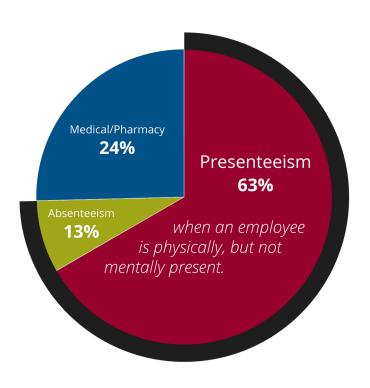


Employee & Family Resources (EFR) is a completely confidential, full-service EAP where the focus is on improving company productivity by having engaged, happy and healthy employees. Many of our over 800 client organizations, ranging from 10 to over 80,000 employees, have relied on us consistently for as many as 45+ years.

When you want your **business to be at its best**, you need your **employees to be at their best**.



**Presenteeism** and **Absenteeism** account for over **75%** of employer costs due to productivity loss.

**80%** productive. This phenomenon is costing employers **billions**.

#### The average ROI for employers is \$4+ for every \$1 invested in an EAP due to:

- + Reduced presenteeism
- + Reduced absenteeism
- + Improved morale
- + Enhanced employee retention
- + Fewer worksite accidents
- + Reduced grievances & litigation
- + Problem resolution
- + Improved motivation
- + Improved work performance
- + Employees feeling valued
- + Freed up HR/management time
- + Quick & professional response when a crisis occurs





### We meet you where you are.

Employees and their family members can expect timely face-to-face appointments.

Employers can expect **unlimited**, onsite crisis response.

We actively manage an extensive national network of over 7,000 masters-level clinicians who meet rigorous quality assurance criteria concerning education, clinical experience, professional reputation and responsiveness.

Appointments are typically offered within 3 - 5 days from an initial call, and immediate appointments are made in emergency situations.

### We are NOT your typical EAP.





# EAP PROGRAM COMPONENTS Benefit Meeting / Orientation (in-person, webinars, etc.)

Benefit Meeting / Orientation (in-person, webinars, etc.)	•	•	•
Dedicated Account Manager	•	•	•
Utilization Reports & Client Satisfaction Surveys	•	•	•
24 - Hour National Call Center Answered by Masters-Level Clinicians	•	•	•
In-Person Assessment by Licensed Counselors	•	•	•
Short Term Counseling and Referral Provided by Licensed Counselors	•	•	•
Unlimited Crisis Response Including On-Site Services	•	•	•
Life Coaching	•	•	•
Legal Consultation	•	•	•
Financial Consultation	•	•	•
Identity Theft Resolution Services	•	•	•
Elder Care Resources	•	•	•
Childcare Information / Referrals (where available)	•	•	•
EAP Promotion via Handouts, Posters, Flyers, Postcards, Magnets, etc.	•	•	•
Monthly EAP Newsletters and Webinars on a Variety of Topics	•	•	•
Monthly Wellness Motivator	•	•	•
Quarterly Wellness Campaigns	•	•	•
Annual Culture Audit	•	•	•
Resilience Scale Assessment*	•	•	•
Discover Your Purpose Assessment*	•	•	•
Well-Being Index Assessment*	•	•	•
Manager EAP Training	•	•	•
Management Consultation (performance management tool) and Referral Programs	•	•	•
Digital Health Coaching (interventions for stress, tobacco, depression)		•	•
Health Assessment		•	•
Culture Audit Including SWOT Analysis and Action Plan		•	•
Monthly Wellness Webinars		•	•
Four Sessions of Wellness Seminars		•	•
Organizational Wellness Consulting		•	•
Individual Nutrition Consulting		•	•
Retirement Readiness Consultation		•	•
Unlimited Inbound Telephonic Health Coaching			•
Client-Specific Health and Wellness Portal			•
EConnect ® Video and Web Chat Wellness Consultation			•
Custom Promotional Campaign			•
Team or Individual Competition Administration			•
Device Integration for Competitions			•
Web-Based Coaching Modules			•
Program Utilization Reporting			•
Integration with Other Health Management Components			•
Discounted Gym Memberships			•
Customized Total Rewards Plan			•

## **SINVESTMENT**

PLAN PROPOSAL FOR

NUMBER OF EMPLOYEES

CONTRACT DURATION

EFFECTIVE DATE

Core	6 Sessions	3 Sessions
Please check the box corresponding with the selected plan.		
Subtotal*		
Core +	+ \$2,500.00	
Core + Rewards available only to employers who select Core +		
Core + Rewards	+ \$1,500.00 (impl	lementation)
(Wellness Incentive Portal) \$2.75 PEPM		
Additional Services		
Total Annual Contract*		

\*Pricing is based on one annual payment for a 12 month contract. Pricing is subject to change if the effective date or the employee count changes.

Additional benefits are available at a fee for service. Let us know if you're interested in learning more about the options below!

- Seminars on Education, Training and/or Development
- Mediation Services
- Leadership Consultation
- Worksite Biometric Screenings Fingerstick (\$58 PEPY)
- Worksite Biometric Screenings Venipuncture (\$98 PEPY)
- Offsite Biometric Screening with PCP (\$18 PEPY)

SIGNATURE	DATE
SIGNATORE	DAIL

