



Active Student Task Force

Mission

As an outcome of HB 3141, the Beaverton School District established the Active Students Task Force (ASTF) to develop recommendations for continuing to move forward to fulfill the requirements of increased physical education time as outlined in the statute. Beaverton also has an interest in increasing staff and student knowledge in the area of appropriate levels of movement throughout the day and well-being overall.

Background

At the September 29, 2014 School Board meeting, the School Board charged the District with forming an Active Students Task Force (ASTF) to ensure timely compliance, fall 2017, with HB 3141 and develop a model for students' movement and activity throughout their daily school experience.

Overview

The ASTF divided the work into three phases. Phase I focused on developing potential school-based efforts to not only meet the requirements of HB 3141 but to increase the level of student activity levels, K-12. These potential school-based efforts would then become elements within a proposed set of pilot programs for the 2015-2016 school year.

Phase II will begin in the spring of 2015, continue through the 2016-2017 school year, and be focused on two efforts. First, assuming the proposed pilot programs receive funding through the 2014-2015 budget process, a progress monitoring system would be developed to analyze the impact of the pilots. This information will be used to develop a comprehensive set of options for the district and schools to meet the requirements of HB3141 and develop a culture of greater movement throughout the day. Second, the ASTF would begin to study the long-range needs across the BSD to support the needed increases in student activity within the school day.

Phase III would occur in the spring of 2016 and be focused on communicating to the School Board a comprehensive set of recommendations for the 2017-2018 school year and beyond.

Status of Current ASTF Activities

The ASTF has completed Phase I. The ASTF created four subcommittees, each developing recommendations within their area of focus and identifying activities which should be part of a Pilot Proposal. Subcommittees included:

- House Bill 3141
- High School Sports
- Before and after school sports
- Movement Throughout the School Day

A Pilot Proposal was submitted to the BSD Internal Budget Committee in February 2015 and is currently being processed by the Internal Budget Committee. The proposal will involve three elementary schools, one middle school and K-12 grants to encourage increased student activity levels.

Beginning with the ASTF meeting on March 5th, Phase II efforts began. Initial ASTF discussions around the two areas of focus have been:

1. A progress monitoring system for the pilot programs:
 - a. A PE Teacher on Special Assignment would be utilized to monitor the pilot programs
 - b. Measures need to be developed prior to August 2015
2. Long-range needs across the District to support the necessary increases in student activity within the school day:
 - a. Time and Staffing
 - i. Schools will need to assess the number of PE minutes provided within their current schedule and current staffing model to make feasible changes to move as close as possible to the minimum minutes established by HB 3141.
 - ii. Consider extending the school day to support increased expectations.
 - iii. Meeting the requirements of HB3141 through PE classes will require additional staffing at the elementary and middle levels.
 - b. Establishing a District culture around increased student activity levels
 - i. Study the impact of establishing maximum limits on the athletic fees collected at the high school level.
 - ii. Establish an Active Students Opportunities and Barriers Committee.
 - iii. Encourage schools to reach out to underrepresented groups within their community and work together to develop physical activity events using the school facilities.
 - iv. Establish programs that encourage students to use safe routes to walk, bike, etc. to school.
 - v. Investigate the District becoming a *Let's Move Active School District*
 - vi. Establishing a PE / Health / Student Activity leadership position at the district level.
 - c. PE Program Development (curriculum, equipment, and professional development needs)
 - i. Support for PE teachers who will be teaching in non-traditional PE environments (classroom, fit labs, small covered areas, etc.).
 - ii. Moving the PE / Health curriculum adoption process to the 2016-2017 school year.
 1. Equipment and professional development needs
 - d. Physical Activity Facilities
 - i. Analyze the PE facilities at each school site and recommend a prioritized list of needs.

The ASTF will be prepared to provide an update at the June 2015 School Board meeting.