

**Activities Director/Dean of Students Report**

December 11th, 2024

News/Notes

- All winter Activities have had multiple contests so far with great starts to the competitive season.

Athletics Updates**Dance**

- The Rangerettes defended their Heart O'Lakes Kick Championship this past weekend in Pelican Rapids. That gives them first place finishes in all three competitions they have competed in so far this season. This weekend they have one of the toughest and biggest invitationals of the season at BOLD High School. The following week they will be at an exclusive invite only meet in Holdingford.

Hockey

- The Girls Northern Lakes team are currently 3-5 on the season. They won their first contest 3-2 over AA Sartell/Sauk Rapids. The #9 Class A ranked Boys Northern Lakes team are 4-1 so far on the season with its only loss coming to #19 AA ranked Bemidji. They will play their first game at the Hallett Center on Saturday, January 4th.

Boys Basketball

- The Ranger Boys are 1-2 so far on the young season. They opened up their season with a win against Aitkin at home picking up their first ever Great River Conference win. With another GRC matchup on 12/12 they then host the #6 AA ranked Pequot Lakes at home on 12/19.

Girls Basketball

- The Lady Rangers are currently 5-0 on the season and ranked #2 in Class AA. They have been dominant to start the season, even picking up a 9 point victory against 4A Anoka. After traveling to Braham for a Great River Conference game on 12/13 they host 4A Edina on 12/14 then will play the #6 ranked 3A Rock Ridge on 12/21.

Wrestling

- Coach Wood's wrestlers opened up their season last week going 1-1 at a Triangular Match in Nashwauk. They competed at the Rush City Invitational on 12/7, Ezra Jacobson placed 2nd at 121lbs with Naomi Ridlon (127lbs) and Deacon Larson (152lbs) placing 5th in the tournament. They travel to Virginia for the Benz's Rock Ridge Holiday Classic on 12/14 then the Jackhammer Invite in Pequot Lakes on 12/20 & 12/21.

Upcoming Home Events

- Thursday, December 19th: Boys Basketball vs Pequot Lakes - 7pm.
- Saturday, December 21st: Girls Basketball vs Rock Ridge - 2:30pm.
- Saturday, December 21st: Dance, Rangerette Show - 6pm.
- Thursday-Saturday, December 26th-28th Boys Basketball Holiday Tournament.
- Friday, January 3rd: Wrestling vs Deer River & Aitkin, 5pm.
- Saturday, January 4th: Boys Hockey vs Southwest Christian - Hallett Center - 7pm.

Respectfully submitted,

Cley Twigg

Activities Director/Dean of Students

For updated scores and schedules visit: cirangers.org



2024-25 Winter Athletic Registered Participants as of December 11th, 2024 (2023 as of 12/11/23)

DANCE

- 2024-25: 24 (41% increase)
- 2023-24: 17

GIRLS ICE HOCKEY

- 2024-25: 2 (33% decrease)
- 2023-24: 3

BOYS HOCKEY

- 2024-25: 1 (75% decrease)
- 2023-24: 4

GIRLS BASKETBALL

- 2024-25: 41 (3% decrease)
- 2023-24: 42

BOYS BASKETBALL

- 2024-25: 42 (2% increase)
- 2023-24: 41

WRESTLING

- 2024-25: 25 (32% decrease)
- 2023-24: 37

YEARLY OVERALL:

- WINTER 2024-25: 135 (6% decrease)
- WINTER 2023-24: 144
- 2024-25 FALL & WINTER: 325 (3% increase)
- 2023-24 FALL & WINTER: 315