculty, Staff, and Families

- HB 897, enacted in 2013, mandates CPR and AED training for students in Texas public schools, specifically in grades 7-12, according to the Texas Legislature Online. The bill requires students to receive this training at least once before graduation, and it allows school administrators to waive the requirement for students with disabilities. The bill mandates that the State Board of Education (SBOE) require instruction in CPR and AED use for students in grades 7-12. The training must incorporate psychomotor skills, ensuring students have practical experience with mannequins. The CPR/AED instruction can be provided as part of any course, not just health classes.
- This is supported in the K-12 curriculum through Physical Education and Health Education with CPR mannequins for instruction to students, as well as to teachers, parents, and community members. This initiative was supported by Student Support Services and the Nurse Coordinator.
- CPR trainings across the district included:
 - CISD staff certified in CPR/AED to include all nurses and coaches, and other interested employees - 38 staff

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- TOA, CHS, HOSA, and AMS Medical Academy Students certified in CPR/AED - 59 students
- AMS 7th grade Health Classes trained in CPR/AED
- CMS Parent University CPR/AED certification classes
- Human Sexuality*
 - As a part of the district's curriculum, students receive instruction on human sexuality.
 - The School Health Advisory Council (SHAC) is involved with reviewing and selecting course materials for such instruction. State law requires that any instruction related to human sexuality, sexually transmitted diseases, or human immunodeficiency virus or acquired immune deficiency syndrome must:
 - Present abstinence from sexual activity as the preferred choice of behavior concerning all sexual activity for unmarried persons of school age;
 - Devote more attention to abstinence from sexual activity than to any other behavior;
 - Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, and the emotional trauma associated with adolescent sexual activity.
 - Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy and sexually transmitted diseases.

**No new programs to be approved at this time. We are using the Canutillo ISD adopted and state-approved health textbook and any already Board approved programs as a supplemental source.*

- Student Support Services - Dr. Monica Reyes
 - Presented on the 89th Legislative Session to parents and community
 - School Health Index* Presentation: Action for Healthy Kids supports the collection of the School Health Index (SHI). The SHI is a research-based assessment tool that helps you understand which school health policies and best practices your school or district has or does not have in place to support healthy students and to prepare them to learn. The SHI includes key questions on various school health topics from the CDC's version of the School Health Index to provide your school with a shorter, easy-to-complete assessment. AFHK's newly expanded SHI addresses health topic areas consistent with the Whole School, Whole Community, Whole Child (WSCC) model and puts a greater emphasis on Whole Child health by adding in Social

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and Emotional Climate questions, as well as increasing the focus of how families play a key role in improving childhood health behaviors and development.

- The WSCC model places students at the center and emphasizes the role of the community in supporting the school, the connections between health and academic achievement, and the importance of evidence-based school policies and practices. AFHK's SHI also includes cross-cutting questions that address policies and practices that support multiple health topics. Action for Healthy Kids will send a report for each campus to review.
- SHI Criteria: School Wellness Environment, School Meals, Other School Food, Health Education, Physical Education, Physical Activity, Staff Involvement, Family and Community Involvement.

** The School Health Index will be a SHAC action item for the 2026-2027 school year.*

- Alivianne Presentation - Pricilla Cortez
 - This presentation was to provide updated information on our joint partnership. SHAC voted to renew and refresh our partnership for mental health support to our district. Alliviane reaches our 3rd - 9th grade students throughout the district. Alliviane teaches life skills curriculum, prevention education, and positive action curriculum.
 - Memorandum of Understanding and Agreement must be annually approved by the Board of Trustees.(Approved at August 25, 2026 regular board meeting.)
- Smoke Free Paso del Norte - Kristen Ortega
 - This presentation was to provide information on a community resource. The Paso del Norte Health Foundation (PdNHF) and Action for Healthy Kids leverages and invests in initiatives, programs, and policies to promote health and prevent disease in the Paso del Norte region. The focus is on smoking and vaping. The Health and Wellness committee will continue to work with Ms. Ortega on the district Vaping Policy and addressing SHAC's health/wellness goals.
- Health and Wellness Policy - Dr. Monica Reyes, District and Campus SHAC Members, and Parent SHAC member
 - Team members included: Dr. Monica Reyes, Nurse Coordinator Jennifer Carrera, Health Teacher Aaron Bajek, Health Teacher Justin Balanciere, Nutrition Director Marco Macias, PE Coach Isaac Oliva, PE Coach Jose Gomez, and Parent Julie Scott

