

The Pirate Press

Neah-Kah-Nie High School's Weekly Newsletter

November 22, 2024

Upcoming Dates: 📅

November:

- Nov 25: Finals Day 2
 - Nov 26-29: No School
 - Dec 3: NHS Induction 6-7:30
 - Dec 5: Senior Family Night/Financial Aid Night
 - Dec 6: FNRL Event 9am-3pm
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International Day of Persons with Disabilities

3 DECEMBER

 [CLICK HERE FOR THE SCHOOL MENU](#) 

When is Graduation?



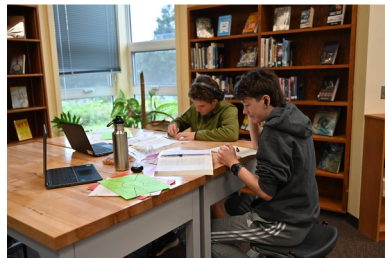
Graduation will be held at 12:00pm on Saturday, May 31st at NKNHS. We moved the date this year due to the Track and Field state meet.

Student Life

Last Saturday, November 16th, NKN Robotics attended Meet 1 at Hillsboro High School, and ended the day in 2nd place out of 21 teams.



Students were hard at work preparing for Finals this week!



Mr. Douma's Foods class was hard at work making a festive meal for their final!



Rotary Student of the Month- Starla Rootlieb



Congratulations to our Rotary Student of the Month, Starla Rootlieb! Starla is a dedicated and compassionate student who consistently seeks to make a positive impact on the well-being of those around her. In class, when choosing topics for her speeches, she gravitates toward themes that promote mental and emotional health. One noteworthy example is her "to-do speech," in which she shared valuable insights on how to live life without anxiety and negative self-talk, encouraging others to embrace self-compassion and mindfulness.

Beyond her academic pursuits, Starla is a source of support for her peers, offering encouragement and empathy both in and out of the classroom. Her commitment to the well-being of others extends to her involvement in extracurricular activities, where she fosters a sense of community and camaraderie. Whether through her friendships, club participation, or her relationships with staff, she embodies the values of the Rotary Group—service, kindness, and leadership.

What a great performance by the band and choir students this week!





**DOOR PRIZE
RAFFLE
FOR THOSE
IN ATTENDANCE**

RSVP to Jaime Simpson
jaimes@nknsd.org
503-355-3564

**DELICIOUS
DOMINO'S
PIZZA AND
SCRUMPTIOUS**

Toy & Clothing Drive

November 21 -- December 13

Donation Drop-off locations at
all NKN schools & around the community

Help to spread joy and love to children
and families in need by donating gently
loved or new toys & clothing!



Sponsored by Leo's Club &
National Honor Society

SENIOR YEARBOOK SUBMISSIONS

DUE APRIL 1ST, 2025

- **BABY PICTURES**

- THESE WILL BE PRESENTED AT GRADUATION DURING A SLIDESHOW. FEEL FREE TO USE AS MANY AS YOU LIKE (4-6 IS BEST).

- **SENIOR PICTURES**

- THESE PICTURES WILL BE IN THE SLIDESHOW ALONGSIDE THE BABY PICTURES. USE AS MANY AS YOU LIKE, BUT 1 OR 2 WORK BEST IF YOU USE 6+ BABY PICTURES.

- **WALL PICTURE**

- THIS PICTURE NEEDS TO BE A CLOSE UP (SHOULDERS UP). ANY PICTURE SUBMITTED SHOULD BE OF HIGHEST QUALITY (PIXEL COUNT). PLEASE NOTE ANY PICTURE THAT IS NOT A CLOSE UP WILL BE CROPPED TO FIT THE FRAME FOR THE HALLWAY.

- **YEARBOOK PICTURE**

- THIS PICTURE WILL BE FEATURED IN THE YEARBOOK. THE FORMAT IS PORTRAIT STYLE AND THERE WILL BE SIX STUDENTS ON A PAGE. THIS PICTURE CAN BE WHATEVER THE SENIOR CHOOSES BUT IT HAS TO BE SCHOOL APPROPRIATE (I.E. NO WEAPONS, GORE, OR PARAPHERNALIA).

