



Cougar Happenings At IVHS.....

In a flash there goes February, as the year presses on things only seem to increase in pace. The school is a hub of activity including all things academic, athletic and activities. The staff and students are working diligently in preparation for spring, which brings the inaugural **Smarter Balance Assessment** at the end of April.

Battle of the Books: Ms. Megan Brown and Mrs. Trudy Stehelin took the members of the IV Battle of the Books to Medford to compete on Sat. 3/1/15. The team, which included Kynan Nordal, Kira Newton, Paul Binker, Mari Ortiz, and Gwendlyn Clinton-Joiner competed against many other Rogue Valley schools and finished second in the competition. Congratulations to these students and coaches for a job well done.

IV vs HV Staff basketball game: On March 17th the Illinois Valley High School staff will take on the Hidden Valley High School staff in a basketball game that will benefit IV's new Sparrow Brooke Davis and her family. This is the second year that the clash of the staffs will happen and we're looking forward to a great event that will support a family from the Illinois Valley. Bring your corn beef and cabbage and come support Brooke on St. Patty's day.

Wrestlers: Cougar Nation gives Logan Miller, Eric Miller and Jacob Nelson a big congrats on their state finishes. Eric and Logan each placed 2nd, and Jacob finish 6th. IV also sent 4 other wrestlers to the state meet including Ross Gaynor, Brandon Perez, Dillon St. Onge, Zach Lindell, Critter Engles and Eugene Griffin. Great season guys!!!!

Academic Masters: We have the privilege of hosting the **Academic Masters Competition** this spring on April 29th. This competition is a show case of the best academic talent in Josephine County with students from all four high schools competing in the disciplines of Mathematics, English/Language Arts, Science, Social Studies and Music. Join us on the 29th for a great evening of competition and fun.

Parent Involvement: Please continue to support your students' academic achievement as we head down the home stretch of the school year. **Spring conferences will be held on April 15th and 16th.** Please plan to join us for **"Tacos and a Talk"** where we will have Tacos for parents and students. We also draw for prizes for those parents that attend; prizes include a \$50 gas card and a meat pack from Taylor's.

Follow all things from Cougar Nation including activities, academics and school culture on Twitter at @ivhscougars.

Way to Go Cougars!!

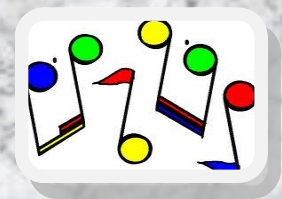
Jamie Ongman, Principal

Inside this issue:

Sports & Competition	2
Facts You Should Know	3
IV/HV Staff Basketball Benefit	5
2015 Academic Masters Competition Information	6
21st Century After School Programs	7
Senior College Prep Info	8
Parent & Student Resources	9
Library Books for IVHS	10

Three Rivers School District Board Meeting
Tuesday, March 10th
6:00 PM

IVHS Spring Concert
Thursday, March 19, 2015
7:00 PM



MAR 8, 2015 - DAYLIGHT SAVING TIME!




GO COUGARS
March 2015**Erik Lathen, Athletic Director****Ms. Heather Merrill, Athletic Secretary**
SPORTS & COMPETITION REPORT FROM THE COUGAR DEN
SOUTHERN CASCADE LEAGUE SPORTS: [HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG](http://www.southerncascadeleague.org)

March 2015 Sports & Events

BOYS BASEBALL

Date	Activity	Time	Versus
03/17/2015	Boys Varsity	4:30pm	Del Norte
03/18/2015	Boys JV	4:30pm	Hidden Valley
03/23/2015	Boys Varsity	4:30pm	@ Glendale
03/25/2015	Boys Varsity	12:00pm	@ Marshfield
03/25/2015	Boys Varsity	2:30pm	@ Marshfield
03/31/2015	Boys JV	4:30pm	@ North Valley



Date	Activity	Time	Versus
03/17/2015	Girls Varsity	4:30pm	Del Norte
03/25/2015	Girls Varsity	4:30pm	@ Glendale

GIRLS SOFTBALL

TRACK

Activity	Date	Time	Versus
Varsity	03/17/2015	4:00pm	@ Brookings Harbor
Varsity	03/31/2015	4:00am	@ Glide

MATHLETES

Date	Time	Location
03/10/2015	7:00am-3:10pm	North Medford High School



EQUESTRIAN

Date	Activity	Type	Time	Location
03/01/2015	Varsity	Tournament	TBD	Jackson County Fairgrounds

*Please note: This schedule is subject to change.
Events could be added or cancelled, and, times could be adjusted.
Talk with your student and their coach to stay informed of any changes.*

SPRING SPORTS

Is your student interested & eligible to participate in the first spring season contest?

