

## Summer Sports

### **Background:**

*The following is from the Iowa High School Athletic Association:*

Here is information provided by the IGHSAU and IHSA. REMINDER THAT CURRENTLY THERE IS TO BE NO COACH/ATHLETE CONTACT. Below is information provided by the IGHSAU and IHSSA on the current status of high school sports.

### **Summer Sports Dates Suspended – Review**

The baseball and softball seasons are suspended and no practice nor competition start dates will be announced until Governor Reynolds and/or Dr. Lebo share their assessment regarding a safe return to school facilities and/or a safe date to resume activities. We expect an update on that information June 1.

Please remind your Baseball and Softball coaches that no in-person contact is to be conducted with athletes. See below for allowances for video training. Please note that school facilities remain closed so it is not permissible to allow softball/baseball athletes to use school-owned batting cages or other athletic facilities, even if coaches are not present.

IHSAA and IGHSAU are working on safety protocol guidance to share if/when baseball and softball seasons begin.

No live and/or group strength and conditioning demonstration or specific instruction is permitted. A strength and conditioning coach may share (including links to) articles and individual workout videos (including coach-created). None of these may be sport-specific and must be shared with all students in the school; not select students. Coaches may not require athletes to complete workouts nor require athletes to report workouts completed.

### **Fall Sports Dates – Review**

If school begins classes on or prior to August 23 – all practice/competition start dates, as well as post-season dates will remain as currently scheduled.

If schools are not permitted to begin until after August 23, practice/competition start dates may be adjusted as needed.

### **Recommended Action:**

I ask the board to offer their guidance on whether or not we should field baseball and softball teams this summer if we have the option to do so.