

# **Student-Centered Schools:**

How to recognize if you're in one...

- All staff and school personnel are aware of what PTE's are, and how those events can impact students and their families;
- Not only are we *informed* regarding trauma and its' impact, we proactively engage with traumatic material to increase self efficacy, diffuse shame, reduce distress, and offer new coping strategies;
- Emotional dysregulation is a common manifestation of trauma; our school climate is one that promotes a regulated state of being;
- Healthy attachments and relationships serve as the foundation for both our academic and wellness interventions;
- We strive to create an inclusive, strengths based, and holistic approach to
  educating and supporting our students and families to increase both intrinsic
  and external resources;
- But what about the curriculum?

# **Art Therapy Overview: Chris Lewis**

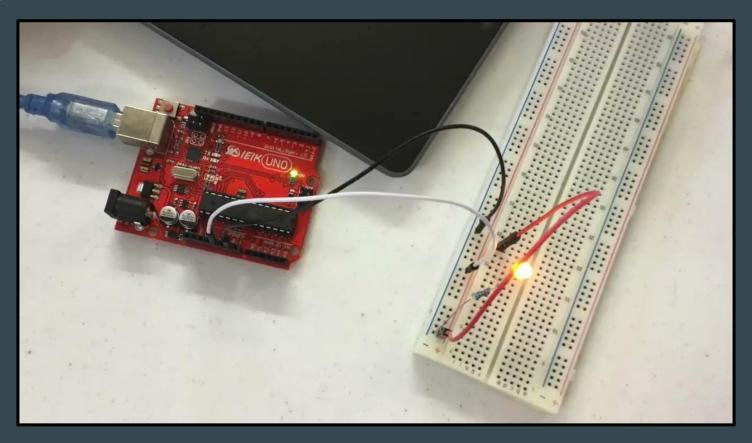






The expressive arts incorporate various artistic mediums (painting, drawing, music, collaging, writing, etc.) that allow us to tell our stories and make meaning out of our thoughts, experiences, and emotions.

# Computer Class: Troy Atchison



# School-Wide Wellness Seminars: Wednesdays with Charlie

#### Relationships

- Trauma and Normative Development
- Attunement
- Attachment and internal sense of safety
- Caregiver management of affect (managing our own experience)
- Effective Response

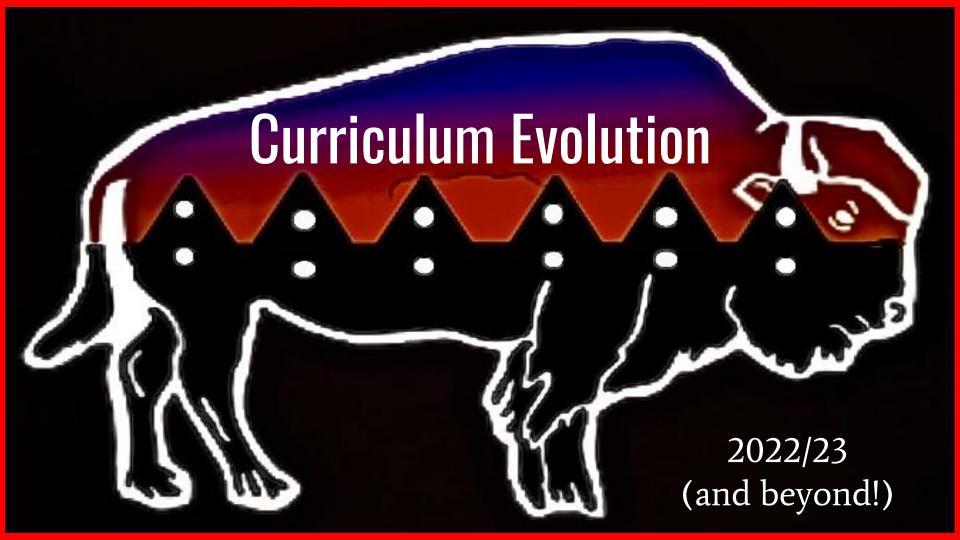
#### Regulation

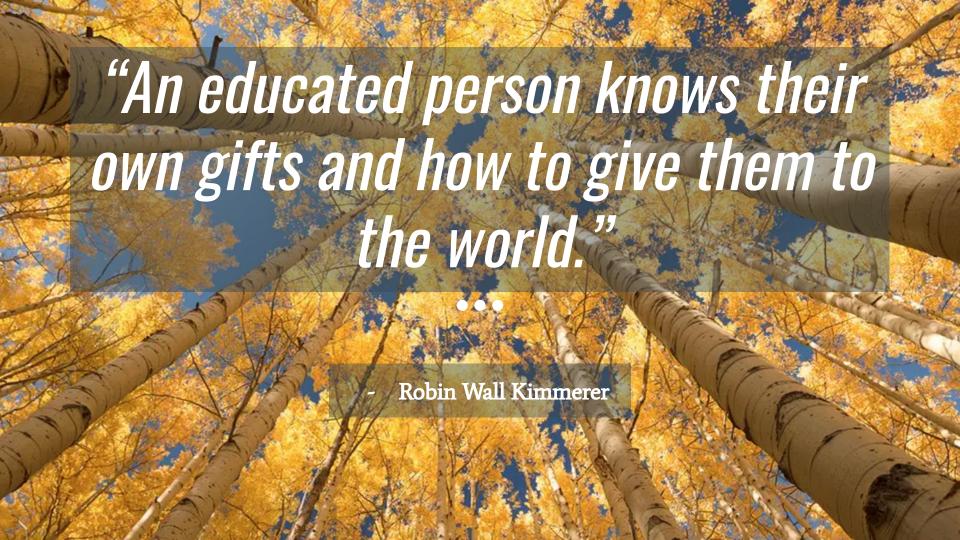
- Identification and Modulation
- Impulse Control Normalization and Validation
- Distress Tolerance