Spring Sports practice began March 2nd, but he/she can still sign up.

The following information is required.

Paperwork/Items needed

1. Current Physical on file
2. Completed Athletic Participation packet.(including insurance information)
3. Payment (or arrangements made) for Participation fee.

WINTER



**Tuesday,
March 10, 2015
6:00 PM**

ILLINOIS VALLEY HIGH SCHOOL

FACTS YOU SHOULD KNOW.....

IVHS Student-Based Health Center News

Sports physical information:

All sports physicals will cost \$25. This price is good all the time, and available at all Siskiyou Community Health Center sites. This includes the School-Based Health Centers, the clinics in Cave Junction and Grants Pass, and Siskiyou's Walk-In Clinic in Grants Pass.

Physicals need to be completed or updated in order to be eligible for Sports. Call or stop by the health center to schedule an appointment!



CALENDAR OF EVENTS



MARCH 2015



8 th	Daylight Savings Time Begins (Move clocks AHEAD one hour)	
10 th	TRSD Board Meeting @ District Office	6:00 PM
	Winter Sports Awards	6:00 PM
	IVHS/Red Cross Blood Drive	
17 th	IVHS Sparrow Benefit Basketball Game IVHS Staff vs HVHS Staff (see article)	6:00 PM
	St. Patrick's Day	
19 th	IVHS Concert	7:00 PM
20 th	First Day of Spring	
23 rd	SPRING BREAK WEEK – 3/23 thru 3/27	No Classes
31 st	In-House Academic Masters Testing	



COMING IN APRIL

Look for more information in this issue

GRANTS PASS
 HIDDEN VALLEY
 ILLINOIS VALLEY
 NORTH VALLEY

32nd Annual



Hosted by
ILLINOIS VALLEY
HIGH SCHOOL

April 29, 2015
 6:30 pm

SPRING CONFERENCES—"TACOS & A TALK" APRIL 15TH & 16TH


Communications: Synervoice—Automated Voice Messaging & Attendance notifications

We will use **Synervoice** to send out important messages about school closures and school events. When you get a call from the school using **Synervoice**, it is important that you say "Hello" as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.







At this time, our Attendance Clerk, Mary Paul, personally follows up on absences on a daily basis. If your student missed all or part of school, please call the school the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Paul an email to verify or excuse an absence or tardy: mary.paul@threerivers.k12.or.us. *It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.*

FACTS YOU SHOULD KNOW (CONT)



During School Hours



It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

We encourage our students to eat during the regularly scheduled breakfast and lunch times. We do understand that there may be times when this does not work as planned. As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows students to grab a quick snack or drink, should they choose to.

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- ⇒ ANY food or drink brought to the school for a student will be delivered at an end-of-class bell.
- ⇒ Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to pick up BETWEEN classes, or, on their way out to the bus
- ⇒ NO food or drink will be delivered to a student during ANY class time periods.

If you have any questions or concerns, please do not hesitate to contact our office.

MUSIC DEPARTMENT
Derrick Hawks, Instructor


IVHS SPRING CONCERT
THURSDAY,
MARCH 19th,
7:00 PM



Illinois Valley High School proudly presents our Music Department's Spring Concert, led by Music Director, Derrick Hawks.

This is Mr. Hawks' first year at the musical podium at IVHS. He brings to his classes, enthusiasm, talent, and ideas to inspire students, parents and the community of Illinois Valley.

Please make plans to join us as we celebrate with our Music Department their hard work and achievements.