- **YEARBOOK QUOTE**

- THIS WILL BE FEATURED IN THE YEARBOOK NEXT TO THE SENIOR'S PICTURE. ALL QUOTES HAVE TO BE SCHOOL APPROPRIATE (I.E. NO CUSSING, DEROGATIVE TERMS, OR BULLYING) AND BE APPROVED BY ADMINISTRATION.

ALL PHOTO SUBMISSIONS NEED TO BE AN IMAGE FORMAT (JPEG/PNG)
ALL PHOTOS AND QUOTES ARE DUE TO SABRINA EISELE @ SABRINAE@NKNSSD.ORG



CASH PRIZES!

The O[yes] media contest now includes **graphic design**.

Oregon Young Employee Safety

Media contest

Create an ad for our Young Employee Safety Awareness online training!

Video contest:	Graphic design contest:
First prize: \$500	First prize: \$500
Second prize: \$400	Second prize: \$400
Third prize: \$300	Third prize: \$300

First place winners' schools will receive matching prizes.

Find the contest rules, entry form, and checklist along with more information online at: youngemployeesafety.org/contest

Submit your entries by:
February 21, 2025
5:00 p.m.

#oyescontest

Watch last year's winning video

SPONSORED BY:

O[yes] Oregon young employee safety

Costa Rica Exchange Opportunity

Mudd Nick is sponsoring two Neah-Kah-Nie Spanish Language students for the experience of a lifetime. Mudd Nick will award two scholarships for students who are selected by the Partners of America Costa Rica Exchange Program. Scholarship applications are now being accepted and are due by Dec. 6, 2024. For more information or to get a copy of the application, contact Mudd Nick program coordinator James Johansen at jamesj@nknsl.org or follow this link: [Mudd Nick Partners of America Scholarship Application](#)

[Click Here for Application](#)

COSTA RICA

HIGH SCHOOL EXCHANGE



After School Tutoring in Room 3

Stephanie Gomez and Shawn Lehr offer after school tutoring on Thursdays in room 3 from 4:00-6:00. Students needing to access the activity bus can do so at the end. Students can sign up with Amy in the main office.

Help is Available!

Scan the QR Code to view and access resources relating to:

- Mental Health
- Suicide
- LGBTQ+
- Sexual Assault, dating violent, domestic violence, and abuse
- Student and school safety
- Food pantries
- Housing and shelter
- Childcare and parenting



Information that is helpful to know:

Student Wellness Center is Open!



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)
Wednesdays <small>Counseling appointments only</small>	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Closed for lunch 12:30 - 1:30 pm)
Thursdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
Age-appropriate reproductive health	
Vision screenings	

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

Student Illness and Absence

Call or Email the Main Office to Let Us Know

Our phone number is 503-355-2772.

The email is amy@nknsd.org

It is important to let us know that your child will not be attending so we do not worry about them. If your child is not at school, and we haven't heard from you, then you will receive an automated phone call notifying you of your child's absence.'







How long does my child need to wait to return to school after an illness?

The answer to this question depends on their symptoms. Our school has to follow the directives from the Oregon Health Authority (OHA) regarding when students may be readmitted to school after an illness. Please review the provided info from OHA. **Please also note that the period of**

exclusion often requires 24 hours away from school (this is not a rule that the school developed, but one we have to follow).

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). <i>Urgent medical care may be needed.</i>
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	*Symptom-free for 24 hours OR with orders from doctor to school nurse.
 Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i>
Skin rash or open sores	*Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	*Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event , like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



Medication

All prescription and over-the-counter (OTC) medication must be administered at the office by trained personnel.

Medication that you want your child to take during the school day has to be brought to the office in the original container (or we cannot take possession of the medication). Parents must complete the medicine administration form before trained personnel can dispense medication to a child. ALL OTC medications must be handled through the office (this includes cough drops). If you have any questions about medication administration and school, please contact our main office.



Neah-Kah Nie High School

<https://nknsd.org/neath-kah-nie-high-school/>

