

Annual School Health Advisory Committee Report





SHAC Health & Wellness

SHAC Priorities 2025-2026

The SHAC completed the mandated Triennial Assessment of the district's comprehensive school health program, focusing on nutrition and healthy food culture across SISD.

- Evaluated healthy food options across all campuses
- Assessed CATCH program alignment with District Improvement Plan
- Strengthened measurable DIP goals for wellness outcomes
- Reviewed district Health & Wellness Plan for 2026-27 and will continue work into the fall
- Collecting committee recommendations for board submission Health & Wellness Curriculum

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SHAC Key Accomplishments at a Glance

2025–26 School Year Highlights

2025–26 ACCOMPLISHMENTS

4

Meetings Held

Oct · Jan · March · May

5

**Legislative Bills
Reviewed**

HB 549, SB 12, 314, 865, 920

6

**Health & Safety
Events**

Flu shots, screenings & more

1

**Curriculum Review for
Human Sexuality and
Hygiene Initiated**

Board resolution → SHAC review



**Triennial Assessment
Completed**

Nutrition & wellness focus



**Updated Health & Wellness
Plan Coming 26-27**

HEALTH & WELLNESS: HUMAN SEXUALITY CURRICULUM REVIEW

PURPOSE

Review and discuss community and committee feedback on the Health & Wellness curriculum.

- Human Sexuality
- Hygiene

DISCUSSION & FEEDBACK

- Open discussion among SHAC members on concerns, recommendations, and next steps.
- Two public viewing opportunities provided.
- SHAC approved the Human Sexuality/Hygiene Curriculum.

ACTION ITEMS

Formal recommendations for the Human Sexuality/Hygiene Curriculum will be presented to the school board in June.

**JUNE BOARD
PRESENTATION**



Looking Ahead 2026–27

Priorities & Upcoming Work for the Committee

2026–27 Priorities & Next Steps

A

Human Sexuality Curriculum Adoption Summer 2026

Complete committee recommendation process and present final recommendation to Board of Trustees for formal adoption per EHAA (Local). Coming for board vote in June.

C

Health & Wellness Fair Planning

Expand community health engagement events; coordinate with Bastrop County partners on mental health and family crisis prevention programming.

E

Digital Health Resources Update

Conduct annual review of Smithville ISD Health & Wellness webpage content; align with HSSC best-practice recommendations.

B

Co-Chair Selection & By-Law Review

Nominate and seat Co-Chair; finalize any by-law adjustments related to quorum requirements approved at May 2026 meeting.

D

SHAC Meeting Dates — 2026-27

Finalize and publish all four required annual meeting dates (Zoom/Hybrid); update district website and community communications.

F

Revision of Health & Wellness Plan Coming

Update and revise the Health & Wellness plan.

Thank You

On behalf of the Smithville ISD School Health Advisory Committee, we extend our sincere gratitude to the Board of Trustees for your continued support.

Smithville ISD

School Health Advisory Committee

Annual Report • 2025–2026