Homework Help

A+

MORNING
Homework Help hours
 7:15—7:45 AM,
MONDAY THROUGH THURSDAY

~~~~~

**AFTERNOON**  
**Homework help hours:**  
 3:30—5:30 PM  
**TUESDAYS & THURSDAYS**

The afterschool bus will transport students, per the "Straight-Line" bus route, Monday through Thursday.

- Students who are staying for after-school tutoring and are riding the bus are expected to stay in the classroom the entire time.
- Students who are walking, being picked up, or driving themselves may leave when they have finished working.
- Students may not leave the campus and return later. Students are given a 15 minute break and snack about 4:30. There is no cost for this snack.
- No student will be allowed to ride the activity bus if they are not in an after school program or a sport. We will tell the bus drivers to transport the student home, but a referral will be written, followed by consequences.
- Students are required to sign in and out. If you are assuming your child is coming to after-school, you may call the school the following day to check on attendance.

Many students could benefit from this extra help, so encourage your students to attend if they need the extra help.

Coming April 2, 2015—6:00 pm  
**National Honor Society Inuction Ceremony**  
**MARK YOUR CALENDAR**



Yearbook Sales



2014-2015 IVHS YEARBOOK

ON SALE NOW. GET YOURS ORDERED WHILE PRICE IS STILL DISCOUNTED.

|                                 |              |
|---------------------------------|--------------|
| <b>YEARBOOK</b>                 | <b>\$ 45</b> |
| <b>YEARBOOK PERSONALIZATION</b> | <b>\$ 5</b>  |

SENIORS - COMPLETE YOUR ORDER AND RECEIVE A FREE MEMORY BOOK, ONLY WHILE SUPPLIES LAST!

\$ 25 down payment will confirm your order. To place your order, please contact our IVHS Bookkeeper, Diana Hall, 541-592-2116.







**2ND ANNUAL  
IVHS STAFF VS. HVHS  
STAFF BASKETBALL GAME  
FOR A GOOD CAUSE  
TUESDAY, MARCH 17, 2015  
6:30 PM  
ADMISSION = \$1.00**



IVHS students & staff have a huge heart and want to help 5-month old Brooke Davis who has Hydrocephalus. With that in mind, the **2nd Annual Illinois Valley High School vs Hidden Valley High School Staff Basketball Game** will be held at IVHS on Tuesday, March 17th at 6:30 pm. All the money raised will go to the Davis Family.

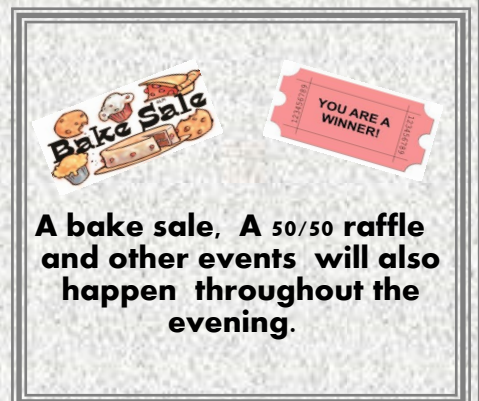
During this game, staff from both sides will pull out all the stops and antics to support Brooke and bring the ultimate staff trophy home to their school. Be prepared for tutu's, crazy hair, smack talk and lots of school spirit!

The entire communities of the Illinois Valley and Murphy, along with all of Josephine County are encourage to come support this great family. Additional donations will be accepted for the Davis family. It is a great way to celebrate the Luck o' the Irish (or the Cougars) and watch some basketball.

Illinois Valley residents Jason and Roxy Davis' daughter, Brooke, was born with Hydrocephalus, a disease she will fight her entire life. Despite the future struggles, Jason, Roxy and big brother Bentley celebrated Brooke's birth last October. Since then Brooke has had three surgeries and a number of check-ups and visits to Doernbecher Children's Hospital in Portland, OR. Each trip brings with it travel costs, medical bills and lost work time. All of this adds up quickly and IVHS students want to help.

Hydrocephalus is a rare disease, an imbalance of Cerebrospinal Fluid (CSF fluid) which surrounds the brain and spinal cord and creates immense amounts of pressure. Thus far Brooke has had surgeries to relieve the pressure around her brain and she continues to be monitored closely. The effects of the pressure and extra fluid on Brooke's brain will not be known until she is older.

For more information please contact IVHS  
at 541-592-2116.



GRANTS PASS  
HIDDEN VALLEY  
ILLINOIS VALLEY  
NORTH VALLEY



32nd Annual  
Academic Masters  
Competition  
Hosted by  
Illinois Valley High School  
April 29, 2015  
6:30 pm

The 32nd Annual Academic Masters challenge will be held at Illinois Valley High School on Wednesday, April 29th, at 6:30 PM. The Academic Masters Foundation has \$15,000 to give away to the students from the four area schools—Grants Pass HS, Hidden Valley HS, Illinois Valley HS, and North Valley HS.

