



WELCOME BACK
TO SCHOOL!



NES September 2024 Newsletter

Important Dates and Reminders

- September 3rd - First Day of School for K-5
- September 3rd & 4th - Preschool Meetings - Sign up with Office if you haven't already.
- September 9th - First Day of School for Preschool
- September 9th - School Board Meeting, 6:30 p.m. @ District Office or by Zoom
- September 21st - Mudd Nick Auction Dinner, 5:00 @ NCRD
- September 23rd - No School - All District Professional Development Day Pre K-12
- September 26th - NES Open House 5:30-6:30
- September 27th - No School for Pre K Only



Families can log into their parent vue accounts on Friday August 30th to see who their child's teacher is for this school year.

Parking in the back of the building is for staff only! Please note, our playground and field are available for parents and students to access only after 3:30 p.m. on school days.

Trimester One swim lessons will start for 3 classes September 24th and go through December 19th. Your student will need a towel and a suit:

- McCoy = Tuesday
- Carbary = Wednesdays
- Henderson = Thursdays

Our amazing Parent Council provides school supplies for all of our students. The only supplies you are asked to provide for your child/children are:

- Wired Headphones
- Large Kleenex Box for your Child's Classroom
- Suit and Towel when they have Swim
- Water Bottle with their Name on it

Sign up for Flash Alert through the link below to receive emergency messages. Follow these steps: manage your messenger subscription - create account - Neah-Kah-Nie School District

[Flash Alert](#)

Bus Drop Off and Pick Up Times

Click on the link below to see the bus schedules

[Bus Schedules](#)

September Breakfast/Lunch Menu

SEPTEMBER 2024

NEHALEM ELEMENTARY

Deli Sandwiches are available
Daily as an option for lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY	3 Pancakes Chicken Soft Taco	4 Yogurt & Graham Crackers Spaghetti & Garlic Bread	5 Scrambled Eggs & Sausage Tillamook Cheeseburger	6 Breakfast Sandwich Popcorn Chicken
9 French Toast Corn Dog	10 Ham & Cheese Bagel Enchiladas	11 Sausage Bites Mac & Cheese	12 Blueberry Muffin Sloppy Joe's	13 Oatmeal Rounds Chili & Soft Pretzel
16 Waffles Cheesy Breadstick & Marinara	17 Strawberry Cream Cheese Bagel Nachos	18 Breakfast Bars Tater Tot Casserole	19 Pancake on a Stick Chicken Burger	20 Cinnamon Rolls Breakfast For Lunch
23 PROFESSIONAL DEVELOPMENT NO SCHOOL	24 Pancakes Cheese Quesadilla	25 Strawberry Smoothie Orange Chicken Over Rice	26 Scrambled Eggs & Sausage Pulled Pork Sandwich	27 Breakfast Sandwich Soup & Toasted Cheese Sandwich
30 French Toast Hot Dog				

NES OPEN HOUSE September 26th @ 5:30-6:30 p.m.

Please go straight to the gym for a general meeting with Principal, Kristi Mills at 5:30 p.m. Then proceed to your child's classroom to meet their teacher. Make sure to stop by the cafeteria for cookies, refreshments, and visit the community organizations that will have tables set up with information about their programs.

Online Verification 2024/25 School Year

OPENS 8/1

Current NKN Parent/Guardians

Online verification requires families to annually review, verify, and update their students' information via ParentVUE account.

This process ensures we have current address, phone number, emergency contacts, and health information on file.

**All of these items help schools to
keep students safe while at school!**

<https://parent-neahkahnie.cascadetech.org>

DUE
9/20



Families new to Neah-Kah-Nie, visit nknisd.org for Enrollment

Verificación en línea Año escolar 2024/25

ABRE 8/1

Padres/tutores actuales de NKN

La verificación en línea requiere que las familias revisen, verifiquen y actualicen anualmente la información de sus estudiantes a través de la cuenta ParentVUE.

Este proceso garantiza que tengamos la dirección, el número de teléfono, los contactos de emergencia y la información de salud actualizados en nuestros archivos.

¡Todos estos artículos ayudan a las escuelas a mantener seguros a los estudiantes mientras están en la escuela!

<https://parent-neahkahnie.cascadetech.org>

PENDIENTE
9/20



Familias nuevas en Neah-Kah-Nie, visiten nknsd.org para registrarse

Introducing New Staff:

- Mackenzie LeDoux - New Primary Teacher, 2nd Grade
- Nicole Smith - Instructional Coach
- Lilly Cram - Instructional Assistant
- Danielle Bhajaria - Special Education Instructional Assistant
- Rebecca Avalos - Special Education Instructional Assistant
- Katie James - Special Education Instructional Assistant

NES Bus Routes and Times

24/25 NES Chess Club

Chess Club starting soon at Nehalem Elementary



We are looking for students 1st-5th grade that are interested in playing chess.