#### Resources

- Intrinsic and external
- Life Skills
- Acceptance and Change Coping Strategies
- Self Awareness







# Four Aims of the Evolution:

- 1. Acquisition of the "academic" skills and knowledge.
  - Textual Consumption and Production
- 2. De-/anti-colonial perspectives and skills.
  - Develop the capacity to read, watch, listen, connect to, analyze, write, and discuss topics as complex as settler colonialism.
- 3. Indigenizing attitudes / knowledge / skills with particular emphasis on Blackfeet Nation.
  - Develop an understanding of the role they play in their immediate and extended community including their land and the natural world - in which opportunities for reciprocity, responsibility, and synergy are revealed.
- 4. Healing historical trauma through Health and Wellness.
  - Have a better understanding of the systems of oppression that have made and continue to perpetuate historical and acute trauma.

# 1. Acquisition of the "academic" skills and knowledge.

#### BHA students will...

- Learn to understand a variety of literary texts through close reading, sharing competing narratives/perspectives, exploring historical periods with an emphasis on Blackfeet Nation, and making relevant connections to their own lives.
- Demonstrate growth in literary, expository, analytical, and argumentative writing.
- Practice all steps of the writing process to produce final drafts that are organized, concise, and logical.
- Improve communication skills through active engagement in a variety of activities that honor different learning styles.
- Build critical thinking skills in order to consciously navigate life and systems.

# 2. De-/anti-colonial perspectives and skills.

#### BHA students will...

- Develop a living definition of settler colonialism.
- Understand how current settler colonialism shows up in Native/Indigenous communities today.
- Cultivate a perspective of how historical and ongoing settler colonialism is connected to their own lives.
- Have a clear understanding of some ways Indigenous Peoples/Native Nations have, and continue to, resist settler colonialism.
- Develop the capacity to read, watch, listen, connect to, analyze, write, and discuss a topic as complex as settler colonialism.

# 3. Indigenizing attitudes/knowledge/skills - with particular emphasis on Blackfeet Nation.

History / Land / Community

#### BHA students will...

- Gain an understanding of the historical context in which they live and how it impacts daily life.
- Build relationships with their land with the purpose of better understanding their place, identity, and interconnectedness.
- Develop an understanding of the role they play in their immediate and extended community - including their land and the natural world - in which opportunities for reciprocity, responsibility, and synergy are revealed.

# 4. Healing historical and acute trauma through health and wellness.

BHA students will...

 Have a better understanding of the systems of oppression that have made - and continue to perpetuate - historical and acute trauma.

### Coupled with BHA's Wellness Goals of:

- 1. Relationships "Healing potentially damaged attachment systems"
- 2. Regulation "Offering opportunities to strengthen internal experience"
- 3. Resources "Highlighting and fortifying both internal and external strengths and support"
- 4. Integration "The act of working through avoidance toward trauma experience integration"

### **Meet the Team:**

### From Left to Right...

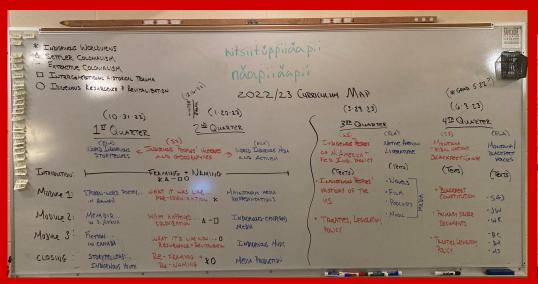
- Nicholas Rink (ELA)
- Jason Krane (IC)
- Katie Boyce (SS)
- Dr. Rob Petrone (Consultant)
- Melissa Horner (Consultant)



### **Summer 2022:**

"If you want to go fast, go alone...

If you want to go far, go together."







# **Core Concepts to Ground Curriculum:**









by Extractive Colonialism:

- Democratic Republic of Congo

Barbados







Revitaliztion

worldviews, (re)learning

# Continued Work Throughout the School Year: Process vs. Product

#### Full-Team Meetings:

 Everyone meets once a month to discuss all aspects of curriculum project.

# Social Studies Meetings:

 Melissa, Katie, and Jason meet to plan and create lessons and assessments.



#### Strategic Planning:

Rob and Jason meet to create agenda for full-team meetings and to begin plan for summer 2023.