Every spring, students compete in this challenge, first at their high school level. Students participating in the event will take a test in one of five categories: English, Math, Music, Science, & Social Studies. Students are allowed to take up to all five tests, if they wish. At each school, the four top-scoring students in each test category will compete and present at a school assembly for a chance to represent their school as a semifinalist.

Once the semifinalists from each school are chosen, they compete in front of a live audience (each school takes a turn hosting the event, and this year is IVHS' turn). There are 20 total semifinalists (one student from each of the four schools, for each of the five categories).

**The place finalists in each category receive the following cash amounts:**

|           |            |           |             |
|-----------|------------|-----------|-------------|
| 4th Place | \$300 cash | 3rd Place | \$500 cash  |
| 2nd Place | \$800 cash | 1st Place | \$1200 cash |

Students interested in participating for a chance to become an Academic Masters semifinalist should contact their high school's front office or counseling center for more information.

**IVHS will be accepting names through Wednesday, March 18th.**

The school with the highest percentage attendance, (compared to their student enrollment attendance) to the event on April 29th will win an attendance award.

Show up and support IVHS Cougars!!



# Illinois Valley High School

## 21st Century Enrichment

### After School Programs

The following classes have been provided by a grant through the **21st Century Learning Center**, and are open to I.V. High School students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program. Parents and relatives of any of these eligible students are also welcome to participate in this program.

**All after school classes begin at 3:30 PM and end at 5:30 PM**

**Snack is provided for all after school classes.**

#### Mondays

- ◆ Yoga for Athletes
- ◆ Healthy Cooking
- ◆ Welding Skills
  - ◆ Art Stars
- ◆ P90x Lifting Class
- ◆ Wood Shop

#### Tuesdays

- ◆ Board Game Bonanza

#### Wednesdays

- ◆ All About Music
- ◆ Healthy Cooking
- ◆ Welding Skills
  - ◆ Art Stars
- ◆ P90x Lifting Class
- ◆ Wood Shop
- ◆ College Dreams
- ◆ Healthy Acting skit

#### Thursdays

- ◆ Battle of the Books / Brass Class

#### Before School Homework Help

**Mondays—Thursday 7:15—7:45 AM**

#### After School Homework Help

**Tuesdays:** Math, English & Social Studies

**Thursdays:** Science & Elective courses

All classes are held at **Illinois Valley High School**, 625 E. River Street, Cave Junction, OR 97523

Coordinators are: **Sara Creek**, (sara.creek@threerivers.k12.or.us), &

**Scott Thornhill** (scott.thornhill@threerivers.k12.or.us)

For more information, send an email to either coordinator, or call, 541-592-2116.



# ILLINOIS VALLEY HIGH SCHOOL



## For Juniors

- ✓ **Take the SAT:** It is suggested that Juniors take the SAT or ACT's in the spring of their junior year. The SAT exam will be given at IVHS in May. See Ms. Thornhill in the Counseling Center to see if you qualify for a fee waiver. Register for the SAT at [www.collegeboard.org](http://www.collegeboard.org). Our school code is 380150. Students may also choose to take the ACT. Sign up for the ACT at [www.act.org](http://www.act.org)
- ✓ **Junior Girls:** If you are interested in attending Girl's State, a leadership event for 5 days sponsored by the American Legion, please see Ms. Tucker in counseling.

## Seniors Planning to Enroll in College in the Fall of 2015

- ✓ **Take the SAT or ACT** if you are planning to go to a university. Go to [www.collegeboard.org](http://www.collegeboard.org) to register for the SAT, or [www.act.org](http://www.act.org) to register for the ACT.
- ✓ **Apply to Schools:** Don't forget to get your applications for admissions and scholarships in by school deadlines. If you qualify for free or reduced lunch, you may be eligible for a deferral of application fees to Oregon University System schools. Many state universities had early admissions in November, so check the admissions deadlines for the colleges you want to attend.
