

Neah-Kah-Nie High School

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# PIRATE NEWSLETTER

## STUDENT CELEBRATIONS!!

### HONOR ROLL

Congratulations to the students on Trimester 1 Honor Roll!!! To be on the Honor Roll, students must have attained a minimum 3.5 GPA at the end of the trimester. Trimester 1 students are as follows:

**Grade 9:** Brent Anderson, Lanie Booth, Isabelle Foster, Henry Gernert, Dylan Johnson, Tonanzy Mendoza Alvarado, Cosmo Simmons, Rylee Stinnett, Arriana Triano, Shawn Drollinger, Madilyn Hopkins, Emma Lommen, Mitchell Porter, Matthew Spellman, Jordan White.

Those 9<sup>th</sup> graders with a perfect **4.0 GPA** are: Carmela Camacho, Anna Driscoll, Hailey Ernst, Spider Hyde, Lilian Klay, Clark Krostag, Kalani Mersereau, Emma Miller, Tyler Motsinger, Nakai Reny Hamer, Damaris Reyes Avalos, and Isabella Simmons.

**Grade 10:** Russell Burns, Kailynn Christensen, Alicia Deuel, Marisa Hackman, Sara Johnston, Kyla Huntley, Kaitlynn Koch, Emily Stanfield.

Those 10<sup>th</sup> graders with a perfect **4.0 GPA** are: Hannah Barlow, Travis Bennett, Cameron Brisack, Anna Deur, Benjamin Holm, Emma Murphy, Kara Ramage, Dinah Schultz, Meien Shiomi, Mary Watson, Joseph Welsh, Damien Wilkinson, and Gwen Zink.

**Grade 11:** Natasha Laun, Eve Turner, Seth Ziemecki, Aspen Becker, Rheanne Bryant, Jett Johnston, Jayden Kehler, Jonathan Lommen, Kent Pieper, Megan Troutman, Mairade Reid.

Those 11<sup>th</sup> graders with a perfect **4.0 GPA** are: Nicholas Bailey, Topanga Benthien, Tyler Ernst, Karissa Hadermann, Tessa Hudak, Daniel Jackson, Kyla Jepson, Michael Laun, Ethan Lee, Ethan Lowry, Matthew Mahnke, Grace Miller, Kayla Naylor, Animesh Patel, Cale Simpson, and Jacob Waldron.

**Grade 12:** Christian Bailey, Caleb Hopkins, Haylee Barbour, Alicia Cruz Lilly, A.J. Pieper, Avery Smith, Connor McRae, William Grimes, Travis Jonsson, Brianna Woodward, Tristan Bennett, Tucker Champ, Kasey Purcell.

Those 12<sup>th</sup> graders with a perfect **4.0 GPA** are: Brendan Deur, Sasha Dorokhin, Dixi Esplin, Grace Farris, Lotta Heck, Alexis Marshall, Madison Mersereau, Chassidy Motsinger, Jack Porter, Juan Reyes Avalos, iris Siegel, Maisie Siegel, Mara Soans, Shayla Wacker, and Alexandria Woodward.

*Congratulations!!!!!!*

## ATTENDANCE

Our attendance goal is to have every student here 90% or more of the time. We are celebrating as every grade has had over 90% across the board all year. We are so proud of the improvement and thank you for all your combined efforts in helping to get your students here every day. The following students had trimester 1 **perfect attendance**.

**Grade 9:** Brent Anderson, Rebecca Avila, Anna Driscoll, Isabelle Foster, Dylan Johnson, Connor Mendenhall, Tonanzy Mendoza Alvarado, Emma Miller, Tyler Motsinger, Nakai Reny Hamer, Isabella Simmons, and Jordan White.

**Grade 10:** Travis Bennett, Russell Burns, Kailynn Christensen, Alicia Deuel, Marisa Hackman, Leila Newkirk, and Kara Ramage.

