

Draw the Line Respect the Line

The aim of the program is to reduce the number of students who initiate or have sexual intercourse, and to increase condom use among students who are sexually active. Using a fun, interactive approach, *Draw the Line/Respect the Line* shows students how to set personal limits and meet challenges to those limits. The curriculum also includes activities for students to do with their families.

***Draw the Line/Respect the Line* is sensitive to the needs of Latino youth.** It was implemented in schools with large numbers of Latino youth, and these youth were consulted frequently during development. The student materials are provided in both English and Spanish.

- **In grade 6**, the emphasis is on non-sexual situations in which youth may experience pressure, for example, to steal, use alcohol or smoke. The lessons feature limit setting and refusal skills in these contexts. Parent-child communication activities include discussion of cultural and family values and pressure situations for young people. Grade 6 has 5 lessons.
- **In grade 7**, pressures regarding sexual intercourse are considered. The lessons feature short-term consequences of unplanned sex, information about STD and how to apply refusal skills in a party context. Parent-child communication activities include discussion of intentions to avoid having sex and getting out of risky situations. Grade 7 has 7 lessons.
- **In grade 8**, the lessons feature an HIV-positive speaker, practicing refusal skills in dating situations, and information about condoms. Parent-child communication activities include discussion of HIV and its impact on those who are affected by HIV. Grade 8 has 7 lessons.

The program is delivered through role play, mini-lectures, brainstorming, games, small group work, an anonymous question box, videos, and guest speakers.

The curriculum is based on numerous principles:

- Not having sex is the healthiest sexual limit for students in middle school.
- Students can set sexual limits.
- Students can be motivated to maintain their limits.
- Students will encounter challenges to maintain their limits.
- Students can overcome challenges to their limits.
- Students who respect the limits of others will be less coercive.
- The condom demonstration will not be conducted in the 8th grade lessons, instead information will be provided about best practices for condom use.

Length of Program

- The program consists of 19 lessons—5 lessons in Grade 6, 7 lessons in Grade 7, and 7 lessons in Grade 8. Each lesson is 45–50 minutes.

Program Elements

- The *Draw the Line/Respect the Line* basic set includes a teacher's guide and student workbooks for one classroom of 30 students for each of the targeted grades (6, 7 and 8). Both Spanish and English versions of the student activity sheets are included in the student workbooks.
- Student workbooks are required for every student. Additional classroom workbook sets of 5 and 30 are available.
- An enhanced set of materials is also available that includes supplemental materials to augment student learning, including DVDs, pamphlets and posters.
- ETR also provides free downloads of pre- and post-tests and Adaptation Tools.

Parent/Guardian Notification

- It is essential to inform parents and guardians regarding the nature and scheduling of this or any sexual health education program. Prior to implementation of the curriculum, families should receive written notice describing the goals of *Draw the Line/Respect the Line* and the nature of the content to be covered. Parents also should be given an opportunity to view the curriculum and related materials if they wish. The vast majority of parents want their children to receive appropriate instruction and be given the information and skills they need to protect their sexual health, but parents/guardians also must be allowed the chance to opt out or exclude their children from participating in the program, if they wish.

Curriculum Review

If you would like to view the Draw the Line Respect the Line curriculum, please follow link and directions below:

<https://www.etr.org/sample/?c=dtl&p=1>

Please note you must use the link to request 30-day review access