

Como-Pickton CISD: May 9, 2022

2021-2022 Annual Report to the Board of Trustees

SHAC – School Health Advisory Council

Red indicates SHAC Progress Report

SHAC MEMBERS:

Mimi Kempenaar, SHAC Chairman, parent

Holly Self, RN SHAC Co-Chair

Layla Highfield, parent

JoAnn Fuller, Director of Food Service

Elyssa Boseman, parent

Laura Fulmer, Behavior Specialist

Anesa McBee, parent

Lou Colvin, School Counselor

Kirra Shaw, student representative

Kelly Baird, Administration

Jackson Lavender, student representative

Jennifer Rock, Administration

Cassie Bland, Administration

Dana Jean, DSHS

Lydia Walden, Administration

Glenda McFadden, Tx Health Steps

Saundea Monk, Physical Education

Keisha Blaylock Tx Health Steps

Johanna Hicks, Tx A&M Agri-life Ext

Nan Baxley, staff

Angela Blanchard, staff, parent

Terra Roberts, staff, parent

Lindsey Pittman, DSHS

The SHAC had 4 meetings this school year in the Secondary Cafeteria. The meetings were held on:

October 6, 2021, December 1, 2021, March 30, 2022, April 25, 2022

- SHAC meetings now recorded and posted to website to comply with HB 1525
- Collaborated with community organizations to provide resources to students and families
- Health Fair on March 3, 2022 open to students, families, staff and community
- Partnered with North Texas Food Bank to provide backpack buddies to students
- Reviewed new Health Curriculum for 2022-2023 school year for Kindergarten through 8th grade
- Employee Wellness: Blood Drives, Flu Shots, COVID vaccines and testing and Mammograms
- SHAC focused on the 9 components of the Coordinated School Health: Health Education, Physical Education/Physical Activity, Nutrition Services, Parental Involvement, Instruction on Substance Abuse Prevention, School Health Services, including Mental Health Services, A comprehensive school counseling program, A safe and healthy school environment, and school employee wellness

SHAC Goals and Recommendations for 2022-2023

- The CPCISD SHAC respectfully requests that the district SHAC work with community mental health organizations to research and create a network of resources to increase the awareness and education for staff, students, and families on mental health and review/revise the CPCISD Wellness Plan including materials to use for social emotional learning K-12th. ESSER funds will be used to hire an additional counselor for K-8 and CPCISD will continue to offer outside contracted counselor support one day a week for high risk students.
- Increase the SHAC membership to include additional student representatives, law enforcement, clergy, health care professionals and outside mental health professionals.
- Provide additional opportunities for DSHS to educate SHAC, parents and students.

- Provide specific instruction next year in Child Abuse, Family Violence, Dating Violence and Human Trafficking as required by SB 9 to students, staff and families.

Instructional Materials Recommendation:

- The CPCISD SHAC respectfully submits a recommendation for Quavar - Health and PE Lessons for K-5th grade instructional resources.

- The CPCISD SHAC respectfully submits a recommendation for McGraw-Hill Glenco Teen Health for 6th - 8th grade instructional resources for health.