**Grade 11:** Jett Johnston, Kienon Klepper, Grace Miller and Shelbi Nelson.

**Grade 12:** Grace Farris and Alexis Marshall.

*Congratulations and thank you, students and parents for your commitment!!*

## FROM THE MUSIC DEPARTMENT

The Neah-Kah-Nie choir under the direction of Michael Simpson had successful performances throughout North Tillamook County in December, performing at local care centers, Tillamook Creamery, TBCC and the Rockaway Beach Lions Club. During the month of February Alyssa Ahlers, Hannah Barlow, Seth Charleboix, Grace Miller and Christian Peters are performing at the Honor Choir Festival at St. Helens High School. Later in the month Dinah Schultz will be joining this group of students to perform at the Jazz Festival at Astoria High School. The honor choir will also be singing the National Anthem at the OSAA State Wrestling Championships and will be performing at the Avi Kaplan Honor Choir Festival at McNary High School in Salem in April. The entire choir will be competing in the League Festival at Linfield College and will be making a special appearance with the North Coast Chamber Orchestra at the Astoria Elks Ballroom in April.

The Neah-Kah-Nie pep band, along with Director Russell Zaugg, have been performing to the crowd's delight at home basketball games. The band has upcoming festivals February 26<sup>th</sup> at St. Helens High School and on April 5<sup>th</sup> at Jewell High School.

Please plan on attending the band and choir concert March 14<sup>th</sup>, 2019 in the upper gym. The concert begins at 7:00 p.m.

## ASPIRE UPDATE

News from ASPIRE. The senior ASPIRE students and their mentors have been invited to participate in a career day with the Portland Trailblazers on March 20. This educational and informative day will culminate with our group hoping to watch the Trailblazers beat the Mavericks. This activity is possible because of generous funding by the Mudd-Nick Foundation ... THANK YOU!!!!

## STUDENT COUNCIL

After weeks of preparation Student Council felt that Winter Week was better than ever! We are busy reflecting on what went well and what we can improve on for Pirate Palooza. The date of Pirate Palooza and prom will be announced soon!

## **CONGRATULATIONS F.B.L.A.!**

Congratulations to the NKN FBLA career and technical student organization, which had 29 top ten finishers at the annual regional event. Our region consists of Tualatin, Tigard, Scappoose, and Seaside. Regardless of competing against larger schools, NKN FBLA continues to be successful. If you would like to make a contribution to our organization to assist with traveling expenses and registration fees, please contact advisor Stevie Jackson at [steviej@nknsd.org](mailto:steviej@nknsd.org). The state competition takes place April 4-6 in Portland, Oregon, which students are preparing for now. Thank you to all of our supporters, especially the parents who assist with fundraising events to make sure we are able to travel for state and national events. **Following are the 2019 regional finishers:**

**Accounting 1:** Riley Johnson, 3rd; **Advertising:** Ethan Lee, 6th and Megan Troutman, 10th; **Agribusiness:** Brianna Woodward, 4th and Tyler Ernst, 10th; **Business Communication:** Animesh Patel, 3rd and Karissa Hadermann, 4th; **Business Law:** Brendan Deur, 4th; **Computer Applications:** Matthew Manke, 1st; Tonanzy Mendoza, 4th; Jayden Kehler, 5th; **Economics:** Riley Johnson, 6th; **Health Care Administration:** Logan Chesnut, 10th; **Hospitality Management:** Dixi Esplin, Alicia Lily, Brianna Woodward, 1st; **Introduction to Business:** Emma Murphy, 8th; **Introduction to Business Communication:** Kara Ramage, 1st; Anna Deur, 5th; Mei Shiomi, 8th; **Introduction to Financial Math:** Kyla Clark, 2nd; **Job Interview:** Eve Turner, 3rd; **Journalism:** Rheanne Bryant, 5th; Alexis Marshall, 6th; Grace Farris, 7th; Seth Ziemecki, 9th; **Marketing:** Animesh Patel, Ethan Lee, Jacob Waldron, 1st; **Organizational Leadership:** Karrison Hadermann, 1st, Shayla Wacker, 7th; **Word Processing:** Eve Turner, 2nd; Kasey Purcell, 3rd.

