

**APPROVAL OF THE DENTON INDEPENDENT SCHOOL DISTRICT  
WELLNESS PLAN AS APPROVED BY SHAC COMMITTEE**

February 14, 2023

**SUMMARY:**

This item requests Board review and approval of the Denton ISD Wellness Plan as approved by the Student Health Advisory Committee, which on behalf of the District, reviews and approves the nutrition guidelines and wellness goals as required by law.

**PREVIOUS BOARD ACTION:**

The Board was given a Health Services Report at the December 13, 2022 meeting at which time, an overview of the overall wellness plan was given by the Director of Health Services.

**BACKGROUND INFORMATION:**

The Student Health Advisory Committee (SHAC) reviewed and approved the current wellness plan at their meeting on August 30, 2022. The SHAC studies and revises the plan on a regular basis and recommends revisions to the wellness policy when necessary. The plan is also updated as Texas law calls for changes. The wellness plan is aligned with Board policy FFA Legal and Local. The Wellness Plan is publicly posted on both the Denton ISD Health Services and Child Nutrition websites.

**SIGNIFICANT ISSUES:**

None.

**FISCAL IMPLICATIONS:**

None.

**BENEFIT OF ACTION:**

Through the District Wellness Plan, the District shall support the general wellness of all students by implementing measurable goals to promote sound nutrition and student health and to reduce childhood obesity.

**PROCEDURAL AND REPORTING IMPLICATIONS:**

None.

**ALTERNATIVES:**

No alternative actions are proposed.

**SUPERINTENDENT'S RECOMMENDATION:**

The Superintendent recommends approval of the Denton ISD Wellness Plan and supports the SHAC's work in developing, implementing, and reviewing the guidelines.

**STAFF PERSONS RESPONSIBLE:**

Nicole Goodman, Director of Health Services

Liz Rafferty, Director of Child Nutrition

**ATTACHMENT:**

Denton ISD Wellness Plan

**APPROVAL:**

Signature of Staff Member Proposing Recommendation: \_\_\_\_\_

Comments: \_\_\_\_\_

Signature of Divisional Assistant Superintendent: \_\_\_\_\_

Comments: \_\_\_\_\_

Signature of Superintendent: \_\_\_\_\_

Comments: \_\_\_\_\_