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- In Spring 2026, the team reviewed and revised the district Health and Wellness policies. The updated revisions will be reviewed for feedback by PE/Health Educators, SHAC, and Cabinet before presented to the Board of Trustees for approval.
- Student Health Presentation - Vincent Rosario, Lyakke Ofung, Christian Green, and Leo Flores
 - Four Canutillo High School Students from Coach Bajek's health class presented on the nutritional content and dissatisfaction on the snack selections in the vending machines located at CHS. They did a survey of 100 students on campus of their opinions on the offerings and knowledge of snacks.
 - SHAC worked with the students, the nutrition department, and the vendor to make the suggested recommendations to the vending machines.
 - The changes in the vending machines were implemented and sold out within weeks of the change. The students were excited for the changes and collaboration with the district.
- School Counselor Curriculum Adoption
 - *Core Essentials* is a character education program designed to foster essential values among students, staff, and families. It focuses on monthly character words that promote social-emotional learning and ethical behavior. The program aims to equip participants with the tools to effectively communicate and embody these values in daily life.
 - Key Features
 - Monthly Themes: Each month introduces a new character word, helping to build a common language around values.
 - Age-Appropriate Curriculum: The program offers tailored curricula for different age groups, including PreK, K-5th, and 6th-12th, ensuring relevance and engagement for all students.
 - Comprehensive Approach: Core Essentials integrates character education into everyday experiences, making it a core part of both the district and school culture rather than an add-on.
 - Alignment with Best Practices: The program aligns with the Character Education Partnership's guiding principles, ensuring it is research-based.
 - *EVERFI* is a digital education provider that offers interactive, self-paced learning modules designed to teach K–12 students essential life skills.

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Provided at no cost to schools through corporate and community sponsorships, the platform aligns with national and state educational standards.

- Focus Areas

- Financial Literacy: The core and most prominent pillar covers budgeting, saving, credit scores, debt, taxes, and higher education financing.
- Health & Wellness: Interactive modules on mental health awareness, emotional well-being, prescription drug and vaping prevention, and bullying prevention.
- Workforce Readiness & STEM: Lessons focused on career exploration, soft skills, computational thinking, data science, and digital citizenship.

- *Skillstreaming* is an evidence-based prosocial skills training program grounded in a structured, systematic approach to help children and adolescents develop social-emotional competencies, replace negative or aggressive behaviors, and navigate interpersonal situations.

- Skillstreaming provides age appropriate lessons:

- Early Childhood (40 Skills): Focuses on basic social skills for young learners, such as listening, sharing, waiting your turn, and recognizing feelings.
- Elementary School (60 Skills): Expands on classroom survival skills, making friends, handling feelings, and alternatives to aggression.
- Adolescents (50 Skills): Covers advanced social skills, stress management, dealing with authority, decision-making, and resisting peer pressure.
- High-Functioning Autism (80 Skills): Tailored specifically for individuals on the autism spectrum to address nuanced social communication, emotional regulation, and perspective-taking challenges.

- Physical Activity Curriculum (for after-school club)

- *Kids Run the Nation* is a youth running program developed by the Road Runners Club of America (RRCA). Designed primarily for elementary and middle school students (grades K–8), the program focuses on instilling a lifelong love for physical activity, health, and personal growth.
 - The curriculum guide provides 10 structured lessons designed to be delivered over a period of multiple weeks. Each session pairs roughly

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15–20 minutes of instruction with 30 or more minutes of active running and movement games.

■ Modules include:

- Running Mechanics: Concepts of walking, jogging, pacing, and sprinting, along with proper posture and body mechanics.
- Workout Essentials: The importance of warm-ups, cool-downs, and stretching.
- Health & Nutrition: Energy balance, healthy eating habits, staying hydrated, and weather safety.
- Goal Setting & Reflection: Tracking personal mileage and keeping a running journal to celebrate milestones.

Board Action Summary

Board Meeting: September 22, 2026

Requested By: 2025-2026 School Health Advisory Council (SHAC)

Action Requested:

The Canutillo ISD SHAC recommends Board approval of the following:

- 2025-2026 Annual School Health Advisory Council (SHAC) report
- School Counselor Curriculum
 - Core Essentials
 - Everfi
 - Skillstreaming
- Kids Run the Nation Curriculum

Date of Action Taken: September 22, 2026

WHEREAS, the local School Health Advisory Council has considered that local community values are reflected in any recommendations made by the council; and

WHEREAS, the local School Health Advisory Council has considered research concerning the current health, wellness, and human sexuality issues; and

WHEREAS, the health, wellness, and human sexuality programs will continue to promote abstinence and will provide information on decision making; and

NOW, THEREFORE, based on this information, **BE IT RESOLVED** that the Canutillo Independent School District School Health Advisory Council's Annual Report be recognized and approved;

2025-2026 School Health Advisory Council (SHAC) Report

Approved and adopted the 22th day of September, 2026. We, the undersigned, hereby certify that the foregoing Resolution was duly adopted by the Canutillo ISD SHAC.

SHAC members

Approved and adopted the 22th of September, 2026. We, the undersigned, hereby certify that the foregoing recommendations were duly adopted by the Canutillo Independent School District Board of Trustees.

<u>Board Members</u>	<u>Signature</u>
<u>Sergio Martinez, President</u>	_____
<u>Lily Maldonado, Vice President</u>	_____
<u>Cindy Zuniga, Secretary</u>	_____
<u>Breanne Barnes, Trustee</u>	_____
<u>Lucy Borrego, Trustee</u>	_____
<u>Caroline Ortega, Trustee</u>	_____
<u>Armando Rodriguez, Trustee</u>	_____