### **Leo's Club Blood Drive**

**Leo's Club**, in conjunction with the American Red Cross, will be holding their second blood drive of the 2018-2019 school year on April 8<sup>th</sup> in The Galley. If interested in donating blood, contact Skyanna Goodland, [skyannag@nknsd.org](mailto:skyannag@nknsd.org) or Alice StClare, [alicej@nknsd.org](mailto:alicej@nknsd.org)

### **Athletics**

**Update from Corey Douma, AD:** Winter sports seasons are coming to a close with both the boys and girls basketball teams looking at league playoffs. Wrestling is preparing for the State Wrestling Championships at Memorial Coliseum February 22<sup>nd</sup> and 23<sup>rd</sup>, 2019.

Spring sports practices will slated to begin Monday, February 25<sup>th</sup>. If you son or daughter are planning on participating in one of the spring sports, please make sure you have completed all information on Family ID. If you have question, contact Margaret Whiting, Athletic Secretary, at 503-355-2272 or by email: [margaretw@nknsd.org](mailto:margaretw@nknsd.org)

Once finalized, spring sports schedules will be included with the newsletter mailed in March. If you would like a schedule before the next newsletter, copies will be available in the high school office and schedules are posted to the OSAA website.

### **AFTER SCHOOL TUTORING**

As you review your student's report card, if you believe they would benefit from some extra support with their classes, tutoring is offered after school every Tuesday. Hours are 3:45 p.m. to 6:00 p.m. Students staying for tutoring can ride the activity bus home. Students simply need to sign up in the office with Margaret. If you have any questions, please call the high school.

### **TILLAMOOK COUNTY MENTAL HEALTH CRISIS LINE**

Life can be stressful and overwhelming daily for adults and children/teens alike. Anxiety levels increase with the pressures of the Holiday Season. Tillamook County residents have access to a 24-hour crisis response mobile unit:

**Tillamook County Mental Health Crisis Line**

**503-842-8201**

## **FROM THE COUNSELOR**

**Start Thinking Now About Summer Activities!** It is not too early to start thinking about activities students can be involved in this summer. GEAR UP provides a list of opportunities to check out. Check out the multiple options for student enrichment. Who knows where it could lead! Go to:

<http://oregongoestocollege.org/blog/oregon-summer-programs-2019>

### **You're Invited!**

Senior Boards Presentations

Wednesday, March 6, 2019

7:00 p.m. in the lower gymnasium

### **ACT for all Juniors, Wednesday, February 20<sup>th</sup>**

Juniors should take some time to visit Kahn Academy or CIS Learning Express for practice tests and test taking strategies ahead of time. Remember that ACT scores can be used to meet benchmarks for graduation! The school district pays for this assessment which is one of the two tests that can be used for college admission as well.

**Welcome High School Counseling Intern, Jennifer Holm!** We are excited about the services we will be able to offer our students with the additional 200 hours Jennifer will be providing to our high school. As part of her intern program requirements she will be providing lessons and a small group focusing on stress/anxiety management. The small group will be starting February 15<sup>th</sup> and parents are encouraged to talk to their students about taking advantage of this opportunity. Students should contact Esther or Jennifer in the counseling office to sign up.

## **IMPORTANT DATES FOR SENIORS AND THEIR PARENTS**

Graduation, June 1<sup>st</sup>, 2019, at 11:00 a.m. in the lower gymnasium

Senior Scholarship & Awards Night, May 21<sup>st</sup>, 2019, at 7:00 p.m. in the lower gymnasium

Deadline for seniors to be passing all classes to meet graduation requirements, May 17<sup>th</sup>, 2019

## **IMPORTANT HEALTH ISSUES**

Parents are most likely aware of the measles outbreak effecting the Portland and Vancouver metropolitan areas as well as some other areas of Oregon. According to the Tillamook County Health Department, at this time, there are no cases of measles in Tillamook County. If you have any questions pertaining to the measles, please contact your medical provider or the health department.

