

INSTRUCTION

2320

Health, Sex Education & Human Sexuality

Health and Physical Fitness-

In all school districts there shall be instruction in health and physical fitness, including effects of alcohol, stimulants, tobacco and narcotics on the human system. The state board of education shall cause to be prepared such study guides, materials, and reference lists as it may deem necessary to make effective provisions.

Family life and sex education-

The legislature of the state of Idaho believes that the primary responsibility for family life and sex education, including moral responsibility, rests upon the home and the church and the schools can only complement and supplement those standards which are established in the family. The decision as to whether or not any program in family life and sex education is to be introduced in the schools is a matter for determination at the local district level by the local school board of duly selected representatives of the people of the community. If such program is adopted, the legislature believes that:

1. Major emphasis in such a program should be to assist the home in giving them the knowledge and appreciation of the important place the family home holds in the social system of our culture, its place in the family and the responsibility which will be there much later when they establish their own families;
2. The program should supplement the work in the home and the church in giving youth the scientific, physiological information for understanding sex and its relation to the miracle of life, including knowledge of the power of the sex drive and the necessity of controlling that drive by self-discipline;
3. The program should focus upon helping youth acquire a background of ideals and standards and attitudes which will be of value to him now and later when he chooses a mate and establishes his own family; and
4. The program should include instruction relating to available adoption resources and current adoption practices in the United States, as a means of providing for the well being of a child, and information pertaining to the Idaho safe haven act, chapter 82, title 39, Idaho code.

Each school district serving grades 5 through 12 inclusive, or any combination thereof, shall include instruction on human growth and development. Such instruction shall include but not be limited to an age-appropriate presentation of:

1. A high-definition ultrasound video, at least three (3) minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development; and
2. A high-quality, computer-generated rendering or animation showing the process of fertilization and every state of human development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy until birth.

The instruction shall be included in every class that discusses or provides instruction concerning human biology, discusses or provides instruction concerning contraception, or discusses or provides instruction concerning sexually transmitted diseases or sexually transmitted infections.

Any parent or legal guardian who wishes to have his child excused from any planned instruction in sex education may do so upon filing a written request to the school district board of trustees and the board of trustees shall make available the appropriate forms for such request. Alternative educational endeavors shall be provided for those excused.

Courses of Instruction Definitions provided in statute please see I.C. § 33-1609.

Cross Reference:

2315 Physical Activity Opportunities and Physical Education
2340 Controversial Issues
2425 Parental Rights

Legal Reference:

I.C. § 18-8707 Abortion-Related Activities Prohibited in School-Based
I.C. § 33-1605 Health Clinics and Sex Education Curricula
Health and Physical Fitness – Effects of Alcohol, Tobacco, Stimulants and
Narcotics
I.C. § 33-1608, et seq Family Life and Sex Education – Legislative Policy
I.C. § 33-1609 Courses of Instruction Definitions
I.C. § 33-1611A Requiring Permission for Instruction Addressing Human
Sexuality
I.C. § 33-1637 Human Growth and Development Instruction in Public
Schools
I.C. § 33-342 Adoption Education
I.C. § 33-6001 Parental Rights
I.C. § 39-8201 et. seq Idaho Safe Haven Act
IDAPA 08.02.03.160 Safe Environment and Discipline

Policy History:

Adopted on: _____

Revised on:

No Prior Board Policy