This year we will be split up into 2 different skill levels, with practices being held on Mondays for Group A and Wednesdays for Group B.

Each practice will run right after school until 3:45. If your child has expressed interest in chess club, please email Shannon at shannonam@nknsc.org to secure a spot. Space is limited.

Miss Jennifer School Counselor



Welcome back! We are so excited to start the year with your kiddos on the 3rd.

As the school counselor I will be teaching SEL lessons (social emotional learning) 30 minutes a week in each classroom Pre-K through 5th grade. I love getting to connect with students each week. I also work individually with students (not therapy) to help in

cultivating social and emotional skills or provide support during challenging situations.

Additionally, I will be able to provide small group counseling which allows students to practice skills such as self control, friendship, managing emotions and handling worry and stress.

In September, our lessons will work on connecting and getting to know each other as well as starting with understanding brain states and self regulation, introducing Kelso's choices (problem solving and conflict resolution) and introducing our Tools that foster empathy, resilience and self-mastery.

If you have any questions or concerns about your student, feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

I am looking forward to a great year!!

Ms. Jennifer's School Counseling Office

503-355-3657/ jenniferh@nknsc.org

PE - Mrs. Duer

Welcome back! I'm excited to welcome students in the gym and see their smiling faces. Nehalem Elementary is going into their third year of having daily PE! It is recommended that kids engage in 60 minutes of physical activity per day so having 30 minutes of PE daily is instrumental in their overall well being.

I'd like to remind parents to please make sure your child has a comfortable pair of tennis shoes. Improper footwear (sandals, dress shoes, boots) can sometimes lead to injury or pose a tripping hazard. I always let students take a few minutes to change shoes if needed so keeping a pair of tennis shoes in the backpack is a great idea.



District Nurse - Denise Weiss

Welcome back students and families!

We are looking forward to seeing everyone again this school year. Please review the updated attached symptom tracker to see when to keep your students home. This guide is very easy to follow and should help determine when students should stay home due to illness. Also, remember students cannot carry their own medicine to school. If your student needs medicine at school, a parent or guardian needs to bring the medicine to the office and complete the paperwork. Any questions, please call the office.

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	*Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	*Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	*Symptom-free for 24 hours OR with orders from doctor to school nurse.
 Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed.
Skin rash or open sores	*Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	*Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



NCRD Youth Center

Welcome Back NES students and families, we here at NCRD are happy to be back in school and hope you had a Fantastic summer! If you are in need of youth care, please reach out to us. We pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Our cost is \$6 a day per child. This does include a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) If interested, please reach out to Angie or Kiley at NCRD by phone, email, website, or just stop in. We are not doing drop-ins currently but hope to get back to that someday. We do have full day care when the school is closed, if it is not a national holiday. Those days are \$20 per student. The first no school day is September 23. To preregister and prepay, contact the Welcome Center. Scholarship applications are available upon request.

Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the Welcome Center know if this is a need, and we will get you a scholarship application.

-Youth Sports-

Registration is open for Soccer. Please stop by or call the Welcome Center for more details! If you are interested in volunteering/coaching for this or any sport, please let me know. None of this would be possible without the great coaches we have. We will start practice on September 16 right here at the NES field. Please make sure you have cleats, shin guards, and a water bottle.

angiet@ncrdnehallem.org

NCRD Aquatics

POOL NEWS!!

NCRD/Nehalem Elementary School Swim **Fall Schedule**

Begins: September 24, 25, 26 (Tues. Weds. Thurs)

Classes: McCoy, Carbary, Henderson

NCRD POOL will be **CLOSED August 30---September 22** (maintenance, painting, & repairs).

POOL OPEN: September 23, 2024.

Friday Night Family Swim begins September 27, 6:00pm—7:30pm.

Wednesday Water Play (WWP) (after school) To Be Determined in **October**...Stay Tuned!!

(must be in first grade to participate(signed in by an adult) and have transportation to and from the pool)

Employment Opportunities at NKN School District

Click on this button to access and apply for open positions.

Sign Up Below to Become a Substitute for the NKN School District

**SUPPORT OUR
SCHOOLS!**

**Become an ESS
Substitute**



**SCAN
ME TO
GET
STARTED!**



Amy Cram

Amy is using Smore to create beautiful newsletters