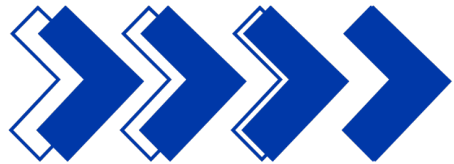
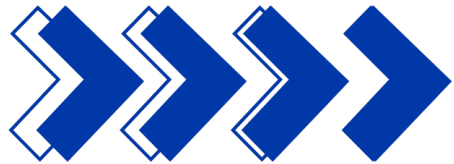


# Investment History



First 5 Riverside County launched the HealthySteps pilot in 2018 with an initial \$4.45 million investment.

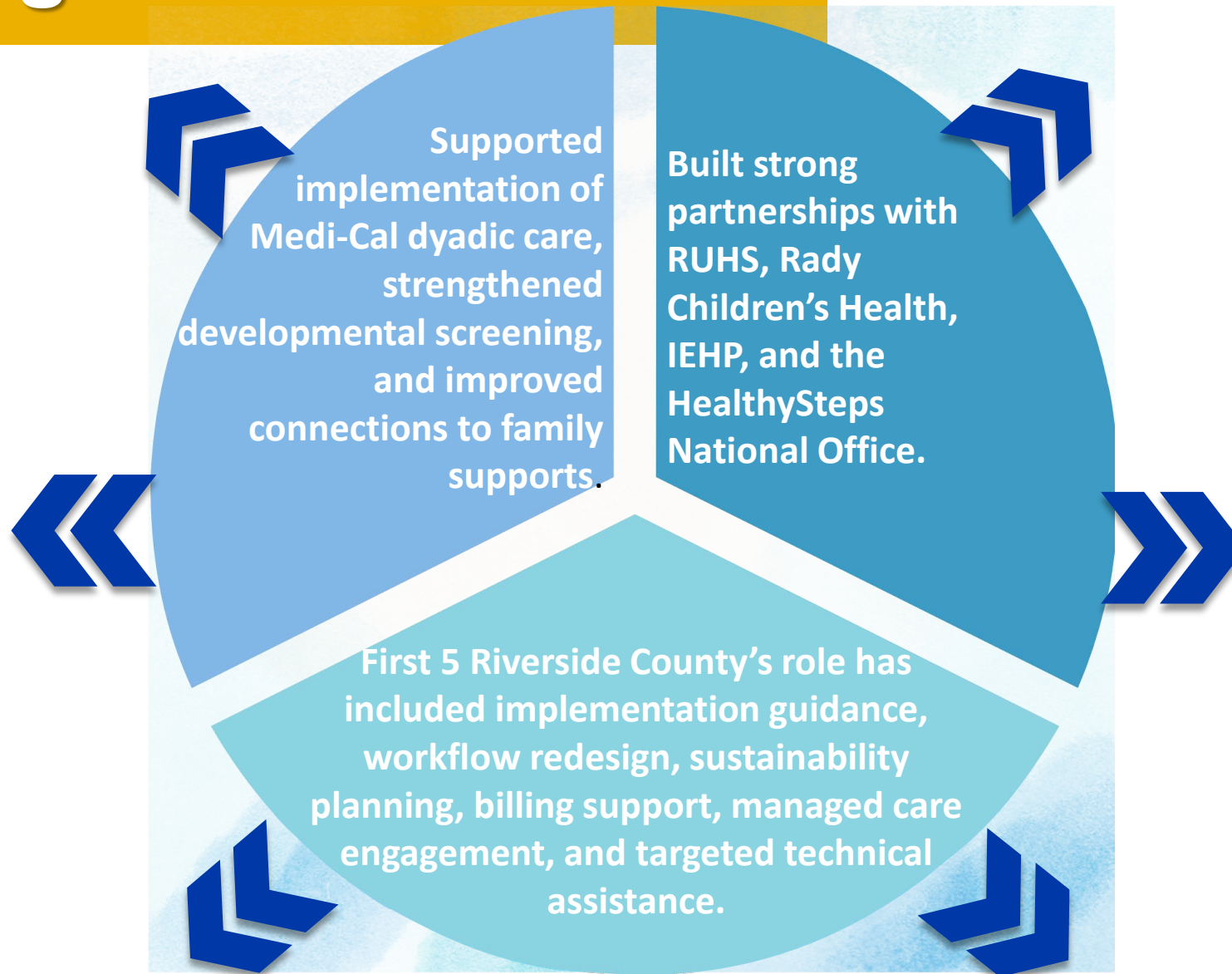
In 2021, First 5 Riverside County invested an additional \$2.75 million to expand the model.

