

# MINNESOTA SCHOOL SOCIAL WORKERS ASSOCIATION APPLICATION FOR MINI-GRANT FOR 2016-2017

MSSWA Mini-Grants will provide two awards, a \$500 prize and a \$750 prize, to support projects conducted by any FULL MSSWA member in the schools where they work. Please email your application to Nancy VanHorne- [nanunder@hotmail.com](mailto:nanunder@hotmail.com)

The Mini-Grant application deadline is January 31, 2016. Mini-Grants will be awarded by the end of February 2016.

Project Title: Social Skills Anger Management Training Program

Applicant's Name: Callie DeVriendt

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**ABSTRACT:** Briefly describe the project's goals and activities, duration of project, how many students and/or parents will be involved and the expected outcome.

Lincoln Park Middle School is a diverse school with 65% of students on free and reduced lunch. Lincoln Park Middle School is in the process of becoming a Full Service Community School model as we were recently awarded a grant this school year. In addition we are in the planning phase of becoming a trauma focused school in partnership with a community mental health agency. Alongside of this, the school is also implementing PBIS initiatives which aim to provide students with early interventions targeting social skills and anger management for at-risk youth in effort to prevent suspensions and give alternatives to suspension in hope to prevent further defiance, aggression, abusive language, and avoidance from occurring. The initiative is currently in the process of moving from the planning stage to implementation at the start of the 2016-17 school year. Four providers will be implementing intervention in a small group format with approximately 4-5 students per provider. Each provider may run a group two times per year so the ability to serve 40 tier two students is possible. Curriculum needs are necessary for this program in addition to incentives for student's participation and reaching of their goals. Incentives such as a field trip could be an option to increase student motivation with working towards their goals, depending upon finding available. This project will be continuously implemented within PBIS tiered supports which will be monitored annually by the school leadership team. Outcome would be to reduce suspension rate, prevent students from receiving future major referrals, and increase prosocial behaviors.

**PROJECT BUDGET:** Please submit an estimated itemized budget of project costs.

ITEM:

Aggression Replacement Training Third Edition x2 books at \$45 COST: \$90

Social Decision Making/Social Problem Solving for Middle School x2 books at \$40 COST: \$80

Voices Curriculum A Program of Self-Discovery and Empowerment x2 facilitator's guides at \$80  
COST: \$160

& 20 student journals at \$9.15 each for COST: \$183

Incentives to motivate and reward success on goals: \$237 total for those students achieving goals  
Incentives will be developed with the student's input in effort to create more motivation and investment.

TOTAL: \$513 for curriculum needs  
& \$237 for incentives for total of  
\$750

I agree to submit a 500 word article for the newsletter about the project to MSSWA 60 after the completion of the project. Not submitting an article will result in being ineligible to receive future grant funds.

Signature \_\_\_\_\_

Approval \_\_\_\_\_ Check # \_\_\_\_\_

Article Received \_\_\_\_\_