Parents need to be aware of the new but scary spike in “vaping” or “Juuling” that is sweeping the nation. Included in this newsletter is a portion of an article taken from: <https://techcrunch.com/2018/12/22/juul-me-twice-shame-on-you/> For the complete article, please visit the website.

“How fast has Juul swept the nation? Nielsen says it controls 75 percent of the U.S. e-cigarette market, up from 27 percent in September last year. In the year since then, the CDC says the percentage of high school students who’ve used an e-cigarette in the last 30 days has grown 75 percent. That’s 3 million teens, or roughly 20 percent of all high school kids. CNBC reports that Juul’s 2018 revenue could be around \$1.5 billion.”

# What Should Parents Know

## What Are the Signs of Vaping?

Although sometimes more subtle, there are clues to look for to see if your child is vaping:

Equipment	You may find devices that look like flash drives, e-juice bottles, pods (that contain e-juice) or product packaging. Aside from leaf marijuana, gel jars that contain dabs, small tools to scoop dabs and cartridges that contain THC oil are signs of vaping marijuana.
Online purchases / packages in the mail / store purchases	Be on the lookout for purchases made online and charged to your credit card or unusual packages that arrive in the mail. Kids also buy them at big box stores, gas stations or from other friends.
Scent	While the smell from vaping is faint, you may catch a whiff of a flavoring where there appears to be no other source. For example, if you smell bubble gum or chocolate cake, take note.
Increased thirst / nose bleeds	Some of the chemicals used in e-juices have the effect of drying out the mouth and nasal passages. As a result, some kids drink more liquids or seem more prone to nose bleeds.
Decreased caffeine use	Some teens and young adults develop a sensitivity to caffeine. If your child drank caffeinated energy drinks and quits, it may be as a result of vaping.
Vaping lingo	You may see vape lingo in text messages such as “atty” for an atomizer, “VG” for vegetable glycerin found in e-juice or “sauce” referring to e-juice. Kids often brag about their vaping exploits on social media. Look for pictures on Instagram or YouTube or check their Twitter accounts.
Appearance and behavior changes	Just like smoking, vaping marijuana can result in bloodshot eyes, dry mouth and thirst, increased appetite and shifts in behavior and mood. Sometimes, there is a noticeable change in friends and a decrease in activities that were once enjoyed.

The above information is from Partnership for Drug-Free Kids. Parents are encouraged to visit: [www.drugfree.org](http://www.drugfree.org) and download the free guide on vaping. Please review the information and discuss the dangers of vaping or juuling with your son or daughter. Our new school drug and alcohol counselor, Denise Donohue, is available to answer questions by email at [denised@nknsd.org](mailto:denised@nknsd.org) and she is in our building on Fridays from 8:00 a.m. – 4:00 p.m.

Please be aware, the use of nicotine in any form, drugs and/or alcohol is banned on all Neah-Kah-Nie School District properties and at all school sponsored events.



Example of vaping/juuling equipment

**FROM NEAH-KAH-NIE SCHOOL DISTRICT #56**

January 23, 2019

**NEAH-KAH-NIE SCHOOL DISTRICT BOARD OF DIRECTORS ANNOUNCES BOARD VACANCY**

**Neah-Kah-Nie School District Board of Directors has just announced a vacancy in Zone 3 which shares a common boundary with Zone 4.**

This zone has a common boundary with zone 4 and includes the areas in the Wheeler, South Rockaway Beach and North Rockaway Beach Precincts and including that area of the Twin Rocks Precinct which is contiguous with the south boundary of the Wheeler Precinct and the north boundary of the North Rockaway Beach Precinct.

The board will exercise its normal process of posting the opening for 20 days, take applications, conduct interviews and appoint someone to that position. You may contact the Tillamook County Clerk's office at 503-842-3402 to verify that your address falls within the correct zone.

The requirements for serving on the school board are that you must be a registered voter, have lived within the district for one year, and be a resident in zone from which the vacancy has occurred. For an application please contact Kathie Sellars at 503-355-3506.