In 2023, First 5 Riverside County invested \$4.5 million in data infrastructure and specialized technical assistance to strengthen integration and sustainability.

Current technical assistance supports Rady Children's Health and RUHS with billing, value-based payment opportunities, and long-term reimbursement strategies.



# Expanding the Model



# Building a Sustainable Model



First 5 Riverside County supports HealthySteps' transition from grant-funded implementation to sustainable pediatric practice infrastructure.



First 5 Riverside County convenes providers, health plans, County partners, and families to align implementation and reimbursement strategies.



Long-term sustainability requires HealthySteps to be embedded within pediatric care workflows and supported by durable partnerships and financing.



HealthySteps

PEDIATRIC CARE • SUPPORTING • PARENTING  
A Program of ZERO TO THREE





**Sarah Nolan, MA**  
**HealthySteps Manager**  
**Rady Children's Health**  
**Children's Primary Care Medical Group**



# What is HealthySteps?

**An evidence-based, interdisciplinary pediatric primary care program** that promotes nurturing parenting and healthy development for babies and toddlers, particularly in areas where there have been persistent inequities for families of color or with low incomes.

**HealthySteps Specialists are integrated into the pediatric team** to provide short-term behavior/development consultation and referrals, intensive services when needed, and support practice screening efforts.



# Rady Children's HealthySteps in Riverside County



Murrieta and Temecula CPCMGS

First 5 Riverside funds an expansion to the Hemet CPCMGS

Medi-Cal launches Dyadic Care services based on HealthySteps

First 5 Riverside invests in the build of the HealthySteps Epic Turbo Charger package in partnership with the National office and Nordic

F5 Riverside advocates with IEHP to fund a pilot at 2 additional sites in Wildomar and Menifee

# Looking Forward



- **Implementing additional behavioral health services for HealthySteps families to increase sustainability.**
- **Continued partnership with Medi-Cal managed care plans**
- **Supporting children and families involved in Children & Family Services**
- **Continuing to strengthen partnerships with Family Resource Centers and Home Visitation**



# HealthySteps Families Served Last Fiscal Year



## TIER 1 UNIVERSAL SCREENING

- 10,017 unique children received developmental and social-emotional screening

## TIER 2 SHORT TERM SUPPORT

- 512 families were provided one on one intervention for developmental or behavior concerns

## TIER 3 ONGOING, PREVENTATIVE TEAM-BASED WELL CHILD VISITS

- 3,366 children received team-based well child visits

\*FY 24-25 Murrieta, Temecula Parkway, Hemet CPCMG

# Total HealthySteps Families Served Through First 5 Riverside County Investment



## TIER 2 SHORT TERM SUPPORT

- **1,929** families were provided one on one intervention for developmental or behavior concerns

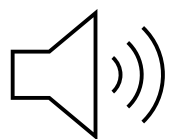
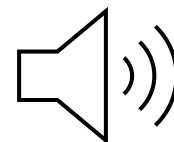
## TIER 3 ONGOING, PREVENTATIVE TEAM-BASED WELL CHILD VISITS

- **14,404** children received team-based well child visits

\*FY 18-19 through 24-25 Murrieta, Temecula Parkway, Hemet CPCMG

# What are Caregivers Saying About HealthySteps?

“My first experience with speaking with my HealthySteps Specialist was 2 years ago. I have never left a doctors appointment feeling so seen and heard. I think these services are game changing for parents and I honestly wish this was something I received sooner. “



“I appreciate being able to discuss the challenges I am experiencing as a new mom and getting helpful techniques to help me better understand what I can be doing to be better for my little one. As a military family we are constantly being put in situations where we might not have the support we need due to moving and being away from family. Having these specialists come in means the world and help me feel I'm not doing this alone.”



For more information, visit  
[www.HealthySteps.org](http://www.HealthySteps.org)