#### ELA Meetings:

 Rob and Nick meet to discuss progress, develop lessons, and create frameworks for upcoming courses.

# Highlights from ELA: Media Literacy

# Native Representation in Peter Pan

#### INTRODUCTION

Peter Pan is an American animated film released in 1953 and produced by Walt Disney Productions. The film is very well known, and despite criticism, many still call it a classic, and it has been viewed by people all over the world; To this day, it has a place in modern pop culture.

Though the film is often remembered as a fun heartwarming adventure film with eccentric characters and memorable songs, people often overlook the questionable messages it sent about women and the racist portrayals of the non-white characters.

#### Activity

Develop a Found Poem about "This is the Way We Rise."

This is the Way We Rise (starts at 2:34).

We see the beauty and nature, we do not see the pain ans danger, watching Hawaii folk feel like failures.

I see a bulldozer smashing everything in it's way, the rich taking over hawaii day by day.

I watch our people suffer violence, but we watch in silence, one day i hope our name arrises. From the grave, a thousand souls die out from one raid, America only cares about pay, not us no way. Many other souls watch the terroizing changes, we can't do nothing but watch tears go down our faces, they say they're not racist, but we know they don't care they're faceless.

Soulless people with no regret, all we do is reflect on the pain and what the white man said.

We do not matter to the US, if we did the press would not shine their rolex.

Fancy cars and clothes, all the expensive food as we count bones.

Danger happened when the boat arrived, we did not realize, the lies of columbus.

We did not see the truth or cost, all we seen is the loss, the lost and fear.

We did not see the murder and theft, all we seen was our ancestors last breath.

It's sad because a  $\underline{ot}$  of our people suffered for our I see the money being used properly, greedy for every dollar they see.

We get brushed off like nothing wrong, we  $\underline{\text{screm}}$  out loud to the pride poem, book, movie and song.

Tears in our eyes, listening to their lies, so we riot from day to night, this is the way we rise.

#### Courses:

- World Indigenous Storytellers
- World Indigenous Media and Advocacy
- Native American Literature
- Montana / Blackfeet Voices

# Highlights from Social Studies:

#### Courses:

 World History/Geography - Indigenous Peoples' Lands and Histories

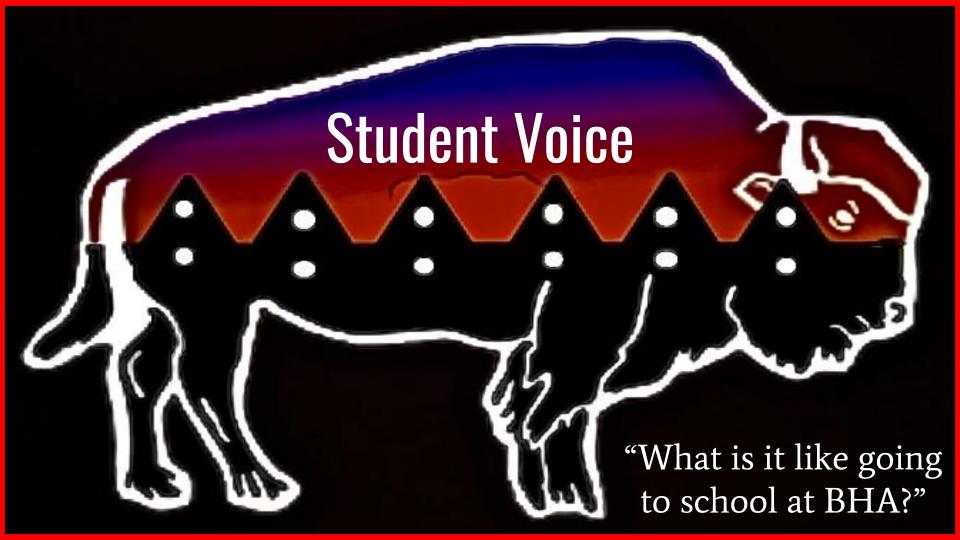
 US History - Indigenous Peoples' of North America + Federal Indian Policy

 Montana History - MT Tribal Nations / Blackfeet Country









# Class of 2023: Mikell Bird and Zane Hall







# **Steve Tatsey:**

### Buffalo Program (7 years)

- Buffalo Harvest Field Supervisor and Facilitator
- Born and raised in Birch Creek
- Mentor and supporter of members of his community
- Culture and Spirituality
- Grandfather of current BHA student
- Father of BLA alumni
- All-around great guy!



### **Christina Flammond:**

### C & C Meats - Baab, MT

- Owner and manager
- Mentor and collaborator for Buffalo Harvest and Processing
- Hosts educational activities/seminars
- BHS Class of '01
- Pet Buffalo named iinnīī
- All-around great gal!



# Irene Augare:

### Fun Facts!

- Education: BHS Class of '07 / SKC Class of '18
- **Job**: Parent Community Outreach Program Coordinator
- **Favorite Part of Job**: "Witnessing students gain a different level of of resiliency, independence, and accomplishment through hard work and self-dedication."
- Has been an advocate and supporter of BHA for many years
- All around great gal!

