TORNILLO ISD School Health Advisory Council Annual Progress Report to the Board of Trustees

June 2023

As Required by Texas Education Code, Section 28.004

TISD SHAC Annual Report, 2022-23

AUTHORITY

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Tornillo Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal).

PURPOSE

The SHAC is an advisory body. Under TEC Section 28.004, the SHAC's duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes. The council provides invaluable advice on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services, leading to a greater positive impact on student health and learning.

RESPONSIBILITY

Policy BDF (legal) requires board approval of SHAC membership which is comprised of majority parents, community leaders, school personnel, and other representatives, as needed. The SHAC meets at least four times each year and is required to submit a written report to the Board of Trustees at least once annually.

2022-2023 SHAC GOALS

The 2022-2023 SHAC goals were:

- To increase diverse representation in SHAC membership by recruiting underrepresented school personnel, parent groups, and community partners by the 2022-2023 academic year.
- To review Narcan administration policy development by the end of the 2022-2023 academic year and provide the recommendation to the Board.
- To increase collaboration with community groups over the next two academic years so the SHAC can use community resources to provide appropriate recommendations to the Board.
- By 2023-2024, work with the campus stakeholders to develop and implement school health action plan in each campus improvement plan.

2022-2023 SHAC ACTIVITIES AND ACCOMPLISHMENTS

During the 2022-2023 academic year, the SHAC had membership elections and recruited underrepresented categories to accomplish SHAC's work to our goal of increasing council diversity.

The SHAC met four times this academic year. The meetings included updates from the district health services coordinator on health and human sexuality curriculum, smart snack guidelines, tobacco-free policies, parent, and community outreach planning, and supporting the district's new Narcan administration policy. Meeting presentations included education/training on safe and healthy school environments, prevention of child abuse, family and dating violence, sex trafficking and suicide.

2022-2023 SHAC RECOMMENDATIONS

Following review of materials and community feedback, the SHAC provided support for the district's proposed Narcan administration policy that safeguards the well-being of the students by ensuring ready access to naloxone as part of the district's emergency preparedness plan.

CONCLUSION

Since the establishment of the SHAC from <u>Section 28.004</u>, SHACs' responsibilities and their importance in making a positive impact on student health and learning has grown significantly. This document serves to fulfill the legislative requirement that mandates SHACs to submit a written report to the Board at least once annually. We hope that, with this report, the Board and SHAC can continue to work together to support the health and well-being of the students.