- ✓ **File your FAFSA (Free Application for Federal Student Aid):** Each student and one parent must complete this application for a student to be eligible for federal and state college grants (free money!!). First apply for a PIN at [www.pin.ed.gov](http://www.pin.ed.gov). Both the student and one parent/guardian must have a PIN (your electronic signature) to apply for the FAFSA. As soon after **January 1<sup>st</sup>** as possible, complete the FAFSA at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).
- ✓ **IV Scholarship Packet:** Go through the IVHS Scholarship Packet and decide which scholarships you want to apply for. You will need **two letters of recommendation** (at least one from non-school, non-family). Ask your employers, community members, or friends of the family. You will also need to turn in two staff recommendations and typed responses to four short essay questions. The scholarship application is available online at <http://www.jocoeducationalfund.org> The deadline to get all of the materials in is: **2/20/2015**.
- ✓ **Apply for the Oregon Student Assistance Commission (OSAC) Scholarships:** This online scholarship application contains the Ford and Gear Up scholarships and many others. Complete the application at [www.oregonstudentaid.gov](http://www.oregonstudentaid.gov), available in Nov. Early Bird due date 2/16/13. Final due date **3/1/15**
- ✓ **Apply for RCC Foundation Scholarships:** If you may be attending RCC you should submit their scholarships application. Three out of four students who submit an application receive a scholarship. Apply online at [www.rccfoundation.org](http://www.rccfoundation.org).
- ✓ **Check for additional scholarships available posted in Counseling.**

See Ms. Tucker in Counseling or Ms. Sara Creek in the Career Center if you have any questions or need assistance with scholarships or financial aid.



## PARENT &amp; STUDENT RESOURCES

## YEAR-ROUND IN-SCHOOL &amp; ON-LINE STUDY RESOURCES AVAILABLE

On-Line support to help your student keep the skills learned, in shape. Like exercising your muscles on a daily or weekly basis, so too does the brain need its physical activity. The following web sites are provided to assist with the "Summer Brain Exercise" routine.

**My student doesn't understand their homework . . . now what?**

We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that math problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

**Khan Academy** – [www.khanacademy.org](http://www.khanacademy.org) This website has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

**Sophia** – [www.sophia.org](http://www.sophia.org) Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

**Quizlet** – [www.quizlet.com](http://www.quizlet.com) This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.



**ODYSSEYWARE** is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

**Three Rivers School District/Illinois Valley High School uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.**

**ODYSSEYWARE (OW) is web-based, If you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.**

**To access the ODYSSEYWARE web site AFTER he/she is registered, your student will need to go to <https://3rivers.owschools.com>. From there, they will be able to login and access the courses that they are enrolled in.**





# LIBRARY BOOKS FOR ILLINOIS VALLEY HIGH SCHOOL



Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21<sup>st</sup> century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, **Oregon Books & Games**, is a jewel.

- They will contribute **5%** of all purchases to **Illinois Valley High School**, if the customer requests **IVHS** to be the recipient of the contribution.
- The customer must request **IVHS** at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at [www.oregonbooks.com](http://www.oregonbooks.com) and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

**Oregon Books & Games** is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street  
Grants Pass, OR  
541-476-3132  
[www.oregonbooks.com](http://www.oregonbooks.com)



**Three Rivers School District**

**Illinois valley high school**  
625 E. River Street  
Cave Junction, OR 97523

**Or Current Resident**

**MARCH**



**WE'RE ON THE WEB**

**[WWW.THREERIVERS.K12.OR.US](http://WWW.THREERIVERS.K12.OR.US)**