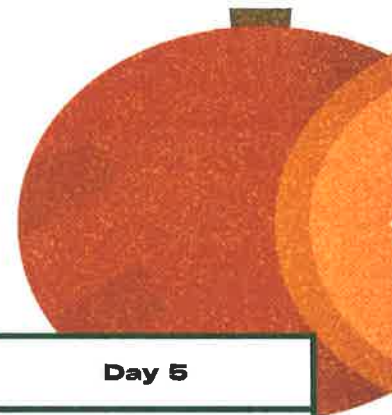


# Big-9 Allergen-Free Elementary School Lunch Menu 2024-2025



|               | Day 1                                                                                                                                                                                                                                | Day 2                                                                                                                                                                                                      | Day 3                                                                                                                                                                                                                               | Day 4                                                                                                                                                                                                                          | Day 5                                                                                                                                                                                                                                                 |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Week 1</b> | <ul style="list-style-type: none"> <li>Bistro Box</li> <li>Cherry Smooth Sidekick</li> <li>Green Beans</li> <li>Chilled Peaches</li> <li>Pineapple Tidbits</li> <li>Water</li> </ul>                                                 | <ul style="list-style-type: none"> <li>Fiesta Rice and Beans Bowl</li> <li>Black Beans</li> <li>Steamed Corn</li> <li>Pineapple Tidbits</li> <li>Water</li> </ul>                                          | <ul style="list-style-type: none"> <li>GF/DF/EG/SF Nachos with Scoops</li> <li>Fresh Carrot Sticks</li> <li>Steamed Broccoli</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> <li>Salsa Dipping Cup (as salad dressing)</li> </ul> | <ul style="list-style-type: none"> <li>Brown Rice with Hamburger Patty</li> <li>Mixed Greens Salad</li> <li>Steamed Corn</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> <li>Mustard pc</li> <li>Ketchup Dunk Cup</li> </ul> | <ul style="list-style-type: none"> <li>Gluten Free Penne Pasta with Italian Plant-Baked Protein Crumbles</li> <li>Fresh Carrot Sticks</li> <li>California Blend vegetables</li> <li>Apple Slices</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul> |
| <b>Week 2</b> | <ul style="list-style-type: none"> <li>Brown Rice with Hamburger Patty</li> <li>Steamed Corn</li> <li>California Blend vegetables</li> <li>Pineapple Tidbits</li> <li>Water</li> <li>Mustard pc</li> <li>Ketchup Dunk Cup</li> </ul> | <ul style="list-style-type: none"> <li>GF/DF/EG/SF Nachos with Scoops</li> <li>Green Beans</li> <li>Black Beans</li> <li>Frozen Strawberry cup</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul>        | <ul style="list-style-type: none"> <li>Fiesta Rice and Beans Bowl</li> <li>Steamed Broccoli</li> <li>Sunbelievable</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> </ul>                                                          | <ul style="list-style-type: none"> <li>Gluten Free Penne Pasta with Italian Plant-Baked Protein Crumbles</li> <li>Romaine Salad</li> <li>Steamed Corn</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> </ul>                  | <ul style="list-style-type: none"> <li>Bistro Box</li> <li>Sunshine Carrots</li> <li>Cherry Smooth Sidekick</li> <li>Apple Slices</li> <li>Water</li> </ul>                                                                                           |
| <b>Week 3</b> | <ul style="list-style-type: none"> <li>Bistro Box</li> <li>California Blend vegetables</li> <li>Sunbelievable</li> <li>Chilled Peaches</li> <li>Water</li> </ul>                                                                     | <ul style="list-style-type: none"> <li>GF/DF/EG/SF Nachos with Scoops</li> <li>Cherry Smooth Sidekick</li> <li>Black Beans</li> <li>Pineapple Tidbits</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul> | <ul style="list-style-type: none"> <li>Gluten Free Penne Pasta with Italian Plant-Baked Protein Crumbles</li> <li>Sunshine Carrots</li> <li>Green Beans</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> </ul>                     | <ul style="list-style-type: none"> <li>Brown Rice with Hamburger Patty</li> <li>Mixed Greens Salad</li> <li>Steamed Corn</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> <li>Mustard pc</li> <li>Ketchup Dunk Cup</li> </ul> | <ul style="list-style-type: none"> <li>Fiesta Rice and Beans Bowl</li> <li>Steamed Broccoli</li> <li>Steamed Corn</li> <li>Apple Slices</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul>                                                          |
| <b>Week 4</b> | <ul style="list-style-type: none"> <li>Gluten Free Penne Pasta with Italian Plant-Baked Protein Crumbles</li> <li>Steamed Broccoli</li> <li>Cool Tropics MOG</li> <li>Mandarin Oranges</li> <li>Water</li> </ul>                     | <ul style="list-style-type: none"> <li>GF/DF/EG/SF Nachos with Scoops</li> <li>Sunbelievable</li> <li>Black Beans</li> <li>Chilled Peaches</li> <li>Water</li> </ul>                                       | <ul style="list-style-type: none"> <li>Fiesta Rice and Beans Bowl</li> <li>Steamed Broccoli</li> <li>Steamed Corn</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul>                                | <ul style="list-style-type: none"> <li>Bistro Box</li> <li>Romaine Salad</li> <li>Steamed Corn</li> <li>Seasonal Fresh Fruit</li> <li>Water</li> <li>Mustard pc</li> <li>Ketchup Dunk Cup</li> </ul>                           | <ul style="list-style-type: none"> <li>Brown Rice with Hamburger Patty</li> <li>Fresh Carrot Sticks</li> <li>Fresh Cucumber Slices</li> <li>Apple Slices</li> <li>Water</li> <li>Salsa Dipping Cup</li> </ul>                                         |